



CJR
WHOLESALE GROCERS

INDEPENDENTLY OWNED
PROUDLY CANADIAN

SUPPORTING ONTARIO'S INDEPENDENT BUSINESSES FOR OVER 30 YEARS!

AD # 22

SALE DATES: OCTOBER 23RD - NOVEMBER 3RD, 2023

ORDER NOW
CJRWHOLESALE.COM




I CAN'T BELIEVE IT'S NOT BUTTER MARGARINE
24/454 g
\$2.69
60335
Case Price - **\$64.56**



PELMEN PEROGIES
12/500 g
\$3.39
64838 - Potato Cheddar Cheese
64839 - Potato and Fried Onion
64840 - Potato With Roasted Garlic And Herbs
64841 - Potato With Cheddar And Bacon
Case Price - **\$40.68**



CAVENDISH FARMS
12/1 kg
\$2.99
69002 - Classic Straight Cut Fries
69004 - Classic Crinkle Cut Fries
Case Price - **\$35.88**
24/600 g
\$2.49
69135 - Classic Onion Hash Brown Patties
69136 - Classic Org. Hash Brown Patties
Case Price - **\$59.76**



CAPRI CANOLA OIL
4/3 L
\$9.00
40107
Case Price - **\$36.00**



HELLMANN'S MAYONNAISE
10/890 ml
\$5.50
72184 - Olive Oil
72185 - Regular
72186 - Half Fat
Case Price - **\$55.00**
12/750 ml Squeeze
\$5.50
41378 - Olive Oil
41379 - Regular
41380 - Light
Case Price - **\$66.00**



OKF FARMERS ALOE VERA DRINK
12/1.5 L
\$2.33
22753 - Pineapple
Case Price - **\$27.99**
20/500 ml
\$1.15
22754 - Original
22755 - Mango
22756 - Pineapple
22757 - Watermelon
22758 - Pomegranate
22759 - Strawberry
Case Price - **\$22.99**



OLD DUTCH LAUNDRY DETERGENT
6/2 L
\$2.70
45532 - Summer Fresh
45533 - Morning Breeze
45534 - Hypoallergenic
Case Price - **\$16.20**



GENERAL MILLS CEREAL
12/300 g - 12/380 g
\$3.25
10226 - Lucky Charms
10290 - Cinnamon Toast Crunch Rolls
10229 - Reese Puffs
10228 - Golden Grahams
10286 - Cinnamon Toast Crunch Churros
10249 - CinnaGraham Toast Crunch
10216 - Nesquick
10227 - Cinnamon Toast Crunch
10223 - French Toast Crunch
Case Price - **\$38.99**



CLASSICO SAUCE
12/218 ml - 12/650 ml
\$3.50
Pesto
31436 - Basil
31442 - Sundried Tomato
Pasta
28680 - Rosee Di Lombardia
31437 - Di Roma Alfredo
31440 - Alfredo & Roasted Garlic
31462 - Spicy Tomato Parmesan
31423 - Di Napoli Tomato & Basil
31425 - Di Campania Sweet Basil Marinara
31429 - Di Parma Four Cheese
31431 - Spicy Red Pepper
31432 - Roasted Portobello Mushroom
31433 - Bolognese
31434 - Di Sorrento Roasted Garlic & Onion
31435 - Di Milanoodka
31445 - Fire Roasted Tomato Garlic
31448 - Di Firenze Florentine Spinach and Cheese
31449 - Di Liguria Tomato Alfredo
31457 - Italian Sausage Pepper Onion
31458 - Tuscan Style Olive Garlic
Case Price - **\$42.00**

Sale Prices in Effect | October 23rd - November 3rd, 2023



Some illustrations in this flyer are for design purposes only and may not represent items featured. Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors. Minimum shipment restrictions may apply.



BEVERAGE



KARMA WATER

12/532 ml
\$2.25

72149 - Mind Multi - Vitamin Orange - Mango
 72152 - Mind Multi - Vitamin Passionfruit Green Tea
 72232 - Probiotics Berry -Cherry
 72233 - Probiotics Blueberry -Lemonade
 72237 - Elderberry Starfruit
 Case Price - **\$26.99**



AC+ION ALKALINE WATER

12/1L
\$1.59

76297
 Case Price - **\$19.10**



V8 VEGETABLE JUICE

24/340 ml
\$1.04

24736 - Can
 Case Price - **\$24.99**

8/1.89 L
\$3.62

24748
 Case Price - **\$28.99**

8/6x156 ml
\$3.37

24750
 Case Price - **\$26.99**



VITO-COCO COCONUT WATER

12/500 ml
\$1.58

67026 - Pineapple
 67027 - Pure
 67035 - Pressed Coconut
 Case Price - **\$18.99**



JONES SODA

12/355 ml
\$1.12

23006 - Blue Bubblegum
 23004 - Cream Soda
 23008 - Green Apple
 23000 - Orange & Cream
 23019 - Sour Mango Melon Soda
 23002 - Root Beer
 23007 - Strawberry Lime
 23017 - Watermelon
 23011 - Berry Lemonade
 23010 - Pineapple Cream Soda
 Case Price - **\$13.49**



SPARKLING ICE

12/503 ml
\$1.08

74437 - Strawberry Kiwi
 74438 - Orange Mango
 74439 - Lemon Lime
 76221 - Peach Nectarine
 76220 - Cherry Limeade
 74440 - Black Raspberry
 88802 - Pink Grapefruit
 88803 - Coconut Pineapple
 Case Price - **\$12.99**



ALLENS JUICE

4/8x200 ml Tetra
\$2.75

22860 - Apple Juice
 22862 - Fruit Punch
 22864 - Strawberry Banana
 20001 - Grape Cocktail
 22865 - Peach
 20002 - Lemonade
 Case Price - **\$10.99**



ESKA WATER

12/500 ml
25¢

24415 - Natural Spring
 Case Price - **\$2.99**

12/1.5L
67¢

24417 - Natural Spring
 Case Price - **\$7.99**

4/4 L
\$1.50

24422 - Natural Spring
 24423 - Demineralized
 Case Price - **\$5.99**



FRUITE DRINKS

6/2 L
\$1.67

21970 - Peach
 21972 - Grape
 21974 - Orange
 21976 - Fruit Punch
 21978 - Lemonade
 21979 - Raspberry Lemonade
 21977 - Iced Tea
 21983 - Pina Colada
 Case Price - **\$9.99**

BEVERAGE



STARBUCKS FRAPPUCCINO

12/405 ml
\$2.46
 73467 - Caramel
 73470 - Mocha
 73471 - Vanilla
 75579 - Pumpkin Spice
 Case Price - **\$29.49**



GOSLING GINGER BEER

24/355 ml
83¢
 23095 - All Natural
 Case Price - **\$19.99**

FRONT SHOP CONFECTIONERY



MADE GOOD

6/100 g - 6/142 g
\$3.19
 10500 - Chocolate Banana minis
 10503 - Chocolate Chip Mini Pouch
 10504 - Strawberry Mini Pouch
 10502 - Chocolate Chip Organic Cookies Pouch
 10514 - Vanilla Organic Cookies Pouch
 10505 - Vanilla Organic Crispy Squares
 10506 - Chocolate Chip Organic Crispy Squares
 10501 - Chocolate Banana Organic Soft Baked Mini Cookies
 10509 - Cookies & Creme Organic Granola Bars
 10510 - Mixed Berry Organic Granola Bars
 10515 - Strawberry Organic Granola Bars
 10511 - Organic Drizzled Granola Bars Birthday Cake
 10513 - Organic Drizzled Granola Bars Cookie Crumble
 10512 - Organic Star Puffed Cracker Cheddar
 Case Price - **\$19.15**



MENTOS

20/37 g
69¢
 74932 - Rainbow Rolls
 75360 - Mint Roll
 75361 - Fruit Roll
 71081 - Grape Rolls
 Case Price - **\$13.70**



AIRHEADS SINGLES

36/15 g
17¢
 74905 - Watermelon
 74904 - Cherry
 74906 - White Mystery
 74907 - Blue Raspberry
 Case Price - **\$6.10**



PLANTERS PEANUTS

24/400 g
\$2.33
 40043 - In Shell Roasted No Salt
 Case Price - **\$55.99**
 12/200 g
\$1.92
 40039 - Cocktail Salted
 Case Price - **\$22.99**



GLEE XYLITOL SWEETENED GUM

12/16 pc.
\$1.09
 82100 - Peppermint
 82101 - Watermelon
 82102 - Bubblegum
 82103 - Spearmint
 Case Price - **\$13.05**



TOBLERONE

10/360 g
\$9.30
 73504 - Milk Chocolate
 Case Price - **\$92.99**
 20/360 g
\$9.30
 73505 - Chocolate Fruit & Nut
 Case Price - **\$185.99**



FISHERMANS FRIEND

16/22 ct.
\$1.69
 74827 - Orange Spice
 74870 - Honey Lemon
 74874 - Cherry
 74881 - Extra Strong
 Case Price - **\$26.99**
 24/22 pc.
\$1.69
 74873 - Mint
 74872 - Regular
 Case Price - **\$40.59**

FRONT SHOP CONFECTIONERY



NATURE VALLEY BARS

12/130 g - 12/230 g

\$279

Sweet & Salty

- 71048 - Almond
- 71047 - Peanut
- 71050 - Mixed Nuts
- 71001 - Dark Chocolate
- 71049 - Cashew
- 71005 - Salted Caramel Chocolate

Crunchy

- 71003 - Oats N Honey
- 71010 - Peanut Butter
- 71002 - Roasted Almond
- 71043 - Oats N Dark Chocolate

Lunch Box Peanut Free

- 71044 - Double Choco
- 71045 - Chocolate Chip

Trail Mix

- 71040 - Fruit and Nut

Case Price - **\$33.50**

6/175 g - 6/184 g

\$350

Wafer

- 71007 - Peanut Butter

Soft Baked Muffin

- 71008 - Apple Cinnamon
- 71009 - Blueberry

Case Price - **\$20.99**



CLIF BARS

12/68 g

\$142

- 73327 - Chocolate Almond Fudge
- 73354 - Crunchy Peanut Butter
- 73356 - White Chocolate Macadamia
- 73359 - Chocolate Chip
- 75789 - Peanut Butter Banana

Dark Chocolate
Case Price - **\$17.00**

12/68 g

\$169



- 74614 - Builders Chocolate Peanut Butter
- 74615 - Builders Chocolate
- 74616 - Builders Chocolate Mint

Case Price - **\$20.30**

12/50 g

\$169



- 74628 - Nut Butter Chocolate

Peanut Butter
Case Price - **\$20.30**



GENERAL MILLS TREAT BARS

12/120 g

\$275

- 10234 - Reese Puffs Peanut Butter and Cocoa

Case Price - **\$32.99**



BETTY CROCKER FRUIT GUSHERS

10/138 g

\$275

- 71119 - Variety Pack
- 07709 - Grape

Case Price - **\$27.49**



LARABAR

16/45 g - 16/48 g

\$119

- 74242 - Cashew
- 74241 - Coconut Cream
- 74244 - Peanut Butter Chocolate Chip
- 74243 - Chocolate Brownie

Case Price - **\$18.99**



QUAKER BARS

12/120 g

\$225

- 70907 - Chewy Chocolate Chip
- 70908 - Chewy S'mores

Case Price - **\$26.99**

12/150 g - 12/156 g

\$225



- 04860 - Dipps Peanut Butter Blast
- 70802 - Dipps Chocolate Chip
- 70803 - Dipps Caramel Nut

Case Price - **\$26.99**

GROCERY



LOACKER QUADRANTINI

6/250 g
\$4.25

70031 - Vanilla
70032 - Hazelnut
Case Price - **\$25.50**



TIM HORTONS HOT CHOCOLATE

12/500 g
\$4.19

74995
Case Price - **\$50.30**



LOACKER WAFERS

18/150 g - 18/175 g
\$2.50

70025 - Raspberry and Yogurt
70033 - Thins Dark Chocolate
70024 - Chocolate
70026 - Hazelnut
70027 - Vanilla
70030 - Classic Double Chocolate
Case Price - **\$44.99**



TIM HORTONS COFFEE

6/300 g Bag
\$8.50

74997 - Whole Bean
74998 - Decaf
74999 - Original
75000 - Dark Roast
Case Price - **\$51.00**



6/126 g
\$10.75

75008 - K Cups Original 12CT
75011 - K Cups Dark Roast 12CT
Case Price - **\$64.50**



CARR'S CRACKERS

12/125 g
\$2.79

04085 - Table Water Cracked Pepper
49128 - Bite Size
Case Price - **\$33.50**



RED ROSE TEA

12/36 ct.
\$2.83

15052
Case Price - **\$33.99**



PEPPERIDGE FARM GOLDFISH

24/200 g
\$2.58

72689 - Cheddar
Case Price - **\$61.99**

12/180 g - 12/200 g
\$2.59

04685 - Blasted Xtreme Cheddar
04693 - Cheddar Colours
72086 - Original
Case Price - **\$31.10**



COFFEEMATE

6/1.4 kg
\$10.17

72678 - Regular
Case Price - **\$60.99**

GROCERY



VINTA CRACKERS
12/225 g
\$2.75

04353 - Original
04354 - Rosemary Olive Oil
Case Price - **\$32.99**



BRETON CRACKERS
12/200 g
\$2.75

74717 - Multigrain
04355 - Original
04715 - Garden Vegetable
04356 - Reduced Salt & Fat
04359 - Cracked Pepper Olive Oil
Case Price - **\$32.99**



12/200 g
\$2.75
04357 - Bites Veggie
04358 - Bites Original
Case Price - **\$32.99**



HEINZ TARTAR SAUCE
8/354 ml
\$2.63

43438
Case Price - **\$21.00**



BRAVO PASTA SAUCE
12/680 ml
\$2.04

28128
Case Price - **\$24.50**



GRISSOL MELBA TOAST
12/200 g
\$2.75

04700 - Plain
04704 - Sesame
Case Price - **\$32.99**



GRISSOL CROUTONS
12/112 g - 12/135 g
\$1.92

Baguette Style
50067 - Roasted Garlic
50068 - Tuscan Tomato
Classic Style
50069 - Creamy Caesar
50070 - Garden Herb
Case Price - **\$22.99**



DARE CRISPS
12/100 g
\$2.95

04288 - Veggie Crisps Zesty Ranch
04289 - Veggie Crisps Sea Salt
Case Price - **\$35.40**



HEINZ BEANS/PASTA
24/398 ml
\$1.99

Beans
25718 - In Tomato Sauce
25720 - Maple Style
25728 - Deep Browned In tomato Sauce & Pork
25738 - Deep Browned In Tomato Sauce
25748 - Deep Browned Molasses & Pork
28104 - Tomato Sauce & Pork
28674 - British Style
Pasta
31177 - Alphagetti
31183 - Zoodles
Case Price - **\$47.80**



BULLS EYE BBQ SAUCE
10/425 ml
\$2.99

28524 - Chicken N Rib
28527 - Bold Orig
28530 - BBQ Hickory
Case Price - **\$29.90**

GROCERY



CREAM OF WHEAT

12/800 g

\$3²⁵

04891 - 3 Minutes

Case Price - **\$39.00**



BILLY BEE HONEY

12/500 g

\$7²⁵

37006 - Squeeze Beehive

Case Price - **\$87.00**



SUNMAID RAISINS

12/196 g

\$2⁵⁰

74076 - Mini Box 14 Pack

Case Price - **\$30.00**

12/6x30 g

\$2⁵⁰

18245 - California Raisins

Case Price - **\$30.00**



BETTY CROCKER HELPERS

12/170 g - 12/233 g

\$1⁷⁵

07720 - Tuna Creamy Noodles

72384 - Hamburger Beef Noodle

72385 - Hamburger Three Cheese Manicotti

72587 - Hamburger Lasagna

Case Price - **\$21.00**



VIGO PANKO BREAD CRUMBS

6/227 g

\$3⁵⁰

73598 - Plain

Case Price - **\$21.00**



TILDA BASMATI RICE

1/4.5 kg

\$15²⁵

11152 - Original



ITALPASTA EGG NOODLES

12/340 g

\$1⁶⁵

23147 - Medium

23148 - Broad

27276 - Extra Broad

Case Price - **\$19.75**



MINUTE RICE

12/350 g

\$2²⁵

11209 - Long Grain

Case Price - **\$27.00**

GROCERY



CLOVER LEAF WHOLE BABY CLAMS

12/142 g
\$2⁷⁵

29560
Case Price - **\$33.00**



FRENCH'S YELLOW MUSTARD

16/400 ml
\$1³⁰

43218
Case Price - **\$20.75**



YONCA SUNFLOWER OIL

6/1.5 L
\$4²⁵

86012
Case Price - **\$25.50**



FRENCH'S KETCHUP

12/1 L
\$3⁰⁰

43219 - Squeeze
Case Price - **\$36.00**



DUNYA HARVEST ORGANIC CHICK PEAS

12/398 ml
\$1⁵⁰

97502
Case Price - **\$18.00**



KNORR SOUP MIX

12/40 g - 12/83 g
\$1⁷⁵

32844 - Vegetable
32838 - Onion
32810 - Chicken Noodle
32816 - Cream Of Mushroom
32817 - Cream Of Vegetable
32820 - Cream Of Leek
32832 - Minestrone
Case Price - **\$20.95**



CHRISTIE OREO WHITE FUDGE COVERED

12/240 g
\$3⁷⁵

75305
Case Price - **\$44.99**



CHRISTIE RITZ FUDGE COVERED

12/212 g
\$3⁷⁵

75313
Case Price - **\$44.99**

GROCERY



REDPATH ICING SUGAR

10/1 kg
\$2.65

09220
 Case Price - **\$26.50**



CARNATION EVAPORATED MILK

48/354 ml
\$1.75

05004
 Case Price - **\$84.00**



REDPATH SUGAR

10/2 kg
\$3.20

09203
 Case Price - **\$32.00**



CARNATION THICK CREAM

48/170 ml
\$2.75

15523
 Case Price - **\$132.00**



ALL PURPOSE FLOUR

12/1 kg
\$2.25

09102 - Five Roses
 74291 - Robin Hood
 Case Price - **\$27.00**



CLUB HOUSE VANILLA

6/43 ml
\$1.25

58096 - Artificial
 Case Price - **\$7.50**

6/125 ml
\$1.25

58095 - Pure Extract
 Case Price - **\$75.00**

HEALTH & BEAUTY



Q-TIPS COTTON SWABS

12/400 pk.
\$4.25

47470
 Case Price - **\$51.00**



IVORY SOAP

24/3x90 g
\$2.25

47395 - Bar Soap
 Case Price - **\$54.00**



VASELINE PETROLEUM JELLY

12/215 g
\$3.50

47465
 Case Price - **\$42.00**



COLGATE TOTAL TOOTHPASTE

6/120 ml
\$3.00

94218 - Clean Mint
 94219 - Whitening
 Case Price - **\$18.00**

GENERAL MERCHANDISE



SPONGE TOWEL ULTRA PRO PAPER TOWELS

12/2 Rolls
\$2.50
 51837 - CAS 2 Roll
 Case Price - **\$30.00**



FEBREZE AIR FRESHENER

6/250 g
\$3.50
 46984 - Kitchen Odor Eliminator
 Case Price - **\$21.00**



SCOTTIES FACIAL TISSUE

24/1 Cube
\$1.99
 51459 - Canadian Cubes Assorted
 Case Price - **\$47.80**



DAWN ULTRA DISHWASHING LIQUID

8/443 ml
\$2.75
 46508 - EZ Squeeze - Original
 Case Price - **\$22.00**



OLD DUTCH LIQUID FABRIC SOFTENER

6/1.6 L
\$2.70
 45539 - Gentle Fresh
 Case Price - **\$16.20**



CASHMERE BATHROOM TISSUE

9/8=16 Rolls
\$5.69
 51053 - 242SH 8DR
 Case Price - **\$51.20**



BOUNCE FABRIC SOFTENER SHEETS

9/80 ct.
\$4.89
 46933 - Outdoor Fresh
 Case Price - **\$44.00**

PET FOOD



CAT CHOW DRY CAT FOOD

6/1.6 kg - 6/2 kg

\$8⁸³

35524 - With Real Chicken for All Cats
35526 - Indoor with Real Chicken
Case Price - **\$52.99**



FRISKIES WET CAT FOOD

24/156 g

\$1⁰⁹

35358 - Pate Salmon Dinner
35351 - Chunks Chicken Dinner In Gravy
35352 - Pate Chicken Dinner
72277 - Shredded Chicken In Gravy
35366 - Indoor Saucy Seafood Bake
35365 - Indoor Chkn&Trky Casserol in Gravy
35364 - Shredded Ocean White Fish & Tuna
35363 - Shredded Chicken & Salmon
35362 - Shredded Turkey & Cheese Dinner
35359 - Pate Seafood Supreme
35360 - Pate WhiteFish Tuna Dinner
Case Price - **\$26.10**



CAT CHOW DRY CAT FOOD

4/1.42 kg

\$8⁷⁵

35523 - Naturals Indoor Chicken & Turkey
Case Price - **\$34.99**



PURINA BEGGIN STRIPS

6/170 g

\$3⁵⁸

73545 - Bacon Flavour
73547 - Bacon & Beef Flavour
Case Price - **\$21.49**

SCHNEIDERS/MAPLE LEAF



MAPLE LEAF NATURAL COOKED MEAT

6/250 g

\$5⁵⁹

59762 - Shredded Chicken
59777 - Diced Ham
59779 - Sliced Chicken Breast
63534 - BBQ Shredded Chicken
Case Price - **\$33.52**



MAPLE LEAF TOP DOGS

12/375 g

\$3³⁹

59444 - Less Salt
63583 - Regular
59447 - Original BBQ Size
Case Price - **\$40.70**



SCHNEIDERS/MAPLE LEAF



MAIN STREET DELI

10/250 g
\$4.14

59530 - Smoked Chicken Breast
 59532 - Smoked Honey Ham
 59533 - Smoked Black Forest Ham
 Case Price - **\$41.41**

12/300 g
\$4.14

60813 - Sandwich Trio - Salami
 60814 - Pizza Trio Salami
 Case Price - **\$49.69**



SCHNEIDERS HOT RODS

10/160 g
\$4.34

59437 - Snack Packs
 Case Price - **\$43.38**



SCHNEIDERS LUNCHEAT

12/150 g
\$4.82

60891 - Dry Summer Sausage
 60893 - German Salami
 Case Price - **\$57.84**

8/150 g - 8/175 g
\$4.82

60892 - Smoked Black Forest Ham
 60894 - Herbed Turkey Breast
 60895 - Smoked Maple Ham
 Case Price - **\$38.57**



SCHNEIDERS PEPPERONI

12/250 g
\$4.86

59490 - Slimstik
 Case Price - **\$58.30**

8/250 g
\$4.86

59491 - Chub
 Case Price - **\$38.87**



GREENFIELD NATURAL BACON

12/375 g
\$6.39

63562
 Case Price - **\$76.64**



SCHNEIDERS ADULT SNACK KIT

12/75 g
\$2.77

59432 - Dry Salami
 59434 - Wine Salami
 63979 - Genoa Salami
 63980 - Turkey
 Case Price - **\$33.21**

12/75 g - 12/80 g
\$2.78

59728 - Hot Calabrese Salami
 59729 - Kolbassa
 Case Price - **\$33.32**



DELI MEAT

2/4.4 kg
 59468 - Big Stick! Large Wax Bologna
 Case Price - **\$10.17/kg**

4/2.4 kg
 59534 - Sch Smoked Turkey Breast Half Pc
 59663 - Sch Lfstyle FF Ckd Tky Br Hlf Pc
 Case Price - **\$19.73/kg**

2/3 kg
 59662 - Sch Oven Rstd Turkey Breast
 Case Price - **\$19.73/kg**

4/2.4 kg
 63978 - Schneiders Olde Fashioned Half Ham - Deli
 Case Price - **\$15.92/kg**



TENDERFLAKE LARD

36/454 g
\$3.91

59612
 Case Price - **\$140.66**

REFRIGERATED



SIMPLY JUICE OR DRINKS

6/2.63 L

\$6.69

22894 - OJ with Pulp
22897 - OJ Pulp Free
22898 - Lemonade
22899 - Raspberry Lemon
Case Price - **\$40.15**

6/1.54 L

\$3.50

22884 - OJ with Calcium
22907 - OJ with Pulp
76092 - Orange Juice 100% Pulp Free
76093 - Apple Juice Not From Concentrate
22900 - Lemonade
22901 - Lemonade with Raspberry
22912 - Fruit Punch
63244 - Peach
63245 - Limeade
Case Price - **\$20.99**



MINUTE MAID NO SUGAR ADDED DRINKS

6/1.54 L

\$3.50

22810 - Fruit Punch
22811 - Mango Passion
22812 - Lemonade
22813 - Pink Lemonade
Case Price - **\$20.99**



TONICA KOMBUCHA

6/355 ml Low Sugar Can

\$2.39

55065 - Berry Bounce
55066 - Grapefruit Fizz
55067 - Ginger Twist
Case Price - **\$14.35**

12/355 ml Glass Bottle

\$2.75

55053 - Luminous Peach
55054 - Golden Lime
55055 - Grapefruit Glow
55062 - Lemonade Twist
55064 - Pineapple Sparkle
55050 - Mango Shine
55051 - Crisp Ginger
55052 - Blueberry Spark
Case Price - **\$32.99**

6/1.1 L

\$6.00

55056 - Crisp Ginger
55057 - Blueberry Spark
55058 - Luminous Peach
55059 - Golden Lime
55060 - Grapefruit Glow
55061 - Lemonade Twist
Case Price - **\$35.99**



GOLD PEAK TEA

6/1.75 L

\$4.00

63232 - Lemon Iced
Case Price - **\$23.99**



OASIS NFC ORANGE JUICE

6/2.5 L

\$5.00

63205 - No Pulp
63206 - With Pulp
Case Price - **\$29.99**



OASIS

8/1.6 L

\$3.75

63218 - 100% Juice + Vitamin C
Orange Mango NSA
Health Break NSA
21241 - Orange Pineapple Passion
Fruit Coconut Omega 3
63217 - Berry & Pomegranate with
Antioxia
25091 - Immuniforce Orange
Carrot Mango
21260 - Grapefruit-Hibiscus Blackberry
Collagen
21259 - Strawberry Raspberry Calcium
22953 - Concord Grape Raspberry
Pomegranate Antioxia
NSA Smoothie
63220 - Lactose Free Strawberry Banana
63222 - Energy Vitamins Green Activ
63226 - Lactose Free Tropical Mango
Case Price - **\$29.99**



SUNNY DELIGHT

8/1.89 L

\$2.75

63334 - Smooth
63335 - Tangy
63336 - Orange Strawberry
Case Price - **\$21.99**

12/500 ml

\$1.00

63326 - Tangy Original
73039 - Smooth California
Case Price - **\$11.99**



ACTIVIA YOGURT

1/8x100 g

\$4.45

09181 - Strawberry Vanilla
09182 - Vanilla
09183 - Strawberry Raspberry
1/650 g

\$3.25

09176 - Vanilla
09177 - Prune
09178 - Strawberry
09179 - Raspberry
09180 - Fat Free Vanilla
09299 - Blueberry

REFRIGERATED



BLACK DIAMOND SHREDDED CHEESE
12/320 g
\$5.99

60962 - Mozzarella Regular
60963 - Mozzarella Cheddar
60971 - Cheddar Old
Case Price - **\$71.88**



BLACK DIAMOND CHEESE BAR
21/400 g
\$7.39

60513 - Cheddar Coloured Old
60965 - Mozzarella
60964 - Medium
60966 - Marble
Case Price - **\$155.19**



BLACK DIAMOND CHEESE STRINGS
16/168 g
\$4.50

60557 - Marble
60558 - Cheddar
60559 - Mozzarella
Case Price - **\$72.00**



ICM HALLOUMI CHEESE
12/250 g
\$4.69

28799
Case Price - **\$56.25**



PHILADELPHIA CREAM CHEESE
24/250 g
\$3.99

62208 - Original
Case Price - **\$95.76**
12/1/227 g
\$3.99



Whipped
28779 - Chive
Soft
62212 - Light
62214 - Plain
62217 - Herb/Garlic
62219 - Salmon
Case Price - **\$47.88**



PHILADELPHIA CHIP DIP
12/227 g
\$3.39

62502 - Onion
62506 - Herb & Spice
Case Price - **\$40.68**



NATUREGG
12/500 g
\$3.25

07038 - Simply Egg White
Case Price - **\$39.00**

12/1 Dozen
\$6.95

07018 - Large Brown Organic Egg
Case Price - **\$83.40**

FREEZER



JANES FULLY COOKED PUB STYLE CHICKEN
6/700 g
\$7.98

66575 - Nuggets
66576 - Breast Strips
66577 - Fries
66578 - Burger
Case Price - **\$47.90**



YUCATAN GUACAMOLE
6/227 g
\$2.99

97011 - Spicy
97017 - Authentic
97019 - Mild
Case Price - **\$17.94**



EGGO
12/280 g
\$3.39

64021 - Waffles Blueberry
64048 - Cinnamon Toast
64054 - Waffles Strawberry
64022 - Waffles Chocolate Chip
Case Price - **\$40.68**



16/280 g
\$3.39

64039 - Buttermilk Pancakes
Case Price - **\$54.24**



24/280 g
\$3.39

64020 - Waffles Regular
Case Price - **\$81.36**

FREEZER



CHEF BOMBAY

8/350 g

\$4²⁵

65838 - Butter Chicken
65841 - Chicken Tikka Masala with Basmati Rice

Case Price - **\$34.00**



ARARAT MEDJOO L DATES

32/400 g

\$4⁹⁹

17954 - Jumbo
Case Price - **\$159.68**

16/800 g

\$8⁹⁹

17953 - Natural
Case Price - **\$143.84**



NEMFOOD SPRING ROLLS

20/300 g

\$2⁹⁹

66065 - Vegetable
66066 - Chicken

Case Price - **\$59.80**



APNA TASTE SAMOSA

10/500 g

\$3⁴⁹

63995 - Potatoes & Peas 6 Large
Case Price - **\$34.90**

10/500 g

\$3⁶⁹

63996 - Potatoes & Peas 10 Medium
Case Price - **\$36.90**



BOREK

15/340 g

\$3²⁹

64243 - Twist Ricotta & Feta Cheese
Case Price - **\$49.35**

18/454 g

\$3²⁹

64244 - Bites Ricotta & Feta Cheese
Case Price - **\$59.30**

18/454 g

\$3⁷⁵

64245 - Bites Ground Beef & Spices

Case Price - **\$67.50**



STONEFIRE NAAN

14/200 g

\$1⁶⁹

98011 - Original Mini - 4 pack
Case Price - **\$23.66**

18/250 g

\$1⁶⁹

98000 - Authentic Flatbreads Original
98100 - Authentic Flatbreads Roasted Garlic
Case Price - **\$30.42**



ELITE SWEETS 6" CAKE

4/700 g

\$8⁹⁹

64101 - Decadent Chocolate
64102 - Vanilla Mascarpone
Case Price - **\$35.96**



DR. OETKER CHEESECAKE

6/550 g

\$5⁹⁹

66188 - Patisserie Strawberry
66189 - Salted Caramel
Case Price - **\$35.94**



DR. OETKER PIZZA Ristorante

7/320 g - 7/390 g

\$4⁹⁹

66105 - Pepperoni
66104 - Mozzarella
66118 - Speciale
66109 - 4 Cheese
66108 - Mushroom
66103 - Spinach
Case Price - **\$34.93**

Casa Di Mama
5/395 g - 5/410 g

\$4⁹⁹

66111 - 3 Meat
66114 - Ultimate Hawaiian
66129 - Ultimate Pepperoni
66110 - Deluxe
Case Price - **\$24.95**



ACE BAGUETTE BAGELS

10/300 g

\$2²⁹

04711 - White
04709 - Sesame
Case Price - **\$22.90**

10/360 g

\$2⁴⁹

10404 - Everything
Case Price - **\$24.90**

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