



CJR
WHOLESALE GROCERS

Supporting Ontario's Independent
Businesses For Over 30 Years!

NEW DEALS!

JUNE 16- JUNE 27, 2025

Independently Owned Proudly Canadian! 🍁

AD #13



ORDER NOW!



Minute Maid Frozen Beverage

12/295 ml

\$1.29

67660 - Mango Punch
67662 - Fruit Punch
67663 - Peach Punch
67664 - Grape Punch
67665 - Berry Punch
67668 - Lemonade White

Case Price - \$15.48



Cavendish Farms Fries

12/800g

\$2.50

69025 - Shoestring
69026 - Crinkle Cut
69027 - Straight Cut

Case Price - \$30.01



Philadelphia Cream Cheese Soft

12/227g

\$3.99

28716 - Low Fat
28719 - Strawberry
62212 - Light
62214 - Original
62217 - Herb/Garlic
62219 - Salmon



Whipped

62301 - Original
28779 - Chive

Case Price - \$47.88



24/250g

\$3.99

62208 - Original
Case Price - \$95.76



Allen's Juice / Cocktails

12/1L

\$1.50

22800 - Apple Juice from Concentrate+Vitamin C Added NSA
75858 - Tetra Cranberry Cocktail
20007 - Limonade
72226 - Tetra Fruit Juice
72228 - Tetra Peach Cocktail

Case Price - \$17.99



Terra Delyssa Olive Oil

6/750ml

\$8.75

40078 - Extra Virgin

Case Price - \$52.50

6/500ml

\$6.50

40083 - Organic Extra Virgin

Case Price - \$39.00



Cwench Sports Hydration Drink

12/500ml

\$2.00

13722 - Berry Crush
13723 - Blue Raspberry
13724 - Cherry Lime
13725 - Tropical Flow
13726 - Rainbow Swirl

Case Price - \$23.99



Sponge Towel Ultra Pro

12/2roll

\$2.75

51837 - Paper Towel CAS 2 Roll

Case Price - \$33.00



Schneiders Naturally Hardwood Smoked Sausages

12/375g

\$3.95

30038 - Bacon Cheddar

59455 - Oktoberfest

59459 - Savoury Garlic & Honey

63517 - Spicy 3 Cheese Jalapeno

63587 - Classic Recipe

72432 - Classic Cheddar

Case Price - \$47.36

SALE PRICES IN EFFECT JUNE 16 - 27, 2025

Some illustrations in this flyer are for design purposes only and may not represent items featured. Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors. Minimum shipment restrictions may apply.






Chef Boyardee
24/418g - 24/425g

\$2.25

31105 - Spaghetti & Meatballs
31008 - Beefaroni
31018 - Beef Ravioli
31022 - Mini Ravioli

Case Price - \$54.00



VH Sparerib Sauce
12/341ml

\$3.25

43615 - Medium
43630 - Sweet & Sour
43645 - Teriyaki

Case Price - \$39.00



Snack Pack Pudding
12/4x99g

\$1.90

36521 - Butterscotch
36522 - Chocolate
36534 - Vanilla
36536 - Tapioca
36551 - Vanilla NSA
36552 - Chocolate NSA

Case Price - \$22.75

8/6pk

\$3.00

36523 - Cinnabon

Case Price - \$24.00



Pam Cooking Spray
12/141g - 12/170g

\$5.00

40219 - Air Fryer
40221 - Olive Oil
40220 - Original

Case Price - \$60.00



PF Chang's Cooking Sauce
6/350ml

\$3.75

41396 - Sesame
41397 - Kung Pao
41398 - Sweet Chilli
41399 - Teriyaki

Case Price - \$22.50

BEVERAGE



Cortas Water

24/300ml

\$2.40

25153 - Rose

Case Price - \$57.50



Sparkling Ice Starburst Water (Zero Sugar)

12/503ml

\$1.08

88805 - Cherry
88806 - Lemon
88807 - Orange
88808 - Strawberry

Case Price - \$12.99



Sleeman Zero Non Alcohol Beer

4/6x355ml

\$8.50

24070 - Electrolytes & Coconut Water

Case Price - \$33.99



Natura Beverage

12/946ml

\$2.25

Barista Almond

22281 - Original
22282 - Vanilla
22284 - Coconut Unsweetened
22283 - Chocolate

Organic Soy

22288 - Unsweetened

Organic Oat

22285 - GF Unsweetened Original

Organic Rice

74601 - Original

Case Price - \$26.99



FRONT SHOP CONFECTIONERY



Lenny & Larry's The Complete Cookie

12/113g

\$2.25

10525 - White Chocolate Macadamia
10526 - Double Chocolate
10527 - Chocolate Chip
10528 - Peanut Butter Chocolate Chip

Case Price - \$26.99



Larabar

16/45g - 16/48g

\$1.31

74244 - Peanut Butter Chocolate Chip
74242 - Cashew
74243 - Chocolate Brownie

Case Price - \$20.99





Made Good Snacks

6/100g - 6/132g

\$3.00

Granola Minis

- 10500 - Chocolate Banana
- 10503 - Chocolate Chip
- 10504 - Strawberry

Soft Baked Organic Mini Cookies

- 10501 - Chocolate Banana

Organic Crispy Squares

- 10505 - Vanilla

Crunchy Oat Bites

- 10519 - Vanilla Drizzled
- 10584 - Cranberry Maple

Granola Bars

- 10509 - Cookies & Creme
- 10583 - Chocolate Chip

Organic Granola Bars

- 10510 - Mixed Berry
- 10511 - Drizzled Birthday Cake
- 10513 - Drizzled Cookie Crumble
- 10515 - Strawberry

Crackers

- 10512 - Organic Star Puffed Cheddar

Case Price - \$17.99

Mornings Soft Baked Oat Bars

6/5x30g

\$3.17

- 10517 - Blueberry
- 10518 - Chocolate Chip

Case Price - \$18.99

Made Good Crunchy Cookies

6/200g

\$4.00

- 10581 - Vanilla
- 10582 - Chocolate Chip

Case Price - \$23.99



Kind Healthy Grains Granola Bars

8/175g

\$3.37

- 74755 - Oats & Honey with Toasted Coconut

- 75558 - Dark Chocolate Chunk

- 75559 - Dark Chocolate Peanut Butter

Case Price - \$26.99

12/40g

\$1.25

- 72510 - Almond Mint Dark Chocolate

- 72526 - Dark Chocolate Cherry Cashew

- 72528 - Almond Peanut Butter & Dark Chocolate

- 74274 - Dark Chocolate Nuts & Sea Salt

- 74275 - Caramel Almond & Sea Salt

- 72533 - Almond Cranberry

Case Price - \$14.99

12/50g

\$1.67

- 76098 - Crunchy Peanut Butter

- 76099 - Dark Chocolate Nut

Case Price - \$19.99

Healthy Grains Clusters

6/312g

\$4.50

- 74277 - Peanut Butter

- 74279 - Oats & Honey

- 75561 - Cinnamon Oat With Flax Seeds

Case Price - \$26.99

Breakfast Bars

5/200g

\$3.80

- 75553 - Peanut Butter

- 75554 - Almond Butter

- 75555 - Dark Chocolate Cocoa

Case Price - \$18.99



Sun-Rype Good Bites Snacks

8/150g

\$3.00

05925 - Chocolate Chip
05926 - Coconut Lemon
05927 - Coconut Classic
05928 - Chocolate Macaroon

Case Price - \$23.99



Minis

10/27g

\$2.80

05911 - Chocolate Orange
05912 - Chocolate Brownie

Case Price - \$27.99



Good To Go Bars

6/40g

\$0.50

88011 - Blondies Chocolate Chip
88012 - Brownies Double Chocolate Chip

Case Price - \$2.99



Betty Crocker DunkAroos Vanilla Cookies

6/168g

\$3.50

07724 - Rainbow Frosting
07725 - Chocolate Frosting

Case Price - \$20.99



Nature Valley Granola Bars Sweet & Salty

12/192g - 12/210g

\$3.25

71049 - Cashew
71047 - Peanut
71048 - Almond
71001 - Dark Chocolate
71005 - Salted Caramel Chocolate

Case Price - \$38.99

Crunchy

12/210g

\$3.00

71043 - Oats N Dark Chocolate

12/230g

71002 - Roasted Almond

71003 - Oats N Honey

Lunch Box (Peanut Free)

12/130g

71044 - Double Chocolate

71045 - Chocolate Chip Peanut

Trail Mix

12/175g

71040 - Fruit and Nut

Case Price - \$35.99

Soft Baked Muffin Bars

6/175g

\$3.50

71008 - Apple Cinnamon

71009 - Blueberry

Case Price - \$20.99



Betty Crocker Fruit Snacks Fruit By The Foot

12/128g

\$3.00

71117 - Berry
71118 - Variety Pack
71123 - Starburst

Case Price - \$35.99

Fruit Roll Ups

10/141g

\$3.00

71120 - Tropical Tie Dye

71121 - Blastin Berry

07701 - Jolly Rancher

Case Price - \$29.99

Gushers

10/138g

\$3.00

07709 - Grape

71119 - Strawberry Splash

Case Price - \$29.99



Planters Peanuts

24/400g

\$1.50

40044 - In shell Roasted No Salt

Case Price - \$35.99

Cocktail

12/200g

\$2.00

40039 - Salted

Case Price - \$23.99

12/600g

\$5.50

40045 - Dry Roasted

Case Price - \$65.99



Pringles Mingles Puffed Snacks

6/155g

\$4.00

76611 - Dill Pickle & Ranch

76612 - Sharp White Cheddar & Ranch

76613 - Cheddar & Sour Cream

Case Price - \$23.99



Snyder's of Hanover Pretzel Pieces

12/240g

\$2.67

89181 - Cheddar Cheese

89183 - Hot Buffalo Wing

89184 - Honey Mustard & Onion

Pretzels

89182 - Mini

Case Price - \$31.99



Mr John's Plantain Chips

25/135g

\$2.24

76242 - Green

76243 - Ripe Spicy

Case Price - \$55.99

15/200g

\$3.40

76289 - Caribbean Style Spicy

76290 - Caribbean Style

Case Price - \$50.99



Kettle Potato Chips

12/198g

\$3.25

71305 - Backyard BBQ

71306 - Parmesan Garlic

71310 - Sea Salt

71311 - New York Cheddar

71312 - Sea Salt & Vinegar

71313 - Honey Dijon

71325 - Jalapeno

71326 - Yogurt & Green Onion

Case Price - \$38.99



Lucky Elephant

24/135g

\$2.67

24791 - Butter Caramel Popcorn

Case Price - \$63.99

24/60g

\$1.96

24792 - Cotton Candy

Case Price - \$46.99



Kinder Bueno Bar

20/39g - 20/43g

\$1.35

71414 - Bueno Bar T20

71457 - Bueno Bar T2 White

Case Price - \$26.99

Surprise Egg

24/20g

\$1.29

71404 - Original

71409 - Pink

Case Price - \$30.99





Poppa Corn

35/100g

\$1.80

05123 - Movie Style Popcorn

Case Price - \$62.99



Gummy Rush (Peg Bags)

12/90g

\$0.96

25096 - Atomic Peaches

25097 - Gummy Bears

25098 - Cola Bottles

25099 - Sour Party Mix

Case Price - \$11.49



Hershey's Chocolate (Peg Bags)

12/104g

\$2.58

75400 - Cookies N Creme Fudge Brownie

Case Price - \$30.99

10/104g

91151 - Skor Crunchy Butter Toffee - Minis

Case Price - \$25.79

6/104g

91152 - Reese's Milk Chocolate & Peanut Butter Cups - Minis

Case Price - \$15.49

8/104g

91154 - OH Henry Crunchy Peanuts & Chewy Fudge

Case Price - \$20.65

DISPLAYERS



Reese's Peanut Butter Cups Displayer

108/119g

\$2.38

28899 - Super King Size 108ct

Case Price - \$256.99



GROCERY



Quaker Life Whole Grain Cereal

12/450g

\$3.50

72258 - Original
Case Price - \$41.99



Cap'n Crunch Cereal

12/350g

\$3.50

74331 - Original
Case Price - \$41.99



Quaker Crispy Minis Gluten Free

12/100g

\$2.58

04853 - Butter Popcorn
04862 - BBQ
04864 - Ketchup
04866 - Sweet Chili
04868 - Cheddar Cheese
04870 - Sour Cream & Onion
04873 - Dill Crunchy
04876 - All Dressed

12/185g

04883 - Apple Cinnamon
Case Price - \$30.99



Harvest Crunch Granola Cereal

16/400g - 16/510g

\$3.75

10701 - Light & Crisp Honey Nut
10702 - Raisin and Almond
10703 - Original

Case Price - \$59.99



Kellogg's

14/400g

\$4.36

10078 - Vector Cereal
Case Price - \$60.99



Cream of Wheat 3 Minutes

12/800g

\$3.25

04891 - Original
Case Price - \$39.00



Want Want Hot Kid Rice Crisps Crackers

20/100g

\$2.00

92225 - BBQ
Case Price - \$39.99



Cheez It Snapd Crackers

6/213g

\$3.67

28584 - Parmesan Ranch Flavour
28585 - Double Cheese Flavour
Case Price - \$21.99



Want Want Super Slim Rice Crisps Crackers

12/100g

\$2.50

92227 - Sea Salt
92228 - Multigrain
92229 - Black Sesame
Case Price - \$29.99



Keebler Townhouse Crackers

12/260g - 12/391g

\$3.00

10028 - Original
10030 - Flip Sides
Case Price - \$35.99



Pearl Mill Syrup

12/710ml

\$3.90

40165 - Lite
40166 - Butter Flavour
40167 - Original

Case Price - \$46.80



Pearl Mill Pancake Mix

12/905g

\$3.00

40161 - Buttermilk
40163 - Original

Case Price - \$36.00



Pearl Mill Complete Pancake Mix

12/905g

\$3.50

40162 - Original
40168 - Buttermilk

Case Price - \$42.00



Mott's Clamato Rimmer

12/200g

\$2.67

24793 - The Original

Case Price - \$31.99



Lea & Perrins Condiments

12/142ml

\$2.25

43428 - Worcestershire Sauce

Case Price - \$27.00

12/284ml

\$4.00

28338 - Worcestershire Sauce

Case Price - \$48.00



Bertolli Olive Oil

12/1L

\$16.25

40327 - Rich Extra Virgin

Case Price - \$195.00



General Mills Cereal

14/350g

\$3.40

10230 - Cheerios

Case Price - \$47.59

12/317g

10248 - Strawberry Banana
Cheerios

Case Price - \$40.79

10/342g - 10/430g

10224 - Multi Grain Cheerios

10225 - Honey Nut Cheerios

Case Price - \$33.99



Presweet Cereal

12/300g - 12/380g

\$3.40

10216 - Nesquik

10223 - French Toast Crunch

10226 - Lucky Charms

10227 - Cinnamon Toast Crunch

10228 - Golden Grahams

10229 - Reese Puffs

10249 - CinnaGraham Toast
Crunch

10290 - Cinnamon Toast Crunch
Rolls

Case Price - \$40.79



General Mills Oatmeal Crisp Cereal

10/399g - 10/437g

\$3.90

10245 - Triple Berry

10244 - Maple Nut

10246 - Almond

Rice Chex GF

10/340g

10255 - Rice Chex Gluten Free

Case Price - \$38.99



Bragg's Vinegar

12/473ml

\$3.75

42122 - Apple Cider

Case Price - \$45.00



Minute Rice

12/350g

\$2.25

11209 - Long Grain

Case Price - \$27.00



Carnation Instant Milk Powder

10/500g

\$6.95

05008 - Skim

Case Price - \$69.50



Italpasta

12/900g

\$1.83

12158 - Spaghetti

12159 - Linguine

12160 - Elbow

12161 - Rotini

12162 - Penne Rigate

12163 - Rigatoni

12168 - Spaghettini

12169 - Fusilli

12170 - Fettuccine

12171 - Traditional Orzo

12172 - Vermicelli

12180 - Scoobie Doo

23157 - Small Shells

23158 - Large Shells

23177 - Penne Lisce

27233 - Bucatini

27272 - Acini Di Pepe

27274 - Pennine Rigate

27275 - Bocconcini

27279 - Capellini

72777 - Baby Shells

Case Price - \$21.95



Italpasta Egg Noodles

12/340g

\$1.65

23147 - Medium

23148 - Broad

27276 - Extra Broad

Case Price - \$19.85

GENERAL MERCHANDISE



Table Accents Party Cups

36/12ct

\$1.10

51716 - Easy Grip - Red

Case Price - \$39.50



Windex Glass Cleaner

12/765ml

\$5.25

49000 - Original Trigger

Case Price - \$63.00



Bonterra Bathroom Tissue

5/9ct

\$5.75

51069 - Bathroom Tissue 9=27

Case Price - \$28.75



Tide Liquid Laundry Detergent

6/1.24L

\$9.00

96180 - Original (32 Loads)

96181 - HE Original (32 Loads)

Case Price - \$54.00



Lysol Disinfectant Spray

12/350g

\$4.90

50146 - Crisp Linen

50138 - Mango & Hibiscus

Case Price - \$58.80



Bounce Fabric Softener Sheets

9/80ct

\$4.50

46933 - Outdoor Fresh

Case Price - \$40.50



Clorox Bleach

6/1.27L

\$2.75

49448 - Original

Case Price - \$16.50



Clean Up

12/946ml

\$3.25

72478 - All Purpose Cleaner & Bleach

Case Price - \$39.00

HEALTH & BEAUTY



Coppertone Sunscreen

6/177ml

\$13.00

75628 - Kids Spray SPF50

Case Price - \$78.00

3/222ml

75693 - Sport Spray SPF50

Case Price - \$39.00



Pantene Shampoo

4/355ml

\$4.50

96201 - Daily Moisture Renewal

96202 - Volume & Body

Case Price - \$18.00



Vaseline Petroleum Jelly

6/375g

\$4.50

47464 - Regular

Case Price - \$27.00



Dove IS

6/74g

\$5.75

72439 - Original Antiperspirant

72440 - Cool Essentials

Case Price - \$34.50

PET FOOD



Purina One Cat Food

4/1.45kg

\$11.25

35561 - True Instinct Cat Grain Free Chicken

Case Price - \$44.99

6/1.8kg

35974 - Indoor Dry Cat

Case Price - \$67.49



Purina One Dog Food

6/1.81kg

\$9.50

75568 - Lamb & Rice

35563 - One Smartblend Small Dog

Case Price - \$56.99



Beneful Prepared Meals Wet Dog Food

8/283g

\$2.69

35979 - Simmered Chicken Medley

72953 - Rice & Lamb Stew

35978 - Beef Stew

Case Price - \$21.49



Purina Beggin' Dog Snack

6/170g

\$3.17

73547 - Bacon & Beef Flavour

73545 - Bacon Flavour

Case Price - \$18.99

MAPLE LEAF



RAISED WITHOUT antibiotics

It's *PRIME* time to be Canadian.



AIR FRYER IN THE SUMMER MEANS NO HEAT IN THE KITCHEN



Maple Leaf Prime RWA Chicken

6/700g

\$8.17

30055 - Nuggets

30059 - Popcorn Chicken

30060 - Strips

30061 - Dino Nuggets

30062 - Burgers

Case Price - \$49.02

Chicken Wings

8/695g

\$8.20

77831 - Wings Fz

77832 - BBQ Wings Fz

77833 - Buffalo Wings Fz

Case Price - \$65.60



Maple Leaf Prime RWA Stuffed Chicken

6/568g

\$8.17

30056 - Broccoli & Cheddar

30057 - Butter & Chive

30058 - Ham & Mozzarella

Case Price - \$49.02



Maple Leaf Bacon Natural

32/375g

\$5.47

59428 - Original
59429 - Lazy Maple
59430 - Salt Reduced

Case Price - \$175.15



12/375g

\$5.71

73634 - Original
73635 - Less Salt

Case Price - \$68.57

Ready Crisp

12/85g

\$3.99

59587 - Bacon Pieces

Case Price - \$47.88



16/65g

63570 - Bacon Slices

59439 - Bacon Slices LS

Case Price - \$63.84



Maple Leaf Meals

6/400g - 6/600g

\$8.85

60845 - Pulled Pork Classic BBQ Sauce

63530 - Apple Maple Pork Tenderloin

63529 - Rotisserie Chicken Legs

Case Price - \$53.07



Schneiders Pepperettes

20/60g

\$1.78

30039 - Limited Edition Canadian Maple

30040 - Limited Edition Smoky BBQ

59502 - Orig Dry Sausage

60816 - Pepperoni

60817 - Hot Pepperoni

Case Price - \$35.67



Maple Leaf Natural Selection

6/250g

\$4.94

63535 - Pepperoni

Case Price - \$29.64

8/175g

63564 - Hickory Smoked Turkey

63565 - Shaved Italian Style Ham

Case Price - \$39.52

12/150g - 12/175g

63536 - Dry Cure Genoa Salami

63537 - Dry Cure Hot Genoa Salmi

59495 - Baked Ham

59496 - Honey Ham

63580 - Black Forest Ham

63581 - Oven Roasted Turkey Breast

63582 - Oven Roasted Chicken Breast

Case Price - \$59.29



Deli Meat

4/1.75kg

\$20.04/kg

59520 - Sch Jumbo Summer

2/3.75kg

\$11.80/kg

59542 - Sch Blue Ribbon Bologna

2/2.3kg

\$16.81/kg

59553 - Sch Baked Ham & Bacon Loaf



2/4kg

\$15.36/kg

59505 - Sch Coated Mock Chicken Loaf

2/3.95kg

\$14.19/kg

59506 - Sch Macaroni & Cheese Loaf

4/2.4kg

\$14.08/kg

59641 - Mere Michel Deli Ham Half Pc



Lunchmate Kit

12/90g - 12/120g

\$2.36

59476 - Hot Dogs

59477 - Mini Burger

59479 - Nacho Cheese

59683 - Pizza Pepperoni

59684 - 2 Cheese Pizza

59739 - Stacker Ham

59740 - Stacker Summer Sausage

59741 - Stacker Turkey

59742 - Stacker Kielbassa

59743 - Stacker Bologna

Case Price - \$28.29



REFRIGERATION



Parag All Natural Yogurt

6/650g

\$1.88

19103 - 3%

19104 - 2%

Case Price - \$11.29



Natrel Fine Milk

1/1L

\$2.49

02028 - 2%

02030 - 1%

Unit Price - \$2.49



Astro Balkan Plain Yogurt

6/750g

\$3.33

09039 - 3.2%

09040 - 2%

09042 - 0%

Case Price - \$19.99



Natrel Lactose Free Milk

1/1L

\$2.99

02024 - Skim

02063 - 1%

02068 - 2%

Unit Price - \$2.99



Black Diamond Cheese Strings

16/168g

\$3.79

60558 - Cheddar

60559 - Mozzarella

60557 - Ficello - Marble

Case Price - \$60.64



Jello Refrigerated Ready To Eat Jogs

6/356g - 6/452g

\$3.05

28809 - NSA Strawberry

28812 - NSA Lemon Lime

28815 - Orange SB

28818 - Blueberry SB

28821 - NSA Chocolate

28180 - Oreo SB

Unit Price - \$18.30





Arizona Iced Tea

8/1.54L

\$3.62

20042 - Lemonade Half Half
20043 - Ginseng & Honey Green Tea

Case Price - \$28.99



Cloverleaf Delectables

12/227g

\$2.99

63062 - Crab Flakes Style
63065 - Lobster Flake Style
63060 - Crab Legs Style
Case Price - \$35.88



Sundia True Fruit

12/217ml

\$1.60

16600 - Cherry Medley
16601 - Peach
16602 - Grapefruit
16603 - Mandarin Orange
Case Price - \$19.20



Vitale Meat

8/100g

\$4.39

22689 - Hot Spianata Salami
76069 - Spianata Romana
76070 - Salame Milano
77802 - Calabrese Salami
77811 - Salami Trio

Case Price - \$35.12



8/100g

\$4.59

76071 - Antipasto Italiano
76072 - Prosciutto Crudo
77801 - Coppa Stagionata

Case Price - \$36.72



8/200g

\$7.39

77800 - Antipasto Italiano Club Pack
77810 - Prosciutto Crudo Family Pack

Case Price - \$59.12



8/70g

\$2.99

77805 - Salame Milano
Case Price - \$23.92

8/70g

\$3.29

77804 - Prosciutto Crudo
Case Price - \$26.32

8/80g

\$5.39

77812 - Bresaola (Beef)
Case Price - \$43.12



FREEZER



Kellogg's Eggo Thick & Fluffy Waffles

8/330g

\$3.49

64050 - Original

64055 - Cinnamon Brown Sugar

64056 - Blueberry

Case Price - \$27.92



Elite Cake

12/85g

\$1.10

64145 - Cherry Cheesecake Cup

64148 - Black Forest Cup

64149 - Chocolate Caramel Mousse Cup

64177 - Tiramisu Single Serve Cup

Case Price - \$13.20



ACE Bakery

20/350g

\$1.99

04731 - White Baguette Eng (Parbaked)

Case Price - \$39.80



20/390g

\$1.59

04734 - Ciabatta Lunga (Parbaked)

Case Price - \$31.80



18/400g

\$1.69

04755 - Ciabatta Lunga Cluster

Case Price - \$30.43



30/275g

\$1.29

04739 - Multigrain Ciabatta Demi (Parbaked)

Case Price - \$38.70



30/225g

\$1.59

04738 - Olive Ciabatta 12in (Parbaked)

04756 - Ciabatta Red Pepper & Sundried Tomato

Case Price - \$47.70



25/200g

\$1.69

04708 - Cheddar Onion Demi Baguette (Parbaked)

Case Price - \$42.25



Promise Gluten Free

12/168g

\$4.99

82412 - Original Tortillas 4 Pack

Case Price - \$59.88



6/260g

\$4.99

82420 - Soft White Rolls 4 Pack

Case Price - \$29.94



Stonefire Flatbreads

12/200g

\$2.59

98012 - Naan Dippers Original

Case Price - \$31.08



12/360g

\$2.09

98106 - Naan Rounds Original 12Pk

Case Price - \$25.06

10/400g

98103 - Plain Artisan 2Pk

Case Price - \$20.90



Heinz Bagel Bites Pizza Snacks

8/198g

\$2.59

66169 - Three Cheese

66170 - Cheese & Pepperoni

Case Price - \$20.72



Borek Frozen Meals BITES

18/454g

\$3.59

64244 - Ricotta & Feta Cheese

42006 - Spinach & Cheese

Case Price - \$64.62



\$4.49

64245 - Ground Beef & Spices

Case Price - \$80.82



Cavendish Farms Hash Brown Patties

24/600g

\$2.29

69135 - Onion Flavour

69136 - Classic

Case Price - \$54.96



McCain Bistro

8/900g

\$4.49

64065 - Extra Crispy Onion Rings

Case Price - \$35.92



Superfries

12/454g - 12/650g

\$3.39

69176 - Sweet Potato Plank Cut

69193 - 5 Minute Shoestring With

Sea Salt

69191 - Extra Crispy Spicy

69192 - Straight Cut With Sea Salt

Case Price - \$40.68



Breakfast

12/600g

\$3.49

64069 - 9 Minute Potato Patties

Case Price - \$41.91

12/800g

\$2.29

69189 - Hashbrowns

Case Price - \$27.48



Tastiez Meal

8/400g

\$2.79

69200 - Creamy Sweet Corn Bites

Case Price - \$22.28



Crave Frozen Meals

12/200g - 12/312g

\$4.29



96861 - Bacon Egg Scramble with Cheddar Cheese

96863 - Cheesy Loaded Potatoes

96834 - White Cheddar Mac & Cheese with Bacon

96862 - Buffalo Chicken Macaroni & Cheese

96865 - Spicy Korean Style Pork - Mac & Cheese

96866 - Sweet & Savoury Teriyaki Beef - Steak on Rice

96864 - Korean BBQ Inspired - Beef Bolognese

Case Price - \$51.48



Healthy Choice Simply

8/259g - 8/283g

\$3.99

65111 - Chicken Broccoli Alfredo

65113 - Chicken Veg Stir Fry

65112 - Meatball Mannara



Gourmet Steamers

8/269g - 8/292g

65951 - Red Pepper Chicken Alfredo

65957 - Beef Merlot

65950 - Grilled Chicken Marinara

65953 - Sweet Sesame Chicken

Case Price - \$31.92



Gardein Frozen Meals

8/255g - 8/390g

\$4.99

39050 - Seven Grain Crispy Tenders - (PP-V-K-DF)

39051 - Ultimate Beefless Ground - (V-GF-K-PP)

39053 - Crispy Chicken Mandarin Orange - (V-K-DF)

Case Price - \$39.92



Marie Callender's Meal

8/333g

\$2.99

97070 - Lasagna with Meat Sauce

Case Price - \$23.92



Pogo

12/300g

\$2.99

65110 - Original 4 Pack

Case Price - \$35.88



Hungryman XL Bowls

8/369g - 8/397g

\$3.99

65753 - Country Fried Chicken

65754 - Nashville Style Hot Fried Chicken Cutlet

Case Price - \$31.92



KD Deluxe

5/340g

\$4.29

28321 - Four Cheese
28322 - Creamy Cheddar

Case Price - \$21.45



High Liner Catch of the Day

10/350g

\$3.99

76003 - English Style
76004 - Breaded Fish Fillet
20524 - Breaded Fish Fillet Pollock

Case Price - \$39.90



Red Baron Pizza Classic Crust

16/584g - 16/664g

\$3.80

90308 - Pepperoni
90310 - Supreme
90309 - Four Meat
90307 - 4 Cheese

Thin & Crispy

16/422g - 16/447g

90312 - Pepperoni
90311 - 5 Cheese

Case Price - \$60.76

Rising Crust

14/740g - 14/875g

\$5.49

90305 - 4 Cheese
90303 - Pepperoni
90306 - Hawaiian
90304 - Supreme

Case Price - \$76.86



Green Giant Vegetables

16/750g

\$3.29

68402 - Peaches & Cream
68404 - Mixed Vegetables
68406 - Summer Sweet Peas
72087 - Sweetlets
68400 - Niblets

Case Price - \$52.67

Valley Selection

12/400g - 12/500g

72254 - Asian Blend
72089 - California Mix
72253 - Japanese Mix
68401 - Cut Broccoli

Case Price - \$39.48



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