



CJR
WHOLESALE GROCERS



INDEPENDENTLY OWNED
PROUDLY CANADIAN

SUPPORTING ONTARIO'S INDEPENDENT

AD # 17
SALE DATES: AUGUST 12 - AUGUST 23, 2024

ORDER NOW →
CJRWHOLESALE.COM



BUSINESSES FOR OVER 30 YEARS!



Cardinal Roadhouse Burgers

6/6x170g
\$10.49



66544 - Angus Beef
Case Price - \$62.94



9/6x142g
\$9.75
66547 - Sirloin Beef
Case Price - \$87.78



6/6x142g
66530 - Chicken
Case Price - \$58.50
8/605g
66558 - Fully Cooked Back Rib in BBQ Sauce
Case Price - \$78.00



Franks Red Hot Sauce

12/354ml
\$2.75
43440 - Original
43441 - Mild Wing Sauce
43442 - Buffalo Wing
Case Price - \$33.00
Thick Sauce

6/354ml
43447 - Original
43448 - Buffalo Ranch
Case Price - \$16.50



Kellogg's Cereal

12/320g - 12/345g
\$4.50
10060 - Corn Pops
10061 - Froot Loops
Case Price - \$53.99
16/425g - 16/435g
10063 - Frosted Flakes
10037 - Strawberry Milkshake
Case Price - \$71.99



Prego Sauce

12/645ml
\$3.00
31464 - Original
31465 - Spicy Marinara
31466 - Three Cheese
31470 - Mushroom & Green Pepper
31472 - Tomato Onion & Garlic
Case Price - \$36.00



Kettle Potato Chips

12/198g
\$3.42
71305 - Backyard BBQ
71306 - Parmesan Garlic
71310 - Sea Salt
71311 - New York Cheddar
71312 - Sea Salt & Vinegar
71313 - Honey Dijon
71325 - Jalapeno
71326 - Yogurt and Green Onion
Case Price - \$40.99



Italpasta Bag

12/900g
\$1.83
12158 - Spaghetti
12159 - Linguine
12160 - Elbow
12161 - Rotini
12162 - Penne Rigate
12163 - Rigatoni
12168 - Spaghettini
12169 - Fusilli
12170 - Fettuccine
12171 - Traditional Orzo
12172 - Vermicelli Bag
12180 - Scoobie Doo
23157 - Small Shells
23158 - Large Shells
23177 - Penne Lisce
27233 - Bucatini
27272 - Acini Di Pepe
27274 - Pennine Rigate
27275 - Bocconcini
27279 - Capellini
72777 - Baby Shells
Case Price - \$21.95



McCain Frozen Potatoes

12/600g
\$3.49
64069 - 9 Minute Breakfast Potato Patties
Superfries
12/454g - 12/650g
69176 - Sweet Potato Plank Cut
69191 - Extra Crispy Spicy
69192 - Straight Cut
69193 - 5 Minute Shoestring
Case Price - \$41.88

SALE PRICES IN EFFECT AUGUST 12 - AUGUST 23, 2024

Some illustrations in this flyer are for design purposes only and may not represent items featured.
Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors.
Minimum shipment restrictions may apply.



PAPER

BEVERAGE



ZOA Energy Drink

12/355ml

\$1.83

91800 - Wild Orange
91802 - Cherry Limeade
91803 - Tropical Punch

Case Price - \$21.99



Minute Maid Juice Honest Kids Organic No Sugar Added

8/5x200ml

\$2.62

22807 - Berry Lemonade
22808 - Fruit Punch
22809 - Apple

Case Price - \$20.99



Nestea

4/10X200ml

\$3.75

22888 - Lemon Iced Tea

Case Price - \$14.99



Tetra Juice

4/8X200ml

\$3.25

76096 - Five Alive Passion Peach
76094 - Orange
76097 - Apple

Case Price - \$12.99



5 Hour Energy Drink

12/57ml

\$3.00

91812 - Extra Strength Grape
91813 - Extra Strength Berry

Case Price - \$35.99

\$2.67

91815 - Berry

Case Price - \$22.99



Fiji Natural Artesian Water

6/6x330ml

\$6.50

24401 - 6 Pack

Case Price - \$38.99

24/500ml

\$1.21

24400 - Bottle

Case Price - \$28.99

12/1L

\$2.25

24402 - Bottle

Case Price - \$26.99

12/1.5L

\$2.42

24404 - Bottle

Case Price - \$28.99

12/700ml

\$2.08

24403 - Bottle

Case Price - \$24.99



Ice River

4/4lt

\$1.00

72392 - Spring Water

72404 - Distilled Water

Case Price - \$3.99

12/500ml

\$0.15

70090 - Case

Case Price - \$1.79



Pure Life Natural Spring Water

15/1L

\$0.67

24409 - Bottle

Case Price - \$9.99

24/500ml

\$0.17

24459 - Case

Case Price - \$3.99

FOOD YOU LOVE



Orville Popcorn Ready to Eat

12/150g - 12/220g

\$3.42

70679 - Sweet & Salty Kettlecorn
70680 - Movie Theatre Butter

Case Price - \$40.99



Redenbacher Mini 4Pack

12/124g - 12/170g

\$2.70

70677 - Butter
70678 - Smart
Case Price - \$32.40



Pop Up Bowl

6/420g - 6/492g

\$5.00

70683 - Smart
70681 - Butter
74173 - Extra Butter
Case Price - \$29.99



\$4.42

70670 - Popping Corn
Case Price - \$52.99



Jiffy Pop

12/127g

\$2.58

74181 - Butter
Case Price - \$30.99



Bigs Sunflower Seeds

8/140g

\$2.37

13741 - Dill Pickle
13742 - Salted & Roasted Original
13743 - Taco Supreme
Case Price - \$18.99



Angie's Boom Chicka Pop

8/136g - 8/198g

\$3.50

71062 - Sea Salt Popcorn
71063 - Sweet & Salty Kettle Corn
Case Price - \$27.99

12/64g
\$1.75

71064 - Sweet & Salty Kettle Corn
Case Price - \$20.99

Puffs

12/170g

\$3.50

71066 - Sweet Chili
71067 - White Cheddar
Case Price - \$41.99



VH Dipping Sauce

12/341ml

\$2.88

43563 - Sweet Thai Chili
43592 - Sweet & Sour
43593 - Plum

Case Price - \$34.50



Slim Jim

24/27.5g

\$1.21

13761 - Original
13762 - Mild
13763 - Hot AF

Case Price - \$28.99



PF Chang's Cooking Sauce

6/350ml

\$3.55

41396 - Sesame
41397 - Kung Pao
41398 - Sweet Chili
41399 - Teriyaki

Case Price - \$21.30



Pam Cooking Spray

12/141g - 12/170g

\$5.00

40221 - With Olive Oil
40220 - Original
Case Price - \$60.00

Dare SUMMER SNACKING,
MADE BETTER



Proudly Canadian



Vinta Crackers
12/225g
\$2.50
04354 - Rosemary Olive Oil
04353 - Original
Case Price - \$29.99



Viva Puff
12/300g
\$2.75
74727 - Raspberry
Case Price - \$32.99



Dare Bear Paws
12/240g
\$2.75
75706 - Banana Bread
75707 - Brownie
75705 - Chocolate Chip
20641 - Rainbow Chip
Case Price - \$32.99



Dare Ultimate Cookies
12/290g - 12/300g
\$2.75
75711 - Chocolate Fudge Creme
75712 - Lemon Creme
75714 - Maple Creme
Case Price - \$32.99



Dare Breaktime Cookies
12/250g
\$1.29
80202 - Ginger
80203 - Chocolate Chip
80200 - Coconut
80201 - Oatmeal
Case Price - \$15.49



Grissol Classic Style Croutons
12/112g - 12/135g
\$1.75
50067 - Roasted Garlic
50068 - Tuscan Tomato
50069 - Creamy Caesar
50070 - Garden Herb
Case Price - \$20.99



Breton Crackers
12/135g - 12/200g
\$2.50
74719 - Original with Flax
04355 - Original
04715 - Garden Vegetable
74717 - Multigrain
04359 - Cracked Pepper Olive Oil
04356 - Reduced Salt & Fat
04357 - Veggie
04358 - Original
Case Price - \$29.99



Crispy Baguettes
12/120g
\$2.75
04784 - Olive Oil and Sea Salt
Case Price - \$32.99



Dare Real Fruit Snacks
9/180g
\$2.11
50061 - Fruit Medley
50062 - Fruit Tropical
50063 - Sours
Case Price - \$18.99



Grissol Melba Toast
12/200g
\$2.75
04700 - Plain
04704 - Sesame
Case Price - \$32.99



Dare Wagon Wheels
12/315g
\$2.75
75725 - Original
Case Price - \$32.99

FRONT SHOP CONFECTIONERY



Dare Whippet Cookies

12/250g
\$2.75
 04292 - Original
 04282 - Coconut Sticks
Case Price - \$32.99



General Mills Reese Puffs Treat Bars

12/120g
\$2.92
 10234 - Peanut Butter and Cocoa
Case Price - \$34.99



Fruit By The Foot Fruit Snack

12/128g
\$2.83
 71117 - Berry Fruit Snack
 71118 - Variety Pack Fruit Snack
 71123 - Starburst
Case Price - \$33.99



Fruit Roll Ups

10/141g
\$2.83
 71120 - Tropical Tie Dye
 71121 - Blastin Berry
 07701 - Jolly Rancher
Case Price - \$28.29



Betty Crocker Gushers

10/138g
\$2.83
 07709 - Grape
 71119 - Variety Pack
Case Price - \$28.29



Betty Crocker DunkAros Vanilla Cookies & Frosting

6/168g
\$3.33
 07724 - Rainbow
 07725 - Chocolate
Case Price - \$19.99



Uncle Rays Potato Chips

10/130g
\$1.50
 49145 - BBQ
 49146 - Rippled
 49147 - Sour Cream and Onion
 49148 - Hot
 49149 - Salt & Vinegar
 49150 - Kosher Dill
 49152 - Cheddar & Sour Cream
 49153 - Regular
Case Price - \$14.99



Nature Valley Granola Bars Sweet & Salty

12/192g - 12/210g
\$2.92

71047 - Peanut
 71048 - Almond
 71050 - Mixed Nuts
 71001 - Dark Chocolate
 71005 - Salted Caramel Chocolate
 71049 - Cashew



Crunchy

12/210g - 12/230g
 71043 - Oats N Dark Chocolate
 71002 - Roasted Almond
 71003 - Oats N Honey
 71010 - Peanut Butter



Lunch Box Peanut Free

12/130g
 71044 - Double Chocolate
 71045 - Chocolate Chip



Trail Mix

12/175g
 71040 - Fruit and Nut
Case Price - \$34.99



Soft Baked Muffin Bars

6/175g
\$3.50
 71008 - Apple Cinnamon
 71009 - Blueberry
Case Price - \$20.99



Larabar

16/48g
\$1.25
 74241 - Coconut Cream
 74242 - Cashew
 74243 - Chocolate Brownie
 74244 - Peanut Butter Chocolate Chip
Case Price - \$19.99



Mentos Gum

6/50ct
\$3.00
 74901 - Pure Fresh Spearmint
 74902 - Pure Fresh Mint
Case Price - \$17.99



Junior Mints

12/113g
\$1.83
 74630 - Family Size
Case Price - \$21.99



Los Cantores Tortilla Chips

12/360g - 12/325g
\$2.92
 74134 - Original
 74140 - Lime
 74148 - Chipotle
Case Price - \$34.99

FRONT SHOP CONFECTIONERY



Popeye Candy Sticks
48/16g
\$0.27
75097 - Original
Case Price - **\$12.99**



Surprise Bag
24/75g
\$1.42
75095 - Assorted
Case Price - **\$33.99**



Double Bubble Gum
12/50g
\$2.00
75087 - Gumball Machine
Case Price - **\$23.99**



Zaini Chocolate Eggs
24/20g
\$1.37
74649 - NHL
Case Price - **\$32.99**



Double Bubble Gum
24/66g
\$0.62
75070 - Assorted Gumballs
Case Price - **\$14.99**



Juicy Drop Pop
12/26g
\$2.08
75076 - Assorted
Case Price - **\$24.99**



Cry Baby Sour Gumballs
24/66g
\$0.62
75085 - Cry Baby Sour Gumballs
Case Price - **\$14.99**



Double Bubble Gum
1/240ct
\$0.07
95109 - Tub
Case Price - **\$17.99**



Garbage Candy
24/11g
\$0.71
75054 - Assorted
Case Price - **\$16.99**



Push Pop
16/34g
\$2.12
75083 - Triple Power Fruit
Case Price - **\$33.99**
36/34g
\$0.89
75082 - Fruit Twisted
Case Price - **\$31.99**
18/31g
\$1.44
75080 - Jumbo
Case Price - **\$25.99**



Popeye Candy Sticks
48/16g
\$0.27
75097 - Original
Case Price - **\$12.99**



Big Mouth Candy Spray
12/23g
\$2.00
75086 - Assorted
Case Price - **\$23.99**



Baby Bottle Pops
18/31g
\$1.61
75078 - Assorted
Case Price - **\$28.99**



Tootsie Roll Pops
48/17g
\$0.27
75075 - Assorted
Case Price - **\$12.99**

FRONT SHOP CONFECTIONERY



**Snyder's of Hanover
Pretzel Pieces**
12/240g
\$2.67
89181 - Cheddar Cheese
89182 - Mini Pretzel
89183 - Hot Buffalo Wing
89184 - Honey Mustard & Onion
Case Price - \$31.99



Terra Chips
12/141g
\$3.83
04510 - Original Low Sodium
04511 - Mediterranean
04513 - Sweet Potato NSA
04514 - Sweets & Beets
04508 - Sour Cream & Onion
04517 - Plantains Sea Salt
04507 - Sweet Potato Sea Salt
Case Price - \$45.99



Planters Cocktail Peanuts
12/200g
\$1.92
40039 - Salted
Case Price - \$22.99
\$4.25
40042 - Deluxe Mixed Nuts 40% Cashews
Roasted with Salt
Case Price - \$50.99



Airheads Candy
36/15g
\$0.18
74907 - Blue Raspberry
74904 - Cherry
74905 - Watermelon
74906 - White Mystery
Case Price - \$6.49

DISPLAYER



**Quaker Crispy Minis
Mixed Shipper**
96/90g-100g
\$2.40
04884 -
48 - Cheddar Rice Chips
24 - Ketchup Rice Chips
24 - Magic Masala
Case Price - \$230.40

GROCERY



Lotus Biscoff
10/250g
\$2.89
75651 - Original
Case Price - \$28.90



**Clover Leaf Canned
Seafood**
12/142g
\$2.50
29560 - Whole Baby Clams
Case Price - \$30.00

GROCERY



Nutella
15/375g
\$3.80
37604 - Hazelnut Spread
Case Price - **\$57.00**



Gullon Maria Cookies
10/600g
\$2.90
75652 - Original
Case Price - **\$28.99**



Tazo Tea Bag
6/20ct
\$4.33
15175 - Green Ginger
15176 - Awake English Breakfast
15177 - Organic Chai
15178 - Zen
Case Price - **\$25.99**



Tim Hortons
12/500g
\$4.08
74995 - Hot Chocolate
Case Price - **\$48.99**



Lotus Biscoff
10/250g
\$2.89
75651 - Original
Case Price - **\$28.90**



Tim Hortons
6/126g
\$10.50
75008 - Original
75011 - Dark Roast
Case Price - **\$62.99**



Kellogg's Nutri Grain Bar
12/295g
\$3.25
70760 - Apple Cinnamon
70763 - Strawberry
Case Price - **\$38.99**



Pop Tarts
12/384g
\$3.25
04469 - Frosted Chocolate Fudge
04472 - Frosted Raspberry
04470 - Frosted Smores
04471 - Frosted Strawberry
04468 - Chocolate Chip
Case Price - **\$38.99**



Rice Krispies Square Bars
12/176g
\$3.25
70750 - Regular
70731 - Rainbow
Case Price - **\$38.99**



Tim Hortons
6/300g
\$8.33
74997 - Whole Bean
74998 - Decaf
74999 - Original
75000 - Dark Roast
Case Price - **\$49.99**



Simple Pleasures Digestive
12/310g
\$2.75
74740 - Original
Case Price - **\$32.99**



Keebler Townhouse
12/260g - 12/391g
\$3.25
10030 - Flip Sides
10028 - Original
Case Price - **\$38.99**



Riceworks
12/155g
\$3.42
71280 - Sea Salt
71281 - WILD Sea Salt & Black Sesame
71285 - Avocado Ranch
71286 - Sweet Chili
Case Price - **\$40.99**



Cheez It Snapd
6/213g
\$3.50
28584 - Parmesan Ranch Flavour
28585 - Double Cheese Flavour
Case Price - **\$20.99**

GROCERY



Quaker Crispy Minis
12/100g - 12/90g
\$2.67

04853 - Butter Popcorn
04862 - Bbq
04864 - Ketchup
04866 - Sweet Chili
04868 - Cheddar Cheese
04870 - Sour Cream & Onion
04873 - Dill Crunchy
04876 - All Dressed Rice Chips
04882 - Magic Masala

Rice Cakes
12/127g - 12/185g

04883 - Apple Cinnamon
04854 - White Cheddar
04850 - Original
Case Price - \$31.99



Sun-Maid Raisins
12/196g - 12/6x30g
\$2.75

74076 - Mini Box 14 Pack
18245 - California
Case Price - \$33.00



Pearl Milling Syrup
12/710ml
\$3.75

40165 - Lite
40166 - Butter Flavour
40167 - Original
Case Price - \$45.00



Pancake Mix
12/905g
\$3.00

40161 - Buttermilk
40163 - Original
Case Price - \$36.00



Complete Pancake
12/905g
\$3.50

40162 - Original
40168 - Buttermilk
Case Price - \$42.00



Oatmeal Crisp Cereal
10/399g - 10/437g
\$3.60

10245 - Triple Berry
10244 - Maple Nut Flavour
10246 - Almond
Case Price - \$35.99



General Mills Cereal
12/300g - 12/380g
\$3.40

10216 - Nesquik
10223 - French Toast Crunch
10226 - Lucky Charms
10227 - Cinnamon Toast Crunch
10228 - Golden Grahams
10229 - Reese Puffs
10249 - CinnaGraham Toast Crunch
10286 - Cinnamon Toast Crunch Churros
10290 - Cinnamon Toast Crunch Rolls
Case Price - \$40.79

Cheerios
14/350g

10230 - Original
Case Price - \$47.59

12/317g

10248 - Strawberry Banana
Case Price - \$40.79

10/342g - 10/430g

10224 - Multi Grain
10225 - Honeynut
Case Price - \$33.99

Gluten Free
10/340g
\$3.60

10255 - Rice Chex
Case Price - \$35.99



Nanny Hudson's Homestyle Condiments
12/375ml
\$6.00

40069 - Relish
40074 - Ketchup
Case Price - \$72.00



Smuckers Jam
12/250ml
\$3.20

38617 - Orange Marmalade
73977 - Pure Blueberry
38615 - Strawberry
Case Price - \$38.40

No Sugar Added
12/310ml
\$4.00

38625 - Blueberry
38627 - Strawberry
Case Price - \$48.00

GROCERY



Vigo Panko Bread Crumbs
6/227g
\$3.49
27284 - Italian Style Seasoned
73598 - Plain
Case Price - \$20.95



Braggs Apple Cider Vinegar
12/946ml
\$6.00
42112 - Organic
Case Price - \$72.00



Yonca Oil
4/3L
\$6.38
86011 - Sunflower
Case Price - \$25.50



Realemon Juice
12/440ml
\$1.90
21451 - Lemon
21453 - Lime
Case Price - \$22.85



Campbell's Ready To Use Tetra Broth
12/900ml
\$2.25
32034 - Chicken
32035 - 30% less Sodium Chicken
32039 - Vegetable
32040 - Beef
32181 - No Salt Chicken
32182 - No Salt Beef
32183 - No Salt Vegetable
Case Price - \$27.00



Kraft BBQ Sauce
10/455ml
\$2.40
72424 - Original
72422 - Garlic
72423 - Hickory
72421 - Chicken & Rib
43516 - Sweet and Sour
Case Price - \$24.00



Heinz Condiments
4/3x375ml
\$6.00
72511 - Picnic Pack
Case Price - \$24.00



Terra Delyssa Olive Oil
6/1L
\$16.50
40080 - Organic Extra Virgin
Case Price - \$99.00
6/500ml
\$8.50
40083 - Organic Extra Virgin
Case Price - \$51.00



Snack Pack Pudding
12/4x99g
\$1.75
36521 - Butterscotch
36522 - Chocolate
36534 - Vanilla
36536 - Tapioca
36551 - Vanilla NSA
36552 - Chocolate NSA
Case Price - \$21.00



Chef Boyardee
24/418g - 24/425g
\$2.00
31105 - Spaghetti & Meatballs
31018 - Beef Ravioli
31008 - Beefaroni
31022 - Mini Ravioli
Case Price - \$48.00

GENERAL MERCHANDISE



Finish Jet Dry
8/250ml
\$4.13
46413 - Original
Case Price - \$33.00



Resolve Spray N Wash
12/650ml
\$2.75
46709 - Laundry Stain Remover
Case Price - \$33.00

HEALTH & BEAUTY



Colgate Toothpaste

6/70ml

\$1.40

70579 - Total Whitening

70580 - Total Clean Mint

Case Price - **\$8.40**



Gillette Foamy

6/311g

\$3.25

93124 - Regular

93130 - Sensitive Skin

Case Price - **\$19.50**



Listerine Antiseptic Mouthwash

6/250ml

\$3.25

92511 - Cool Mint

92512 - Fresh Burst

Case Price - **\$19.50**

PET FOOD



Purina Beggin' Strips

6/170g

\$3.50

73545 - Bacon Flavour

73547 - Bacon & Beef Flavour

Case Price - **\$20.99**



Dog Chow Dry Dog Food

6/2kg

\$7.00

35954 - With Real Chicken Complete Adult

35967 - Puppy Chow Optimal Smart

Case Price - **\$41.99**



Purina Cat Chow Dry Cat Food

6/1.6kg - 6/2kg

\$8.50

35527 - Kitten

35526 - Indoor with Real Chicken

35524 - With Real Chicken for All Cats

Case Price - **\$50.99**

4/1.42kg

35523 - Naturals Indoor Chicken & Turkey

Case Price - **\$33.99**



Friskies Party Mix Crunch

6/170g

\$2.50

35355 - Original Chicken Liver Turkey

35354 - Gourmet Naturals

35356 - Ocean Shrimp Crab Tuna

Case Price - **\$14.99**

GENERAL MERCHANDISE



Tide Liquid Pods

6/16ct

\$6.00

46328 - Spring Meadow

46329 - Original

Case Price - **\$36.00**



Gain Liquid Laundry Detergent

6/1.36L

\$6.00

46317 - HE Island Fresh 32 Load

46375 - Moonlight Breeze

46378 - HE Waterfall Delight

46318 - Original 32 Load

Case Price - **\$36.00**

MAPLE LEAF



Schneiders Pepperoni
8/250g
\$4.86
59491 - Chub
Case Price - **\$38.87**



Greenfield Bacon
12/375g
\$6.07
63562 - Canadian RWA
Case Price - **\$72.79**



Maple Leaf Top Dogs
12/375g
\$3.24
59444 - Less Salt Wieners
59447 - Original Bbq Size
63583 - Original Regular Size
Case Price - **\$38.87**



Schneiders Slimstik
12/250g
\$4.86
59490 - Pepperoni
Case Price - **\$58.30**



Maple Leaf Deli Meat
2/4.4kg
\$10.17/kg
59468 - Maple Leaf Large Wax Bologna

Schneiders Deli Meat
2/800g
\$18.96/kg
59555 - Dry Cured German Salami

Schneiders Deli Meat
4/817g
\$18.96/kg
59687 - Pepper Salami

Schneiders Deli Meat
2/930g
\$19.07/kg
59690 - Salsa Salami

Bittner's Deli Meat
4/2.4kg
\$19.90/kg
59664 - Bittner Oven Roasted Turkey
Half Pc



Maple Leaf Fully Cooked Breakfast Sausage
12/300g
\$5.16
60819 - Patties
59670 - Links
Case Price - **\$61.89**



Schneiders Smokie
12/175g
\$2.31
60839 - Hot Honey
60840 - Cheddar
60841 - Poutine
60842 - Original
Case Price - **\$27.68**



Schneiders Hot Rod
10/160g
\$4.34
59437 - Snack Packs
Case Price - **\$43.40**



Schneiders Blue Ribbon Bologna
12/375g - 12/500g
\$5.46
59401 - All Beef
59464 - Dutch Treet
59466 - Thick-Slice
59467 - Thin-Sl Bologna
63596 - Original
Case Price - **\$65.56**

REFRIGERATION

Celebrity Goat Cheese

1/113g

\$2.99

06325 - Light
06326 - Cranberry Cinnamon
06328 - Mediterranean
06329 - Herb & Garlic
06330 - Plain

Case Price - **\$2.99**



Natrel Fine Homo

1/4L

\$8.75

01010 - Natrel Fine Homo
Case Price - **\$8.75**



Cloverleaf Delectables

12/227g

\$2.99

63062 - Crab Flakes
63065 - Lobster Flake
63060 - Crab Legs

Case Price - **\$35.88**



I Cant Believe Its Not Butter Margarine

24/212g

\$1.75

60358 - Original
Case Price - **\$42.00**



Jello Refrigerated Ready To Eat

6/356g - 6/452g

\$2.99

28809 - Nsa Strawberry
28812 - Nsa Lemon Lime
28815 - Orange
28818 - Blueberry
28821 - NSA Chocolate
28180 - Oreo

Case Price - **\$17.94**



Sunny Delight

8/1.89L

\$2.87

63334 - Smooth
63335 - Tangy
63336 - Orange Strawberry
Case Price - **\$22.99**



Astro Original Yogurt

1/175g

\$0.85

09017 - Strawberry
09018 - Raspberry
09019 - Peach
09020 - Blueberry
09021 - Balkan Plain
09022 - Cappuccino
09023 - French Vanilla
Case Price - **\$0.85**

Original Balkan Yogurt

1/750g

\$2.99

09039 - 3.2% Plain
09040 - 2% Plain
09041 - 1% Plain
09042 - 0% Plain
09043 - French Vanilla
Case Price - **\$2.99**



Dip a Chip French Onion

18/227g

\$1.49

74572 - European Style
Case Price - **\$26.82**



Renee's Salad Dressing

6/350ml - 6/355ml

\$3.54

63377 - Balsamic Vinaigrettes
63448 - Spring Herb Italian
63449 - Mediterranean Greek
63451 - Sweet Onion
63452 - Asian Sesame
63454 - Honey Dijon Mustard
63467 - Creamy Caesar Pourable
63373 - Greek Feta
63375 - Ranch
63376 - Blue Cheese
63444 - Cucumber Dill
63445 - Poppy Seed Half Fat
63446 - Coleslaw Dressing
63447 - Southwest Ranch
63477 - Poppy Seed Regular With Onion
Case Price - **\$21.25**

12/355ml

63370 - Caesar Dressing
63372 - Caesar Half Fat
63442 - Mighty Caesar Dressing
Case Price - **\$42.50**



FREEZER



Pogo
12/300g
\$2.99
65110 - 4 Pack
Case Price - \$35.88



Hungryman XL Bowls
8/369g - 8/397g
\$4.00
65754 - Nashville Style Hot Fried Chicken Cutlet
65753 - Country Fried Chicken
Case Price - \$32.00



Cheemo Perogies
10/907g
\$2.50
64816 - Potato Bacon Romano Cheese
64817 - Potato Cheddar Cheese
64818 - 3 Cheese Wht Chd, Swiss, Moz
64819 - Ukrainian Style Roasted Garlic
Case Price - \$25.00



Deep Naan
24/300g - 24/383g
\$2.79
76700 - Garlic
76703 - Paneer Paratha
76701 - Tandoori
76702 - Aloo Paratha (Potato)
Case Price - \$66.96



PF Changs
4/624g
\$9.99
41386 - Beef & Broccoli
41387 - Chicken Lo Mein
Case Price - \$39.96



Gardein
8/255g - 8/390g
\$4.99
39050 - Seven Grain Crispy Tenders
39051 - Ultimate Beefless Ground
39053 - Crispy Chicken Mandarin Orange
Case Price - \$39.92



Supreme Chickn
6/415g - 6/425g
\$7.49
39054 - BBQ Wings
39055 - Nuggets
39056 - Filets
Case Price - \$44.94



Healthy Choice Simply
8/259g - 8/283g
\$4.00
65111 - Chicken Broccoli Alfredo
65113 - Chicken Veg Stir Fry
65112 - Meatball Mannara
Gourmet Steamers
8/269g - 8/292g
65957 - Beef Merlot
65951 - Red Pepper Chickn Alfredo
Case Price - \$32.00

FREEZER



Promise Gluten Free Bagels 4 pack

5/280g
\$4.49

82422 - Multi Seed
82411 - Plain

Case Price - \$22.45 Sourdough Loaf

4/400g
\$5.49

82405 - Seeded
82406 - Rustic White

Case Price - \$21.96 Loaf

5/400g
\$4.99

82403 - Brioche
82404 - Raisin

Case Price - \$24.95

4/480g
82400 - Soft White
82401 - Quinoa & Chia
82402 - Multigrain
82423 - Wholesome Brown

Case Price - \$19.96



Europe's Best Fruit

12/600g
\$3.99

10001 - Bananas Berries
10002 - Summer Fruit Salad
Case Price - \$47.88

12/600g - 12/400g

\$4.49

10003 - Sunburst Mangoes
66753 - Sun Ripe Harvest Peaches
66759 - Field Berry Mix
72774 - Sliced Strawberries

Case Price - \$53.88

66754 - Select Raspberries
Case Price - \$59.88



Smuckers Uncrustables Sandwich

8/208g - 8/232g

\$3.99

38642 - Chocolate Flavoured Hazelnut
38641 - Peanut Butter Strawberry

Case Price - \$31.92



Minute Maid Punch

12/295 ml
\$1.10

67660 - Mango
67662 - Fruit
67663 - Peach
67664 - Grape
67665 - Berry
67666 - Orange
67667 - Ice Tea Lemon
67668 - Lemonade White

Case Price - \$13.25

\$1.59

67669 - Frozen Orange Juice - Original
Case Price - \$19.05



Beyond Meat

8/2X113g
\$4.49

25690 - Beyond Burger
Case Price - \$35.92

12/340g
\$5.99

25691 - Beyond Beef
Case Price - \$71.88

Beyond Italian Sausage

8/400g
25692 - Hot
25693 - Mild
Case Price - \$47.92



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