



CJR
WHOLESALE GROCERS



INDEPENDENTLY OWNED
PROUDLY CANADIAN

AD # 23

SALE DATES: NOVEMBER 04 - 15, 2024

ORDER NOW →
CJRWHOLESALE.COM



SUPPORTING ONTARIO'S INDEPENDENT BUSINESSES FOR OVER 30 YEARS!



Smuckers Uncrustables Sandwiches

8/208g - 8/232g
\$3.99

38642 - Chocolate Flavoured Hazelnut
38641 - Peanut Butter Strawberry
38643 - Peanut Butter & Grape
Case Price - **\$31.92**



Pringles Chips

14/148g - 14/156g

\$2.50

71343 - Original
71344 - Lightly Salted
71345 - Sour Cream and Onion
71346 - BBQ
71382 - Ketchup
71347 - Cheddar Cheese
71348 - Salt and Vinegar
71381 - Buffalo Ranch
76601 - All Dressed Flavour
76602 - Scorchin Buffalo Flavour
76603 - Mexican Street Corn
76604 - Street Taco
76605 - Chili & Lime
Case Price - **\$34.99**



Quaker Instant Oatmeal RTS

12/280g - 12/344g

\$2.75

10722 - 3 Flavor Variety Pack
10723 - Regular
10724 - Maple Brown Sugar
10725 - Apple Cinnamon
10726 - Peaches Cream
Case Price - **\$32.99**



Mazola Canola Oil

6/2.84L

\$9.17

40026 - Canola
Case Price - **\$55.00**



Promise Gluten Free Sourdough Loaf

4/400g

\$5.49

82405 - Seeded
82406 - Rustic White
Case Price - **\$21.96**

Loaf

5/400g

\$4.99

82403 - Brioche
82404 - Raisin
Case Price - **\$24.95**

4/480g

\$4.99

82400 - Soft White
82401 - Quinoa & Chia
82402 - Multigrain
82423 - Wholesome Brown
Case Price - **\$19.96**



Italpasta

12/900g

\$1.83

12158 - Spaghetti
12159 - Linguine
12160 - Elbow
12161 - Rotini
12162 - Penne Rigate
12163 - Rigatoni
12168 - Spaghettini
12169 - Fusilli
12170 - Fettuccine
12171 - Traditional Orzo
12172 - Vermicelli
12180 - Scoobie Doo
23157 - Small Shells
23158 - Large Shells
23177 - Penne Lisce
27233 - Bucatini
27272 - Acini Di Pepe
27274 - Pennine Rigate
27275 - Bocconcini
27279 - Capellini
72777 - Baby Shells
Case Price - **\$21.95**



SALE PRICES IN EFFECT NOVEMBER 04 - 15, 2024

Some illustrations in this flyer are for design purposes only and may not represent items featured. Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors. Minimum shipment restrictions may apply.



BEVERAGE

Minute Maid Juice Honest Kids Organic No Sugar Added



8/5x200ml
\$2.62

22807 - Berry Lemonade
22808 - Fruit Punch
22809 - Apple

Case Price - \$20.99



Nestea
4/10x200ml
4.00

22888 - Lemon Iced Tea
Case Price - \$15.99

Tetra Juice



4/8x200ml
\$3.00

76096 - Five Alive Passion Peach
76094 - Orange
76097 - Apple

Case Price - \$11.99

Oasis Juice



12/960 ml
\$1.75

22950 - Exotic Mango
22954 - Tropical Passion
22951 - Hydrafruit Tropical Fruits
73161 - Pure Breakfast
73169 - Apple Juice from Concentrate
73170 - Apple Grape
73172 - Pineapple Banana Orange
73903 - 10 Vegetable Cocktail
74936 - Hydrafruit Watermelon - Apple
22956 - Classic 100% Wildberry
22947 - Hydrafruit Peach

Case Price - \$20.99

Del Monte Nectar



12/960ml
\$1.83

73063 - Mango
73064 - Peach
73069 - Pear
73089 - Guava
16616 - Passion Fruit

Case Price - \$21.99

Allen's Juice

6/1.89L

\$3.00



75859 - Mellow Apple
72227 - 70 Cal Apple
20053 - Cranberry Raspberry Cocktail
20051 - Cranberry Cocktail
20052 - Cranberry Diet Cocktail

Case Price - \$17.99

Juice Boxes

4/8x200ml

\$2.75



22860 - Apple
22862 - Fruit Punch
22864 - Strawberry Banana
20001 - Grape Cocktail
22865 - Peach
20002 - Lemonade

Case Price - \$10.99

Tetra Juice

12/1L

\$1.50



22800 - Apple Orchard Blend
20007 - Limonade
72226 - Fruit Punch
72228 - Peach
75858 - Cranberry Cocktail

Case Price - \$17.99

Fruite Drink

6/2L

\$1.83



21970 - Peach
21972 - Grape
21974 - Orange
21976 - Fruit Punch
21978 - Lemonade
21979 - Raspberry Lemonade
21977 - Iced Tea
21984 - Raspberry Dragon Fruit

Case Price - \$10.99

Arizona

12/960ml

\$1.75



20034 - Ginseng and Honey Green Tea
20035 - Lemon Iced Tea
20039 - Zero Cal Ginseng and Honey
20041 - Raspberry Iced Tea
20044 - Peach Flavour

Case Price - \$20.99

BEVERAGE



Eska Water
 24/500ml
\$0.17
 74091 - Natural Spring Water
Case Price - \$3.99
 4/4L
\$1.62
 24422 - Natural Spring Water
 24423 - Demineralized Water
Case Price - \$6.49



Pure Life Water
 12/1.5L
\$0.83
 24458 - Natural Spring Water
Case Price - \$9.99
 24/710ml
\$0.42
 72188 - Natural Spring Sport Cap
Case Price - \$9.99



Earth's Own Milk
 12/946ml
\$2.75
 70799 - Oat Nog
Case Price - \$32.99



The Great Gentleman
 24/250ml
\$1.29
 23099 - Spicy Ginger Beer
Case Price - \$30.99

FRONT SHOP CONFECTIONERY



Sensible Portions Snacks
 12/120g - 12/142g
\$2.25
 05508 - Garden Veggie Chips
 05512 - Screaming Hots



Veggie Straws
 05515 - Sour Cream & Onion
 05516 - Zesty Ranch
 05510 - Cheddar
 71250 - Sea Salt
 05511 - Rosemary & Olive Oil
Case Price - \$26.99



Garden Veggie Tortilla Chips
 12/170g
\$3.92
 05518 - Nacho Cheese
 05519 - Zesty Ranch
Case Price - \$46.99



Werther's Candy
 14/135g
\$2.50
 74315 - Original
Case Price - \$34.99
 12/128g
 74317 - Original Caramel
 74319 - Soft Creme Caramel
Case Price - \$29.99



12/50g
\$0.83



72300 - Original Rolls
Case Price - \$9.99
 12/170g
\$3.67
 74323 - Original Caramel Popcorn
Case Price - \$43.99

FRONT SHOP CONFECTIONERY



Merci Finest Chocolate

18/200g

\$5.56

75236 - Assortment of European Chocolate

Case Price - \$99.99



Planters' Nuts

12/200g

\$4.25

40042 - Deluxe Mixed Nuts 40% Cashews Roasted with Salt

Case Price - \$50.99

\$1.92

40039 - Cocktail Peanuts Salted

Case Price - \$22.99



Natures Valley Granola Bars Sweet & Salty

12/192g - 12/210g

\$2.92

71049 - Cashew

71047 - Peanut

71048 - Almond

71050 - Mixed Nuts

71001 - Dark Chocolate

71005 - Salted Caramel Chocolate

Crunchy

12/210g - 12/230g

71043 - Oats N Dark Chocolate

71002 - Roasted Almond

71003 - Oats N Honey

71010 - Peanut Butter

Lunch Box Peanut Free

12/130g

71044 - Double Chocolate

71045 - Chocolate Chip

Trail Mix

12/175g

71040 - Fruit and Nut

Case Price - \$34.99

Soft Baked Muffin Bars

6/175g

\$3.50

71008 - Apple Cinnamon

71009 - Blueberry

Case Price - \$20.99



Kind Bars

12/40g

\$1.25

72526 - Dark Chocolate Cherry Cashew

72528 - Peanut Butter Dark Chocolate

74275 - Caramel Almond & Sea Salt

74274 - Dark Chocolate Nuts & Sea Salt

Case Price - \$14.99



12/50g

\$1.67

76098 - Crunchy Peanut Butter

76099 - Dark Chocolate Nut

Case Price - \$19.99



Healthy Grains Clusters

6/312g

\$4.33

74277 - Peanut Butter

74278 - Vanilla Blueberry

Case Price - \$25.99

Breakfast Bar

5/200g

\$3.20

75553 - Peanut Butter

75554 - Almond Butter

75555 - Dark Chocolate Cocoa

Case Price - \$15.99



Dipped Clusters

8/113g

\$3.87

75556 - Dark Chocolate Vanilla Cashew

75557 - Dark Chocolate Almond Butter

Case Price - \$30.99



Larabar

16/45g - 16/48g

\$1.31

74244 - Peanut Butter Chocolate Chip

74241 - Coconut Cream

74242 - Cashew

74243 - Chocolate Brownie

Case Price - \$20.99



One Brands - One Bar

12/60g

\$2.50

05180 - Maple Glazed Donut

05181 - Birthday Cake

05182 - Peanut Butter Cup

05184 - Chocolate Chip Cookie Dough

05185 - Blueberry Cobbler

05176 - Hersheys Cookies N Creme

05175 - Peanut Butter Cuo

Case Price - \$29.99

FRONT SHOP CONFECTIONERY



Fruit By The Foot

12/128g

\$2.92

71117 - Berry Fruit Snack
71118 - Variety Pack Fruit Snack
71123 - Starburst

Case Price - \$34.99



Fruit Roll Ups

10/141g

\$2.92

71120 - Tropical Tie Dye
71121 - Blastin Berry
07701 - Jolly Rancher

Case Price - \$29.20



Cadbury Chocolate

48/50g

\$0.95

72606 - Caramilk

Case Price - \$45.60



24/33g-60g

72036 - Mini Eggs

72610 - Crunchie

72612 - Crispy Crunch

72622 - Mr. Big



72630 - Dairy Milk

72632 - Fruit & Nut

Case Price - \$22.80



12/38g

74549 - Oreo

Case Price - \$11.40



Gushers Fruit Snacks

10/138g

\$2.92

07709 - Grape
71119 - Variety Pack

Case Price - \$29.20



Maynards Candy

18/60g - 18/64g

\$1.11

75811 - Sour Patch Kids
75800 - Swedish Berries
75802 - Cherry Blasters
75804 - Fuzzy Peach

Case Price - \$19.99



Candy Bag

12/150g-154g

\$2.25



73796 - Sour Patch Kids
73803 - Swedish Berries
74422 - Fuzzy Peach

75806 - Wine Gums

75807 - Original Gummies

75808 - Sour Cherry Blasters

76319 - Grape Sour Patch Kids

76312 - Swedish Berries & Creme

76311 - Watermelon

76318 - Strawberry

76307 - SPK Candy Heads Two Flav

76320 - Lemonade Sour Patch Kids

76321 - Berries Sour Patch Kids

Case Price - \$26.99



Toffifee

12/123g

\$2.83

75228 - Coconut

75233 - Candy Box

Case Price - \$33.99



Betty Crocker DunkAros

6/168g

\$3.50

07724 - Vanilla Cookies & Rainbow Frosting

07725 - Vanilla Cookies & Chocolate Frosting

Case Price - \$20.99



Pur Mints (Tin)

12/30g

\$1.58

82111 - Peppermint

82112 - Tangerine Tango

82113 - Spearmint

Case Price - \$18.99



Pur Gum (Blister Pack)

12/9pc

\$1.17

82114 - Bubble Gum

82115 - Spearmint

82116 - Peppermint

Case Price - \$13.99



Terry's Orange Chocolate

12/157g

\$5.08

63685 - Original Ball

Case Price - \$60.99

FRONT SHOP CONFECTIONERY



Jiffy Pop
12/127g
\$2.50
74181 - Butter
Case Price - \$29.99



Gatorade Protein Bars
12/80g
\$2.75
22400 - Chocolate Chip
22401 - Chocolate Caramel
22402 - Chocolate Peanut Butter
Case Price - \$32.99



Snack Pow
6/175g - 6/200g
\$2.33
82205 - Smokey BBQ Mix Nuts
82201 - BBQ Peanuts
Case Price - \$13.99



Cadbury Mini Eggs
48/200g
\$4.92
05194 - Christmas
Case Price - \$235.99



Toblerone Chocolate
10/360g
\$10.00
73504 - Milk
Case Price - \$99.99



Nestle Quality Street
10/160g
\$6.20
88908 - Share Bag
Case Price - \$61.99
6/220g
\$7.67
88909 - Carton
Case Price - \$45.99



Ferrero Chocolate
8/125g
\$8.37
74574 - Grand Rocher
Case Price - \$66.99
24/100g
\$6.04
75298 - Kinder Surprise Maxi
Case Price - \$144.99
6/259g - 6/300g
\$12.67
71465 - Pralines Ferrero Rocher Collection T24
71464 - Ferrero Rocher T24 Diamond Box
Case Price - \$75.99



Kinder Mini Friends
15/122g
\$4.47
71455 - Milk Chocolate Xmas
Case Price - \$66.99



Nestle Chocolate Cello Bags
12/98g - 12/104g
\$2.42
65057 - Aero Minis
65056 - Kit Kat Minis
Case Price - \$28.99
14/130g
65058 - Smarties
Case Price - \$33.89



Nestle The Original Turtles
16/150g
\$5.56
10297 - Classic Gift Box
Case Price - \$88.99

DISPLAYERS



Cadbury Salted Caramel Single Variety Floor PPK 144Ct

144/42 - 50g

\$0.93

05188 -
48 - Caramilk 50g
24 - Caramilk Salted Caramel 50g
24 - Cadbury Dairy Milk 42g
48 - Crunchie 44g

Case Price - \$133.49



Maynard's Sour Patch Kids Extreme Variety Floor PPD - 105ct

105/150g - 154g

\$2.20

76324 -
27 - Strawberry 154g
12 - Grape 154g
30 - Lemonade 150g
36 - Extreme 150g

Case Price - \$230.99



Werther's Original

60/170g

\$3.33

75206 - Caramel Popcorn Displayer

Case Price - \$199.99



Lindt Excellence Displayer Set 180/100g

\$3.25

71962 - Displayer 180ct
40 - EXC FB 85% CACAO
40 - EXC FB 70% CACAO
20 - EXC FB ORANGE INT
40 - EXC FB DRK SSALT
20 - EXC FB 90% CACAO
20 - EXC FB DRK CML SLT

Case Price - \$585.00

Lindt Swiss Classic

182/100g

\$2.65

71904 - Chocolate Bars Displayer 182Ct
22 - SC FB ALMOND MILK 100G
48 - SWISS CLASSIC FB MLK 12x100G
30 - SC FB HAZLNT MILK 12x100G
36 - SC FB WHITE 12x100G
22 - SC FB HAZELNUT DARK 12x100G
24 - SC FB DARK 12x100G

Case Price - \$482.30

Lindt Lindor

72/150g

\$6.85

71943 - Prepack 72ct
24 - LDR PJ BAG AST
24 - LDR PJ BAG MILK
24 - LDR PJ BAG 70% CACAO

Case Price - \$493.20



Nestle Singles Fall Innovation Prepack 300Ct

300/41 - 42g

\$0.75

40406 -
102 - Coffee Crisp Pumpkin Spice Latte 42g
72 - Kit Kat 4F Dark 41g
72 - Kit Kat 4F Hazelnut 41g
54 - Kit Kat Chunky Extreme Choc 42g

Case Price - \$224.99



GROCERY



Heinz

12/375ml

\$2.50

43010 - Ketchup - Squeeze
Case Price - \$30.00

12/380ml

\$1.88

24607 - Yellow Mustard Squeeze
Case Price - \$22.50



Tang (Tin)

6/2.2kg

\$7.50

23701 - Crystal Orange
Case Price - \$44.99

Drink Mix

12/48ml

\$3.00

36161 - Liquid Orange Mix
Case Price - \$35.99

GROCERY



Sensible Portions Pita Bites
 12/142g
\$3.17
 05513 - Garlic'n Chive
 05514 - Original Sea Salt
Case Price - \$37.99



Harvest Crunch Cereal
 16/400g - 16/510g
\$3.72
 10701 - Light & Crisp Honey Nut
 10702 - Raisin and Almond
 10703 - Original
Case Price - \$59.49



Christie Oreo Cookies
 12/224g
\$2.90
 75303 - Fudge Covered
Case Price - \$34.79



Chips Ahoy Cookies
 12/281g
\$2.90
 15274 - Hot Cocoa
Case Price - \$34.79



Christie Ritz Crackers
 12/212g
\$2.90
 75313 - Fudge Covered
Case Price - \$34.79



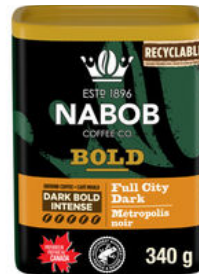
Twinings Tea
 6/30g - 6/40g
\$4.50
 15165 - Earl Grey Tea (20ct)
 15166 - English Breakfast (20ct)
 15168 - Pomegranate & Raspberry
 15169 - Pure Peppermint
 15170 - Lemon & Ginger
 15171 - Pure Camomile
 15172 - Camomile Honey Vanilla
Case Price - \$26.99



McCafe Ground Coffee
 6/340g
\$9.33
 28690 - Premium Roast Medium Dark Rainforest
Case Price - \$55.99
McCafe Coffee Beans
 6/300g
\$9.00
 28693 - Espresso Rainforest
Case Price - \$53.99



McCafe KCup
 6/12Ct
\$9.33
 28691 - Rainforest Premium Roast Medium Dark
Case Price - \$55.99



Nabob Coffee
 6/340g
\$7.50
 28540 - Bold Full City Dark
 28543 - Breakfast Blend
 28544 - 1896 Tradition Decaf
 28542 - Sumatra
Case Price - \$44.99



Maxwell House Ground Coffee
 6/864g
\$11.67
 72688 - Original Roast
Case Price - \$69.99



Tassimo Coffee
 5/126g
\$7.00
 14587 - Maxwell House Blend
Case Price - \$34.99



Tassimo Coffee
 5/263g
\$8.00
 28857 - Cappuccino
Case Price - \$39.99

GROCERY



Nescafe Instant Coffee

12/95g

\$2.95

14525 - Rich

Case Price - **\$35.40**

6/16x9g

\$3.70

14526 - Simply Creamy

6/18x19g - 6/18/19.5g

14568 - Sweet & Creamy French Vanilla

14578 - Sweet Creamy Original

Case Price - **\$22.20**



Starbucks Cold Brew

6/946ml

\$8.83

25100 - Concentrate

Case Price - **\$52.99**

Carnation Hot Chocolate

12/10x25g

\$3.42

15510 - Rich

15514 - Marshmallow

12/7x25g

15511 - Cookies and Creme

Case Price - **\$40.99**



Kellogg's Nutri Grain Bar

12/295g

\$3.00

70760 - Apple Cinnamon

70763 - Strawberry

Case Price - **\$35.99**

Kellogg's Pop Tarts

12/384g

\$3.00

04469 - Frosted Chocolate Fudge

04472 - Frosted Raspberry

04470 - Frosted S'mores

04471 - Frosted Strawberry

04468 - Chocolate Chip

Case Price - **\$35.99**



Cheez-It Crackers

12/191g - 12/200g

\$2.67

28588 - Original

28589 - Sharp White Cheddar

28586 - Zesty Cheddar Ranch

28587 - Extra Cheesy

Case Price - **\$31.99**

Kellogg's Rice Krispies Square Bars

12/176g

\$3.00

70750 - Regular

70731 - Rainbow

Case Price - **\$35.99**



General Mills Cereal

14/350g

\$3.40

10230 - Cheerios

Case Price - **\$47.59**

12/317g

10248 - Strawberry Banana Cheerios

Case Price - **\$40.79**

10/342g - 10/430g

10224 - Multi Grain Cheerios

10225 - Honeynut Cheerios

Case Price - **\$33.99**

12/297g - 12/380g

10216 - Nesquik

10223 - French Toast Crunch

10226 - Lucky Charms

10227 - Cinnamon Toast Crunch

10228 - Golden Grahams

10229 - Reese Puffs

10249 - CinnaGraham Toast Crunch

10290 - Cinnamon Toast Crunch Rolls

97508 - Lucky Charms Minis

97549 - Trix Minis

Case Price - **\$40.79**

10/340g

\$3.90

10255 - Rice Chex Gluten Free

Case Price - **\$38.99**

Oatmeal Crisp

10/399g - 10/437g

\$3.90

10244 - Maple Nut Flavour

10245 - Triple Berry

10246 - Almond

Case Price - **\$38.99**



GROCERY



Kraft Dinner - Macaroni & Cheese Microwavable Cups

10/58g

\$1.33

28350 - Three Cheese
13120 - Original

Case Price - **\$13.25**



Kraft Miracle Whip

12/890ml

\$5.25

41006 - Regular

Case Price - **\$63.00**



Minute Rice

12/700g

\$4.25

11211 - Long Grain

Case Price - **\$51.00**



Mio

12/48ml

\$3.00

36107 - Fruit Punch

36109 - Berry Pomegranate

Case Price - **\$35.99**



All Purpose Flour

12/1Kg

\$2.15

09102 - Five Roses - White
74291 - Robin Hood

Case Price - **\$25.75**



Smucker's Jam

12/310ml

\$4.00

38625 - Blueberry No Sugar Added

38627 - Strawberry No Sugar Added

Case Price - **\$48.00**



12/500ml

\$5.25

38620 - Apricot

38618 - Orange Marmalade

38619 - Strawberry

Case Price - **\$63.00**



12/250ml

\$3.13

38615 - Strawberry

38617 - Orange Marmalade

73977 - Pure Blueberry

Case Price - **\$37.50**



Sugar Twin

12/100Pk

\$3.25

19005 - Original

Case Price - **\$39.00**



Nutella Hazelnut Spread

15/375g

\$4.10

37604 - Cocoa

Case Price - **\$61.50**



Mutti Pasta Sauce

6/660ml

\$5.75

63072 - Marinara

63073 - Basil

63074 - Parmigiano Reggiano

Case Price - **\$34.50**



Mutti Polpa Tomatoes

6/796ml

\$3.00

63071 - Finely Chopped

Case Price - **\$18.00**

12/796ml

63080 - Whole Peeled Tomatoes

Case Price - **\$36.00**



Italpasta Rice

12/750g

\$2.75

23188 - Arborio

Case Price - **\$33.00**

GROCERY



Betty Crocker Brownie Mix
12/550g
\$2.75
07730 - Frosted
Case Price - **\$33.00**



Chef Elite Parchment Paper
24/20pk
\$2.50
20452 - Sheets
Case Price - **\$60.00**



Old El Paso Thick n Chunky Salsa
12/650ml
\$4.13
13530 - Mild
13531 - Medium
13532 - Hot
Case Price - **\$49.50**



Select Organic Olive Oil
6/750ml
\$12.25
40084 - Extra Virgin
Case Price - **\$73.50**



Capri Oil
4/3L
\$8.25
40106 - Vegetable
Case Price - **\$33.00**
\$8.50
40107 - Canola Oil
Case Price - **\$34.00**



Dole Pineapples
24/398ml
\$1.63
20911 - Chunks In Pineapple Juice
20912 - Tidbits in Pineapple Juice
20913 - Slices In Pineapple Juice
Case Price - **\$39.00**



Bravo - Pasta Sauce
12/680ml
\$2.25
28128 - Original
Case Price - **\$27.00**



Want Want Hot Kid Rice Crisps
20/100g
\$1.95
92222 - Cheese
92223 - Unsalted
92221 - Sesame
92225 - BBQ
Case Price - **\$38.99**



Realemon Juice
12/945ml
\$2.75
21450 - Lemon Juice
Case Price - **\$33.00**

PET FOOD



Friskies Wet Cat Food

24/156g

\$1.00

- 35348 - Pate Chefs Dinner
- 35352 - Pate Chicken Dinner
- 35351 - Chunks Chicken Dinner In Gravy
- 35358 - Pate Salmon Dinner
- 35359 - Pate Seafood Supreme
- 35363 - Shredded Chicken & Salmon
- 72277 - Shredded Chicken In Gravy
- 35364 - Shredded Ocean White Fish & Tuna
- 35362 - Shredded Turkey & Cheese Dinner
- 35360 - Pate WhiteFish Tuna Dinner
- 35365 - Indoor Chkn&Trky Casserol in Gravy

Case Price - \$23.99



Beneful Dry Dog Food

6/1.6kg - 6/1.8kg

\$7.33

- 35969 - IncrediBites Real Beef - Small Dogs
- 35977 - Originals with Real Chicken

Case Price - \$43.99



Friskies Dry Cat Food

6/1.42kg - 6/1.5kg

\$5.00

- 35541 - 7 Favourite
- 35593 - Chef's Blend

Case Price - \$29.99



Tidy Cats Litter

3/2.72kg

\$12.33

- 35278 - Instant Action LW
- 35223 - Free & Clean Lightweight
- 35277 - Glade Clear Springs LW

Case Price - \$36.99

HEALTH & BEAUTY



Head & Shoulders

6/370ml

\$5.50

- 92667 - Classic Clean Shampoo
- 92668 - Classic Clean 2N1 Shampoo Conditioner

Case Price - \$33.00



Dove Body Wash

6/354ml - 6/400ml

\$5.00

- 47432 - Sensitive Skin
- 72461 - Deep Moisture
- 47436- (Men' Body+Face Wash)Extra Fresh
- 47439 - (Men) Clean Comfort

Case Price - \$30.00



Vaseline Lotion

6/295ml

\$5.50

- 72459 - Dry Skin
- 74812 - Intensive Care - Aloe Vera

Case Price - \$33.00



Q Tips

12/400pk

\$4.25

- 47470 - Cotton Swabs

Case Price - \$51.00

GENERAL MERCHANDISE



Febreze Air Freshener

6/250g

\$3.00

46990 - Air Gain Island
46989 - Bora Bora Waters

46991 - Mediterranean Lavender
93824 - Sky Linen
93827 - Spring & Renewal

Case Price - \$18.00



Cascade Platinum Dishwasher Pods

5/16ct

\$6.50

46428 - Fresh Scent

Case Price - \$32.50



Tide Liquid Laundry Detergent

4/3.9L

\$23.25

96107 - CW Clean 100L- Iris Bouquet

96108 - Free & Gentle

96109 - Original

96110 - HE 100 Load - Original

Case Price - \$93.00



Bounty Paper Towel

6/2=5

\$5.50

46927 - SAS 2=5 Roll

Case Price - \$33.00



Fleecy Liquid Fabric Softener

6/1.36L

\$4.00

46856 - Fresh Air

46857 - Calm

Case Price - \$24.00



Lysol Disinfecting Wipes

6/75ct

\$5.25

50139 - Citrus

50140 - Spring Waterfall

Case Price - \$31.50



Palmolive Dish Liquid

9/828ml

\$2.10

46583 - Lemon

72434 - Orange

72435 - Original

Case Price - \$18.90



Cashmere Bathroom Tissue

24/4Roll

\$1.50

51043 - 4Roll

Case Price - \$36.00



Scotties Facial Tissue

8/6x126ct

\$8.00

51453 - 2Ply 126ct

Case Price - \$64.00

MAPLE LEAF



Greenfield Bacon

12/375g

\$6.07

63562 - Cdn RWA

Case Price - **\$72.82**



Schneiders Wieners

12/375g

\$3.57

59457 - Regular

63520 - Cheddar

Case Price - **\$42.80**



Schneiders Red Hots

24/375g

\$3.57

63548 - Wieners

Case Price - **\$85.61**



Schneiders Juicy Jumbos

24/375g - 24/450g

\$5.18

59452 - Original

63598 - 100% Beef

Case Price - **\$124.23**



12/450g

59451 - Hot & Spicy

Case Price - **\$62.12**



Schneiders Frozen Schnitzel

6/450g

\$7.83

60897 - Chicken

60898 - Pork

Case Price - **\$46.99**



Schneiders Pepperettes

20/60g

\$1.65

59502 - Original Dry Sausage

60816 - Pepperoni

60817 - Hot Pepperoni

Case Price - **\$33.01**



Schneiders Sausages

12/375g

\$3.83

59474 - Sausage Rounds Fz

Case Price - **\$46.00**



24/375g

\$3.84

59583 - Sch Mini Sizzlers

59565 - Oktoberfest Sausage Fz

Case Price - **\$92.25**



Schneiders Breaded Chicken

6/600g

\$7.81

60876 - Spicy Strips

60875 - Original Bites

60874 - Cajun Bites

60877 - Original Crispy Tenders

Case Price - **\$46.86**

MAPLE LEAF



Maple Leaf Natural Selection

6/250g

\$4.82

63535 - Pepperoni
Case Price - **\$28.91**



8/150g - 175g

\$4.82

63543 - Shaved Roast Beef
63564 - Hickory Smoked Turkey
63565 - Shaved Italian Style Ham
Case Price - **\$38.54**



12/175g

\$4.99

59495 - Baked Ham
59496 - Honey Ham
63580 - Black Forest Ham
63581 - Or Turkey Breast
63582 - Or Chicken Breast
Case Price - **\$59.86**

12/125g 12/150g

\$4.82

63513 - 3 Ing Oven Roasted Turkey
63514 - 5 Ing Smoked Black Forest Ham
63536 - Dry Cure Genoa Salami
63537 - Dry Cure Hot Genoa Salm
Case Price - **\$57.81**



Swift Frozen Pie

24/190g

\$1.38

59597 - Beef
59596 - Chicken
59598 - Turkey
Case Price - **\$33.21**



Lunchmate Kit

12/90g - 12/120g

\$2.07

59476 - Hot Dogs
59477 - Mini Burger
59479 - Nacho Cheese
59683 - Pizza Pepperoni
59684 - 2 Cheese Pizza
59739 - Stacker Ham
59740 - Stacker Summer Sausage
59741 - Stacker Turkey
59742 - Stacker Kielbassa
59743 - Stacker Bologna
Case Price - **\$24.85**



Schneiders Frozen Chicken Wings

8/615g

\$7.12

60899 - Salt & Pepper
63981 - Honey Garlic
63982 - Texas Bbq
63983 - Extra Buttery Buffalo
Case Price - **\$56.99**



Schneiders Deli

4/1.75kg

59520 - Jumbo Summer
Case Price - **\$18.96/kg**

2/2.3kg

59553 - Baked Ham & Bacon Loaf
Case Price - **\$16.33/kg**

2/4kg

59505 - Coated Mock Chicken Loaf
Case Price - **\$14.42/kg**

2/3.95kg

59506 - Macaroni & Cheese Loaf
Case Price - **\$13.29/kg**

2/3.75kg

59542 - Blue Ribbon Bologna
Case Price - **\$11.23/kg**

REFRIGERATION



Astro Original Yogurt

1/175g
\$0.99

09017 - Strawberry
 09018 - Raspberry
 09019 - Peach
 09020 - Blueberry
 09021 - Balkan Plain
 09022 - Cappuccino

Unit Price - \$0.99



Original Balkan Yogurt

1/750g
\$3.19

09039 - 3.2% Plain
 09040 - 2% Plain
 09042 - 0% Plain

Unit Price - \$3.19



Natrel Fine Homo

1/4L
\$8.75

01010 - Fine Homo
Unit Price - \$8.75



Sealtest 1% Milk

1/237ml
\$0.79

02017 - Chocolate
Unit Price - \$0.79



Elegant Aryan Drinkable Yogurt

24/473ml
\$1.20

98194 - Plain
Unit Price - \$28.80



Cloverleaf Delectables

12/227g
\$2.99

63062 - Crab Flakes
 63065 - Lobster Flake
 63060 - Crab Legs
Case Price - \$35.88



Lunchables

16/89g - 16/138g
\$2.79

59799 - Pepperoni Pizza
 59798 - Ham
 59797 - Turkey

Case Price - \$44.64



Balderson Cheese

15/170g
\$3.99

60608 - Smoked Gouda
Case Price - \$59.85

12/200g
 60669 - 1 Year Aged Gouda
Case Price - \$47.88

16/280g
\$6.49

74747 - Royal Canadian Cheddar Aged 2 Yrs
 74749 - Champion Cheddar Aged 1 Year
Case Price - \$103.84



Icim
 12/550g
\$5.69

60474 - Turkish Labneh
Unit Price - \$68.25

12/250g
\$4.35

28799 - Halloumi Cheese
Unit Price - \$52.25

REFRIGERATION



Vitale PROSCIUTTO CRUDO

8/100g

\$5.49

77808 - With Truffles

Case Price - **\$43.92**

8/200g

\$6.99

77810 - Family Pack

Case Price - **\$55.92**



8/100g

\$3.99

76070 - Salame Milano

22689 - Hot Spianata Salami

Case Price - **\$31.92**



8/100g

\$4.49

77801 - Coppa Stagionata

Case Price - **\$35.92**



Imperial Margarine

24/212g

\$1.99

60356 - Vegetable oil

Case Price - **\$47.76**



Sundia True Fruit

12/217 ml

\$1.59

16600 - Cherry Medley

16601 - Peach

16603 - Mandarin Orange

Case Price - **\$19.08**



Oasis

8/1.6L

\$3.75

JUICE NSA

63218 - 100% Juice + Vitamin C Orange Mango

HEALTH BREAK NSA

21241 - Orange Pineapple Passion Fruit Coconut

63217 - Berry & Pomegranate

25091 - Orange Carrot Mango

21260 - Grapefruit-Hibiscus Blackberry

22953 - Concord Grape Raspberry Pomegranate

Antioxia

SMOOTHIE NSA

63220 - LF Strawberry Banana Smoothie

63222 - Green Active Smoothie

63226 - LF Tropical Mango Smoothie

63236 - LF Berry

Case Price - **\$29.99**

ORANGE JUICE

8/1.5L

\$4.50

21243 - With Pulp

21245 - No Pulp

Case Price - **\$35.99**



Sunny Delight Juice

8/1.89L

\$2.87

63334 - Smooth

63335 - Tangy

63336 - Orange Strawberry

Case Price - **\$22.99**



Pillsbury Dough

12/226g

\$1.99

62910 - Original Crescents

Case Price - **\$23.88**

12/468g

\$2.99

62925 - Chocolate Chip Cookie

Case Price - **\$35.88**

FREEZER



Elite Cake - Scoop n Serve

6/550g - 6/600g

\$5.99

64114 - Red Velvet

64176 - Tiramisu

Case Price - \$35.94



Borek Meals

15/340g

\$2.99

64243 - Twist Ricotta & Feta Cheese

Case Price - \$44.85



Bites

18/454g

\$3.49

64244 - Ricotta & Feta Cheese

42006 - Spinach & Cheese

Case Price - \$62.82



\$3.99

64245 - Ground Beef & Spices

Case Price - \$71.82



Deep Naans & Parathas

24/300g - 24/383g

\$2.59

76700 - Garlic Naan

76703 - Paneer Paratha

76701 - Tandoori Naan

76702 - Aloo Paratha (Potato)

Case Price - \$62.16



Tenderflake

12/255g - 12/397g

\$3.69

64252 - Regular Tart Shells

64253 - Deep Dish Pie Shells

64251 - Puff Pastry

Case Price - \$44.28



Stonefire Naan Dippers

12/200g

\$2.49

98012 - Original

Case Price - \$29.88



Johnsonville Sausage

12/500g

\$4.49

66702 - Mild Italian

66701 - Hot Italian

66721 - Sweet & Spicy BBQ

Case Price - \$53.88



High Liner

12/500g - 12/700g

\$7.99

20526 - Beer Battered Fillets

73320 - Crispy Breaded Fish Sticks

Case Price - \$95.88



Sonora Wrap

15/344g

\$3.99

98505 - Keto Tortillas

Case Price - \$59.85

Cantina Medium Tortillas

12/430g

\$2.49

73823 - Flour

73829 - Whole Wheat Flour

Case Price - \$29.88

Cantina Large Tortillas

12/680g

\$3.49

98511 - Whole Wheat Flour

98512 - Flour

98510 - Mercado Flour Jalapeno Tortillas - Large

Case Price - \$41.88

FREEZER



Crafty Ramen

12/500g - 12/540g

\$6.99

63020 - Chicken Sesame Ramen
63019 - Pork Miso Ramen
63021 - Tofu Miso Ramen

Case Price - \$83.88



Beyond Meat

8/2X113g

\$4.49

25690 - Beyond Burger

Case Price - \$35.92

12/340g

\$5.99

25691 - Beyond Beef

Case Price - \$71.88

Beyond Sausage

8/400g

25692 - Hot Italian

25693 - Mild Italian

Case Price - \$47.92



Red Baron Pizza

12/318g - 12/326g

\$3.99

90300 - 4 Cheese

90301 - Pepperoni

90302 - Supreme

Case Price - \$47.88



Rising Crust

14/740g - 14/875g

\$5.99

90305 - 4 Cheese

90303 - Pepperoni

90306 - Hawaiian

90304 - Supreme

Case Price - \$83.86



Cookin Greens

8/300g

\$3.59

43651 - Organic Chopped Spinach

43653 - Organic Kale Butternut Squash & Quinoa

Case Price - \$28.72

12/500g

\$3.19

43654 - Tri Colour Veggie Fries

Case Price - \$38.28



Cavendish Farm Hash Brown

12/750g

\$0.99

69120 - Classic Diced

Case Price - \$11.88



Europe's Best Fruit

12/600g

\$3.99

10001 - Bananas Berries

10002 - Summer Fruit Salad

Case Price - \$47.88

12/600g

\$4.49

10003 - Sunburst Mangoes

66753 - Sun Ripe Harvest Peaches

72774 - Sliced Strawberries

10004 - Cultivated Blueberries

66759 - Field Berry Mix

Case Price - \$53.88

12/400g

\$4.99

66754 - Select Raspberries

Case Price - \$59.88



Promise Gluten Free 4-Pack Bagels

5/280g

\$4.49

82422 - Multi Seed

82411 - Plain

Case Price - \$22.45



Kings Pastry Coffee Cake

4/750g

\$7.99

64224 - Chocolate

64225 - Cinnamon

Case Price - \$31.96



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