



Supporting Ontario's Independent
Businesses For Over 30 Years!

NEW DEALS!

DECEMBER 01 - DECEMBER 19, 2025

Independently Owned Proudly Canadian! 🍁

AD #25



ORDER NOW!



Kettle Potato Chips

12/198g

\$3.17

- 71305 - Backyard BBQ
- 71306 - Parmesan Garlic
- 71310 - Sea Salt
- 71311 - New York Cheddar
- 71312 - Sea Salt & Vinegar
- 71313 - Honey Dijon
- 71325 - Jalapeno
- 71326 - Yogurt & Green Onion

Case Price - \$37.99



Tastiez Mac & Cheese Bites

8/311g

\$4.99

- 69201 - Buffalo
- 69202 - Triangles
- 69203 - Jalapeno Bites - Cheesy

Case Price - \$39.92



Italpasta

12/900g

\$1.83

- 12158 - Spaghetti
- 12159 - Linguine
- 12160 - Elbow
- 12161 - Rotini
- 12162 - Penne Rigate
- 12163 - Rigatoni
- 12168 - Spaghettoni
- 12169 - Fusilli
- 12170 - Fettuccine
- 12171 - Traditional Orzo
- 12172 - Vermicelli
- 12180 - Scoobie Doo
- 23157 - Small Shells
- 23158 - Large Shells
- 23177 - Penne Lisce
- 27233 - Bucatini
- 27272 - Acini Di Pepe
- 27274 - Pennine Rigate
- 27275 - Bocconcini
- 27279 - Capellini
- 72777 - Baby Shells

Case Price - \$21.95



Black Diamond Cheese Bar

21/400g

\$6.60

- 60513 - Cheddar Coloured Old
- 60965 - Mozzarella
- 60964 - Medium
- 60966 - Marble

Case Price - \$138.60



Fantino & Mondello

6/200g

\$4.21

39237 - Sliced Dry Pepperoni

Case Price - \$25.28

12/100g - 12/175g

- 30047 - Calabrese Salami
- 39231 - Vino Rosso Sliced Dry Salami
- 30048 - Prosciutto
- 30049 - Genoa Salami
- 39235 - Parmigiano E Pepe Nero Glazed Dry Salami
- 39236 - Pepe Nero Cooked Sliced Capocollo
- 39238 - Sliced Salami Charcuterie Meat Trio
- 39244 - Charcuterie Trio - Chorizo Salami Prosciutto
- 39232 - Diced Original Cooked Pancetta
- 39246 - Dry Pepperoni - Cup N Crisp

Case Price - \$50.55

10/175g

- 39233 - Dry Chorizo Sausage
- 39234 - Dry Salami Original Salametti

Case Price - \$42.13



Classico Pesto Sauce

12/218ml

\$3.50

31436 - Basil

Pasta Sauce

12/410ml

- 28680 - Rosee Di Lombardia
- 31437 - Di Roma Alfredo
- 31440 - Alfredo & Roasted Garlic
- 31462 - Spicy Tomato Parmesan
- 12/600ml
- 31423 - Di Napoli Tomato & Basil
- 31425 - Di Campania Sweet Basil Marinara
- 31429 - Di Parma Four Cheese
- 31431 - Spicy Red Pepper
- 31432 - Roasted Portobello Mushroom
- 31433 - Bolognese
- 31434 - Di Sorrento Roasted Garlic & Onion
- 31435 - Di Milano Vodka
- 31445 - Fire Roasted Tomato Garlic
- 31449 - Di Liguria Tomato Alfredo
- 31457 - Italian Sausage Pepper Onion

Case Price - \$42.00



SALE PRICES IN EFFECT DECEMBER 01 - DECEMBER 19, 2025

Some illustrations in this flyer are for design purposes only and may not represent items featured.
Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors.
Minimum shipment restrictions may apply.



Dare

HOLIDAY SNACKING, MADE BETTER



PROUDLY
CANADIAN
OWNED AND MADE



Dare Wagon Wheels Cookies

12/315g

\$2.75

75725 - Original

Case Price - \$32.99



Viva Puffs Cookies

12/300g

\$2.50

74727 - Raspberry

Case Price - \$29.99



Ultimate Creme Cookies

12/290g-12/300g

\$2.75

75711 - Chocolate Fudge

75712 - Lemon

75714 - Maple

75713 - Coconut

Case Price - \$32.99



Dare Breaktime

12/250g

\$1.25

80202 - Ginger

80203 - Chocolate Chip

80200 - Coconut

80201 - Oatmeal

Case Price - \$14.99



Dare Bear Paws Soft Cookies

12/168g - 12/240g

\$3.25

04285 - Birthday Cake

75706 - Banana Bread

75707 - Brownie

75705 - Chocolate Chip

Case Price - \$38.99



Dare Real Fruit Gummies

9/180g

\$2.00

50061 - Fruit Medley

50062 - Fruit Tropical

50063 - Sours

50058 - Superfruits

50057 - Minis - Medley

Case Price - \$17.99

Dare Sour

8/200g

50056 - Juicee Bears (Peg Bag)

Case Price - \$15.99



Grissol Melba Toast

12/200g

\$2.58

04700 - Plain

04704 - Sesame

Case Price - \$30.99

Crispy Baguettes

12/120g

\$2.58

04784 - Olive Oil and Sea Salt

Case Price - \$30.99



Croutons Classic Style

12/135g

\$1.75

50069 - Creamy Caesar

50070 - Garden Herb

Restaurant Style

50071 - Garlic & Herb

50072 - Caesar

Case Price - \$20.99





Dare Breton Crackers

12/200g

\$2.50

04355 - Original
04715 - Garden Vegetable
04359 - Cracked Pepper Olive Oil
74717 - Multigrain
04356 - Reduced Salt & Fat

Simple Goodness

12/180g

82502 - Sea Salt & Olive Oil

Bites

04358 - Original
04357 - Veggie

Case Price - \$29.99

GF With Flax

12/135g

\$2.58

74719 - Original

Case Price - \$30.99



Dare Vinta Crackers

12/225g

\$2.50

04353 - Original
04354 - Rosemary Olive Oil

Case Price - \$29.99



Dare Veggie Crisps

12/100g

\$2.50

04288 - Zesty Ranch
04256 - Spicy Chipotle Cheddar

Case Price - \$29.99



Asahi Alcohol Free 0.0% Beer

4/6x330ml

\$9.50

20338 - Super Dry (Can)

Case Price - \$37.99



Grolsch - 0.0% Alcohol

6/4x500ml

\$5.50

24046 - Non Alcohol Beer

Case Price - \$32.99



Peroni Nastro Azzurro Beer 0.0%

4/6x330ml

\$9.50

20307 - Cans

20306 - Glass Bottle

Case Price - \$37.99



6/4x500ml

\$6.00

24047 - Lemon Radler Non Alcohol Beer

Case Price - \$35.99

BEVERAGE



Kiju Organic Juice

8/4x200ml

\$2.62

82010 - Tropical
82009 - Pomegranate Cherry
82002 - Orange Mango
82001 - Grape Apple
82000 - Apple

Case Price - \$20.99



Rougemont Apple Juice

6/2L

\$3.33

20023 - Mellow
20024 - McIntosh

Case Price - \$19.99



Ocean Spray Juice

8/1.77 L

\$4.87

21195 - Cranberry 100%

Case Price - \$38.99

Cocktail

8/1.89 L

\$4.50

21205 - Cranberry
75569 - Diet Cranberry
75570 - Cranberry Raspberry

Case Price - \$35.99



Sunny Delight

4/3.78L

\$5.25

63330 - California Smooth

Case Price - \$20.99



Nestea Iced Tea

8/1.89L

\$3.44

24200 - Lemon (Bottle)

Case Price - \$27.49



Cwench Sports Hydration Drink

12/500ml

\$1.92

13722 - Berry Crush
13723 - Blue Raspberry
13724 - Cherry Lime
13726 - Rainbow Swirl
13725 - Tropical Flow

Case Price - \$22.99



Belicious Sparkling Beverage

12/355ml

\$1.50

85055 - Ginger Honey
85056 - Mojito Lime
85057 - Mango Breeze
85058 - Peach Bellini

Case Price - \$17.99



Ice River Green Bottled Water

4/4L

\$1.07

72392 - Spring
72404 - Distilled

Case Price - \$4.29



Heinz Juice

12/1.36L

\$2.08

24612 - Tomato

Case Price - \$24.99



Naya Spring Water
24/600ml
\$0.21
24443 - Bottle
Case Price - \$4.99



Corona Cero Non Alcohol Beer - 0.0% Alcohol
4/6x330ml
\$10.25
24000 - Bottle
Case Price - \$40.99



2/12x355ml
\$20.50
24001 - Can
Case Price - \$40.99



Heineken - Non Alcohol Beer - 0.0%
4/6x330ml
\$10.75
75781 - Cans
75782 - Bottles
Case Price - \$42.99



Gosling's Ginger Beer
24/355ml
\$0.96
23095 - All Natural
Case Price - \$22.99



Arizona Tea
4/3.78L
\$4.50
20046 - Lemon Flavour
Case Price - \$17.99
24/680ml
\$1.06
22652 - Peach
22653 - Raspberry
22654 - Lemon
22655 - Ginseng & Honey
22656 - Arnold Palmer Half & Half Lemonade
100% All Natural
22657 - Fruit Punch
22658 - Mucho Mango
22659 - Kiwi Strawberry
Case Price - \$25.49
4/8x200ml
\$3.50
20038 - Ginseng & Honey
20040 - Lemon Flavour
Case Price - \$13.99



Busch NA Brew Beer
12/355ml
\$0.79
24090 - Non Alcohol (Can)
Case Price - \$9.49



Coors Edge Non Alcoholic Beer 0.5%
4/6x355ml
\$7.50
24065 - Cans
Case Price - \$29.99



12/12x473ml
\$1.75
24066 - Tall Can
Case Price - \$20.99



Molson Exel - 0.5%
12/12x355ml
\$0.72
75704 - Can
Case Price - \$8.69

FRONT SHOP CONFECTIONERY



Quaker Chewy Granola Bars

12/120g

\$2.42

70907 - Chocolate Chip
70908 - S'mores Bars

Dipps

12/150g - 12/156g

04860 - Peanut Butter Blast
70802 - Chocolate Chip
70803 - Caramel Nut

Case Price - \$28.99



Beaver Roasted & Salted Nuts

12/190g

\$2.33

40046 - Mixed 80% Peanuts (Tin)

Case Price - \$27.99



12/200g

\$1.83

40047 - Peanuts - Roasted Salted

Case Price - \$21.99



ONE Brands Protein Bars

12/60g

\$2.50

05181 - Birthday Cake
05180 - Maple Glazed Donut
05182 - Peanut Butter Cup
05184 - Choc Chip Cookie Dough
05185 - Blueberry Cobbler
05175 - Peanut Butter Cup
05176 - Hershey's Cookies N Creme

Case Price - \$29.99



Gatorade Protein Bars

12/80g

\$2.75

22400 - Chocolate Chip
22401 - Chocolate Caramel
22402 - Chocolate Peanut Butter

Case Price - \$32.99



Planters Assorted Nuts

12/200g

\$4.42

40042 - Deluxe Mixed 40% Cashews
Roasted with Salt

Case Price - \$52.99

12/600g

\$5.67

40045 - Dry Roasted Peanuts

Case Price - \$67.99



Peanuts In Shell

24/200g

\$1.50

40044 - Roasted With Salt

Case Price - \$35.99

24/400g

\$2.33

40043 - Roasted No Salt

Case Price - \$55.99



Poppa Corn

35/100g

\$1.77

05123 - Movie Style Popcorn

Case Price - \$61.99



Snyder's of Hanover Pretzel Pieces

12/240g

\$2.67

89181 - Cheddar Cheese
89183 - Hot Buffalo Wing
89184 - Honey Mustard & Onion
Pretzels
89182 - Mini

Case Price - \$31.99



Merci Finest Chocolate

18/200g

\$5.50

75236 - European Assortment

Case Price - \$98.99



Toblerone Chocolate

10/360g

\$9.10

73504 - Milk

Case Price - \$90.99

24/35g

\$1.12

73503 - Milk

Case Price - \$26.99



Pur Mints (Tin)

12/30g

\$1.58

82111 - Peppermint

82112 - Tangerine Tango

82113 - Spearmint

Case Price - \$18.99



Pur Gum (Blister Pack)

12/9pc

\$1.17

82114 - Bubble Gum

82115 - Spearmint

82116 - Peppermint

Case Price - \$13.99



Toffifee Candy Box

12/123g

\$2.83

75233 - Candy Box

Case Price - \$33.99



Mentos Rolls Candy

20/37g

\$0.75

74932 - Rainbow Rolls

75360 - Mint Roll

75361 - Fruit Roll

71081 - Grape Rolls

Case Price - \$14.99



Pringles Mingles Puffed Snacks

6/155g

\$4.00

76611 - Dill Pickle & Ranch

76612 - Sharp White Cheddar & Ranch

76613 - Cheddar & Sour Cream

Case Price - \$23.99



Potato Chips

12/37g - 12/39g

\$0.83

71320 - Original

71322 - Sour Cream & Onion

71337 - BBQ

Case Price - \$9.99



Grab and Go

12/67g - 12/68g

\$1.17

71383 - Original

71384 - Sour Cream & Onion

71386 - Salt & Vinegar

Case Price - \$13.99



Haribo Packaged Candy

12/170g - 12/175g

\$2.25

98273 - Rainbow Strips

98095 - Happy Cola

98096 - Starmix

98097 - Tangfastics

98098 - Twin Snakes

98099 - Goldbears

98272 - Sour Kicks

98275 - Tropifruitti

Case Price - \$26.99



Werther's Candy

14/135g

\$2.33

74315 - Original

Case Price - \$32.65

12/128g

74317 - Original Caramel

74319 - Soft Creme Caramel

Case Price - \$27.99

DISPLAYERS



Excel Gum Assortment Displayer - Bottle

90/60ct

\$4.44

96078 -

30 - EXCEL SPEARMINT 60pc BOTTLE

18 - EXCEL POLAR ICE 60p BOTTLE

24 - EXCEL WHITE BUBBLEMINT 60pc BOTTLE

18 - PEPPERMINT 60pc BOTTLE

Case Price - \$399.99



Excel Refresher Assorted Prepack - Bottle

90/Assorted

\$4.44

96089 -

24 - EXCEL REFRESHERS

STRAWBERRY 40CT

24 - EXC RFRS TROP 40PC AF

24 - EXCEL SPEARMINT 60pc BOTTLE

18 - PEPPERMINT 60pc BOTTLE

Case Price - \$399.99



M&M's Peanut Butter Mix Peg Prepack Displayer

96/95g-100g

\$2.77

15676 -

24 - M&M'S MC PGPK 100G - RSU

48 - M&M'S PN PGPK 100G AF - RSU

24 - M&M's PB Mega 95G CA - RSU

Case Price - \$265.99



Skittles Gummies Assortment Displayer

96/Assorted

\$2.71

75138 -

24 - SK GMS ORG PGPK 164G AF

24 - SKITTLES GUMMIES SOUR PEG 130G AF

24 - SKITTLES SOURS PEG PACK

Canada 140G - RSU

24 - SKITTLES ORIGINAL PEG PACK

CANADA 170G - RSU

Case Price - \$259.99



Mars Mixed Chocolate Singles - Prepack

228/Assorted

\$1.24

28337 -

96 - MARS SINGLE 52 G

36 - TWIX CARAMEL RIGHT SIZE SINGLE

72 - SNICKERS BAR 52G

24 - M&M'S PEANUT

Case Price - \$281.99



Maynard SPK Ice Pop BG Variety Floor PPD

105/150g-154g

\$2.17

76326 -

24 - SOUR PATCH KIDS EXTREME 150G

49 - SPK ICE POP MIX 150G

32 - MAYNARDS VERY BERRY 154G

Case Price - \$227.99



Bella Del Sol High Oleic Sunflower Oil Displayer

45/750ml

\$5.50

40124 - Sunflower Oil Displayer

18 - INFUSED WITH GARLIC

9 - INFUSED WITH LEMON

9 - INFUSED WITH CHILI

9 - INFUSED WITH ROSEMARY

Case Price - \$247.50



Nestle Assorted Singles Core 5 Prepack

324/42-50g

\$0.83

75421 -

114 - KIT KAT 4F 4(48X45G) PROMO

60 - AERO Milk NHL 42g

54 - COFFEE CRISP 50g

48 - SMARTIES NHL 45g

48 - KITKAT CHUNKY Milk 49g

Case Price - \$270.00

GROCERY



Nabob Coffee

6/340g

\$9.00

28540 - Bold Full City Dark

28542 - Sumatra

28543 - Breakfast Blend

28544 - 1896 Tradition Decaf

Case Price - \$53.99



Tang Crystals

20/276g

\$2.15

23700 - Orange

23704 - Raspberry

23705 - Grape

Case Price - \$42.99



Maxwell House Ground Coffee

6/864g

\$17.67

72688 - Original Roast

Case Price - \$105.99



Nescafe Espresso Concentrate

6/500ml

\$6.67

14579 - Black

Case Price - \$39.99



Celestial Tea

12/20bags

\$3.25

15228 - Peppermint
15223 - Variety Pack
15224 - Lemon Zinger
15220 - Sleepy Time

Case Price - \$38.99



Sugar Twin

12/100Pk

\$3.25

19005 - Original

Case Price - \$39.00



Nutella Spread

15/725g

\$7.90

37605 - Hazelnut with Cocoa

Case Price - \$118.50



Cheez-It Crackers

12/191g - 12/200g

\$2.75

28589 - Sharp White Cheddar
28586 - Zesty Cheddar Ranch
28588 - Original
28587 - Extra Cheesy

Case Price - \$32.99



Cream of Wheat 3 Minutes

12/800g

\$3.25

04891 - Original

Case Price - \$39.00



McCafé Premium Instant Coffee

12/100g

\$9.25

28696 - Dark Roast
28697 - Medium Roast

Case Price - \$110.99



Tim Hortons Coffee - (Bag)

6/300g

\$10.00

74998 - Decaf
74999 - Original
74997 - Whole Bean

Case Price - \$59.99



Hot Chocolate - (Can)

12/500g

\$4.67

74995 - Original

Case Price - \$55.99



Realemon Juice

12/945ml

\$2.60

21450 - Lemon

Case Price - \$31.25



McVities Digestive Biscuits

12/300g - 12/400g

\$4.25

04086 - Dark Chocolate
04087 - Original
31051 - Milk Chocolate

Case Price - \$50.99



Kellogg's Nutri Grain Bars

12/295g

\$3.00

70760 - Apple Cinnamon
70763 - Strawberry

Pop Tarts

12/384g

04468 - Chocolate Chip

04471 - Frosted Strawberry



Rice Krispies Square Bars

12/176g

70750 - Regular

Case Price - \$35.99





Heinz Ketchup

12/1L

\$4.88

43014 - Squeeze

Case Price - \$58.50



Kraft BBQ Sauce

10/455ml

\$2.25

43516 - Sweet and Sour

72421 - Chicken & Rib

72422 - Garlic

72423 - Hickory

72424 - Original

Case Price - \$22.50



Shake 'N Bake

10/142g

\$3.00

06431 - Chicken

06432 - Crispy Southern Fried

Chicken

10/152g - 10/160g

06439 - Extra Crispy

06440 - Crispy Pork

Case Price - \$30.00



Kraft Dinner Mac & Cheese

35/200g

\$1.11

13100 - Original

Case Price - \$39.00



Mutti Canned Tomatoes

12/796ml

\$3.00

63080 - Whole Peeled

Case Price - \$36.00



6/796ml

63071 - Finely Chopped

Case Price - \$18.00



Campbell's Chunky Soup

12/515ml

\$2.75

32240 - Chicken Noodle

32241 - New England Clam Chowder

32242 - Beef

32243 - Prime Rib & Vegetable

32244 - Pepper Steak & Potato

32245 - Baked Potato With Bacon

32246 - Vegetable Beef

32247 - Chicken Vegetable Pot Pie

32221 - Chicken With Rice

Case Price - \$33.00



Heinz Canned Beans

24/398ml

\$1.88

25718 - In Tomato Sauce

25728 - Deep Browned In Tomato Sauce & Pork

25738 - Deep Browned In Tomato Sauce

25748 - Deep Browned In Molasses & Pork

28104 - Tomato Sauce & Pork

28674 - British Style

25720 - Maple Style



Pasta

31177 - Alphagetti

31183 - Zoodles

Case Price - \$45.00



Campbell's Ready To Use Broth (Tetra)

12/900ml

\$2.08

32034 - Chicken

32035 - 30% Less Sodium

32039 - Vegetable

32040 - Beef

32181 - No Salt Chicken

32182 - No Salt Beef

32183 - No Salt Vegetable

Case Price - \$25.00



Hunt's Tomato Sauce

12/680ml

\$2.40

31310 - Original

Thick & Rich Pasta Sauce

31438 - Spicy Red Pepper Chillies

31441 - Original

31443 - Four Cheese

Case Price - \$28.75



VH Dipping Sauce

12/341ml

\$3.00

43592 - Sweet & Sour
43593 - Plum
43563 - Sweet Thai Chili

Case Price - \$36.00



VH Soya Sauce

12/380ml

\$2.75

43587 - Regular
43588 - Reduced Sodium

Case Price - \$33.00



Bakers Chocolate

24/225g

\$4.00

28155 - Semi Sweet
28158 - Unsweetened

Case Price - \$96.00



Pearl Mill Syrup

12/710ml

\$3.75

40165 - Lite
40166 - Butter Flavour
40167 - Original

Case Price - \$45.00



Pearl Mill Pancake Mix

12/905g

\$3.00

40161 - Buttermilk
40163 - Original

Case Price - \$36.00



Pearl Mill Complete Pancake Mix

12/905g

\$3.50

40162 - Original
40168 - Buttermilk

Case Price - \$42.00



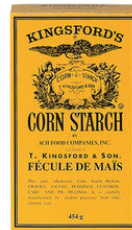
Hunt's

48/156ml

\$1.10

27110 - Tomato Paste

Case Price - \$52.75



Kingsford Corn Starch

24/454g

\$1.50

05130 - Corn Starch

Case Price - \$36.00



Flour Five Roses

10/2.5kg

\$4.95

09104 - All Purpose
73588 - Whole Wheat

Robin Hood

09123 - Unbleached

09124 - All Purpose

Case Price - \$49.50



Carnation Sterilized Cream (Can)

48/170ml

\$2.95

15523 - Thick

Case Price - \$141.50



Evaporated Milk

48/354ml

\$1.79

05004 - Can

Case Price - \$86.00



Pam Cooking Spray

12/141g - 12/170g

\$4.40

40219 - Air Fryer
40221 - With Olive Oil
40220 - Original

Case Price - \$52.75



Hunts Snack Pack Pudding

12/4x99g

\$1.75

36521 - Butterscotch

36522 - Chocolate

36534 - Vanilla

36536 - Tapioca

36551 - Vanilla NSA

36552 - Chocolate NSA

Case Price - \$21.00

GENERAL MERCHANDISE



Bounty Paper Towel

6/4=8

\$8.50

46925 - SAS 4=8 Roll 82SH

Case Price - \$51.00



Napkins

8/200ct

\$3.40

46935 - White Paper Napkins

Case Price - \$27.20



Scotties Facial Tissues

48/100ct

\$1.10

51460 - 2ply Assorted Patterns

Case Price - \$52.75



Charmin Ultra Soft Bathroom Tissue

6/8=24rolls

\$8.00

51144 - 156 Sheets

Case Price - \$48.00



Lysol Cleaner Multi Surface

9/1.2L

\$3.25

46651 - Lavender Breeze

50137 - Mango & Hibiscus

52851 - Orange

Multi Purpose

52850 - Lemon

Case Price - \$29.25



Disinfectant Wipes

12/35ct

\$2.75

50148 - Spring Waterfall

50145 - Citrus

Case Price - \$33.00



Tide Liquid Pods

6/16ct

\$5.75

46328 - Spring Meadow

46329 - Original

Case Price - \$34.50



Cascade Platinum Plus Dishwashing PODS

6/10ct

\$5.75

46433 - Fresh Scent

Case Price - \$34.50



Dawn Ultra Dishwashing Liquid EZ Squeeze

8/443ml

\$3.00

46508 - Original

Case Price - \$24.00

HEALTH & BEAUTY



Visine Eye Drops

6/15ml

\$5.25

92410 - Allergy
92415 - Original

Case Price - \$31.50



Mennen Speedstick

6/85g

\$3.65

90615 - Deodorant - Ocean Surf
73939 - Antiperspirant - Original

Case Price - \$21.90



Colgate Toothpaste

6/120ml

\$3.00

94218 - Total Clean Mint
94219 - Total Whitening

Case Price - \$18.00



Chapstick Lip Balm

12/4g

\$1.75

90960 - Original
90963 - Cherry

Case Price - \$21.00

PET FOOD



Purina One Cat Food

4/1.45kg

\$10.50

35561 - True Instinct Cat Grain Free Chicken

Case Price - \$41.99

6/1.8kg

35974 - Indoor Dry Cat

Case Price - \$62.99

Purina One Dog Food

6/1.81kg

\$9.00

75568 - Lamb & Rice
35563 - One Smartblend Small Dog

Case Price - \$53.99



Purina Beggin' Dog Snacks

6/170g

\$2.83

73547 - Bacon & Beef Flavour
73545 - Bacon Flavour

Case Price - \$16.99



Friskies Party Mix Crunch

6/170g

\$2.67

35355 - Liver Turkey
35354 - Gourmet Naturals
35356 - Ocean Shrimp Crab Tuna

Case Price - \$15.99



Whiskas Dry Cat Food

5/2kg

\$9.20

35280 - Seafood Selections- Salmon Shrimp
35287 - Meaty Selections- With Real Chicken

Case Price - \$45.99



Whiskas Temptations

12/85g

\$1.50

35545 - Hearty Beef
35546 - Savoury Salmon
35547 - Tasty Chicken
35550 - Seafood Medley Flavour
72532 - Tuna Flavour

Case Price - \$17.99



NCA Dog Food

6/1.6kg - 6/1.8kg

\$4.83

35573 - Salmon & Pea All Life Stages

Case Price - \$28.99

\$4.83

35572 - Chicken & Brown Rice

Case Price - \$28.99

4/2.27kg

\$8.00

35574 - Turkey & Rabbit Grain Free All Life Stages

Case Price - \$31.99



NCA Cat Food

6/1.5kg

\$4.83

35569 - Hairball & Weight Control - Chicken & Brown Rice

Case Price - \$28.99

\$5.00

35570 - Salmon & Pea All Life Stages

Case Price - \$29.99

6/1.4kg

\$6.17

35571 - Turkey & Rabbit Grain Free All Life Stages

Case Price - \$36.99

MAPLE LEAF



Real food for real families



Maple Leaf Ready Crisp Bacon Slices

16/65g

\$4.43

63570 - Original
59439 - Less Salt

Case Price - \$70.85

Pieces

12/85g

59587 - Original

Case Price - \$53.14



Maple Leaf Canned Meats

24/113g

\$1.79

30001 - Vienna Sausage

Case Price - \$42.95

24/156g

\$2.25

30007 - Flakes of Ham

30008 - Flakes of Ham Less Salt

30009 - Flakes of Chicken

30010 - Flakes of Turkey

30011 - Flakes of Turkey Less Salt

Case Price - \$53.92



Maple Leaf Natural Selection Shaved

6/375g

\$9.96

59508 - Turkey

59509 - Chicken

6/400g

59510 - Black Forest Ham

Case Price - \$59.78



Mina Breakfast Grill

12/375g

\$3.68

59412 - Chicken Strips

Case Price - \$44.16



Greenfield Bacon (RWA)

12/375g

\$6.47

63562 - Bacon

Case Price - \$77.59



Main Street Deli Smoked

14/250g

\$3.91

60806 - Chicken Breast

60807 - Honey Ham

60808 - Black Forest Ham

Case Price - \$54.67



Schneiders Frozen Meat Pies

12/400g

\$3.73

59515 - Chicken and Vegetable

59731 - Original Beef

60878 - Original Chicken Pies

Case Price - \$44.77



Schneiders Bacon Sliced

32/375g

\$5.79

60832 - Salt Reduced

60833 - Regular

Case Price - \$185.12

Thick Cut

12/375g

60844 - Maple

60843 - Smoked

Case Price - \$69.42

Fully Cooked Strips

12/100g

\$5.74

30044 - Original

Case Price - \$68.82



Greenfield Wieners (RWA)

12/375g

\$6.35

59504 - Original

Case Price - \$76.17



Greenfield Kit (RWA)

12/81g

\$2.36

59755 - Ham

59756 - Turkey

Case Price - \$28.29



Deli Meat

2/2.3kg

\$16.81/kg

59553 - Sch Baked Ham & Bacon Loaf

2/4kg

\$15.36/kg

59505 - Sch Coated Mock Chicken Loaf

2/3.95kg

\$14.19/kg

59506 - Sch Macaroni & Cheese Loaf

4/2.4kg

\$20.38/kg

59664 - Bittner Oven Roasted Turkey Half Pc



Schneiders Sausages Fz

24/375g

\$4.15

59583 - Sizzlers

59565 - Oktoberfest

Case Price - \$99.63

12/375g

59474 - Rounds

Case Price - \$49.82



Schneiders Pepperettes

16/375g

\$7.87

59421 - Turkey

59422 - Original

Case Price - \$125.95

18/300g

59403 - Honey Garlic

59404 - Pepperoni

59416 - European

63522 - Hot European

Case Price - \$141.70

REFRIGERATION



Lactantia UltraPur Milk (Bottle)

6/1.5L

\$5.29

03501 - 1% Chocolate



20g Protein LF NSA Milk

03504 - 2%

03505 - 3%

03506 - 0%

Case Price - \$31.74



Gay Lea Aerosol Whip Cream

12/225g

\$3.29

03093 - Coconut

03048 - Original

03049 - Light

03050 - Chocolate

Case Price - \$39.48



Sealtest Cream

1/473ml

\$2.29

03001 - 5% Light

03007 - 10% Half Half

Unit Price - \$2.29



Siggi's Yogurt

6/4x100g

\$3.99

01331 - 2%mf Strawberry

01332 - 2%mf Vanilla

Case Price - \$23.94



6/650g - 6/750g

\$5.49

01441 - 0% Plain

01442 - 0% Vanilla

01443 - 3.6% Plain

01444 - 2% Strawberry

Case Price - \$32.94



Parag All Natural Yogurt

6/650g

\$1.89

19103 - 3%

19104 - 2%

Case Price - \$11.34



Natrel Lactose Free Milk

1/2L

\$5.99

02021 - 2%

02022 - 1%

02025 - Chocolate

Unit Price - \$5.99



Natrel Fine Milk

1/4L

\$8.99

01010 - Homo

Unit Price - \$8.99



Içim Cheese

24/100g

\$1.50

28798 - Triangle

Case Price - \$36.00



12/250g

\$3.79

28799 - Halloumi

Case Price - \$45.45



Labneh

12/550g

\$5.49

60474 - Turkish

Case Price - \$65.88



Cracker Barrel Shredded Cheese

12/320g

\$6.47

28749 - Double Cheddar

60450 - Tex Mix

60452 - Mozzarella

60454 - Mozzarella Cheddar

60456 - 4 Cheese Italiano

Case Price - \$77.60



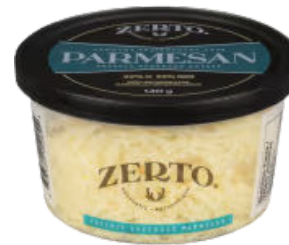
Shivani's Kitchen Paneer

20/300g

\$3.89

58311 - Malai

Case Price - \$77.77



Zerto Parmesan Cheese

12/140g

\$5.29

06075 - Shred Cups

Case Price - \$63.49



Celebrity Goat Cheese

12/113g

\$3.00

06325 - Light

06326 - Cranberry Cinnamon

Case Price - \$35.99

12/113g

\$2.92

06328 - Mediterranean

06329 - Herb & Garlic

06330 - Plain

Case Price - \$34.99



Celebrity Goat Milk Cheese

2/1kg

\$20.50

06077 - Original

Case Price - \$40.99

2/1kg

\$21.50

06108 - Crumbled

Case Price - \$42.99



Kraft Cheese

24/410g

\$4.99

61513 - Singles (22)

Case Price - \$119.76



Black Diamond Cheesestings

16/168g

\$3.55

60558 - Cheddar
60559 - Mozzarella
60557 - Marble

Case Price - \$56.80

Cheese Slices

12/410g

\$3.55

60960 - Mozzarella
60961 - Swiss

Case Price - \$42.60

24/410g

60967 - Cheddar
60968 - Light Cheddar

Case Price - \$85.20



Becel Margarine (Tub)

12/850g

\$7.65

60317 - Vegan
75469 - Olive Oil
60302 - Original

Case Price - \$91.80



Imperial Margarine (Tub)

12/850g

\$5.99

60310 - Non Hydrogenated

Case Price - \$71.88



Litehouse Dip & Spread

6/340g

\$2.99

66009 - Homestyle Ranch
66010 - French Onion
66012 - Spinach Dip

Case Price - \$17.94

Litehouse Dressing & Dip (Family Size)

6/591ml

\$4.29

66006 - Chunky Blue Cheese
66007 - Caesar
66008 - Homestyle Ranch

Case Price - \$25.74



Philadelphia Cream Cheese

24/250g

\$3.99

62208 - Original

Case Price - \$95.76

Soft

12/227g

28719 - Strawberry

62212 - Light

62214 - Original

62217 - Herb/Garlic

62219 - Salmon

28716 - Low Fat

Whipped

12/227g

62301 - Original

28779 - Chive

Case Price - \$47.88

Dips

12/227g

\$2.65

62502 - Onion

62506 - Herb & Spice

Case Price - \$31.80



Greenhouse Organic Protein Shake

6/300ml

\$3.10

75221 - Chocolate

75222 - Vanilla

75223 - Matcha

Case Price - \$18.60



Jello Refrigerated Ready To Eat Jogs

6/356g - 6/452g

\$3.11

28809 - NSA Strawberry

28812 - NSA Lemon Lime

28815 - Orange SB

28818 - Blueberry SB

28821 - NSA Chocolate

28180 - Oreo SB

Case Price - \$18.66

FREEZER



Tenderflake

12/255g - 12/397g

\$3.65

64252 - Regular Tart Shells
64253 - Deep Dish Pie Shells
64251 - Puff Pastry

Case Price - \$43.80



Elite Cake Scoop n Serve

6/550g - 6/600g

\$6.49

64114 - Red Velvet
64176 - Tiramisu

Case Price - \$38.94



Kraft CoolWhip

24/1L

\$3.51

67004 - Whipped Topping

Case Price - \$84.35



King's Pastry Coffee Cake

4/750g

\$8.65

64242 - Lemon Poppy Seed
64224 - Chocolate
64225 - Cinnamon
64241 - Wildberry

Case Price - \$34.60



Smuckers Uncrustables Sandwiches

8/208g - 8/232g

\$3.99

38642 - Chocolate Flavoured Hazelnut
38641 - Peanut Butter Strawberry
38643 - Peanut Butter & Grape
38644 - Peanut Butter & Raspberry

Case Price - \$31.92



Schaaf Loaf

12/390g

\$3.05

64209 - Lemon
64210 - Marble
64211 - Golden
64212 - Banana

Case Price - \$36.60



Mini 6 Pack

8/400g

64202 - Marble

Case Price - \$24.40



Mini Loaves

8/400g

\$4.00

64204 - Lemon

Case Price - \$32.00



\$4.45

64203 - Chocolate Brown Butter
64205 - Blueberry

Case Price - \$35.60



Billio Non Dairy Dessert

8/1L

\$6.99

94111 - Dark Chocolate
94112 - Raspberry Cranberry Hibiscus
94113 - Mango

Case Price - \$55.92



Pretzilla Soft Pretzel Bread

12/365g

\$2.99

89151 - 4 Burger Buns

Case Price - \$35.88

15/294g

89152 - 4 Sausage Buns

Case Price - \$44.85



CT Bakery Mini Donuts

15/288g - 15/366g

\$3.05

98206 - Chocolate Boston Cream
98208 - Caramel Crunch
98207 - Cookies & Cream

Case Price - \$45.75



Martin's Potato Rolls

7/425g

\$4.05

65012 - 12 Slider

Case Price - \$28.35

8/425g

\$3.85

65013 - 8 Long

Case Price - \$30.80

8/425g

\$4.00

65014 - 24 Party

Case Price - \$32.01

9/425g

\$3.55

65017 - 8 Sandwich

Case Price - \$31.95

5/723g

\$6.45

65011 - 4" Burger Buns

Case Price - \$32.25

Martin's Big Seeded Hamburger Rolls

6/510g

\$4.55

65015 - 8 Large

Case Price - \$27.30

Martin's Potato Bread

8/510g

\$3.85

65016 - Sandwich

Case Price - \$30.80



Deep Flatbread

24/300g - 24/383g

\$2.50

76700 - Garlic Naan

76703 - Paneer Paratha

76701 - Tandoori Naan

76702 - Aloo Paratha (Potato)

Case Price - \$60.00



Promise Gluten Free Tortillas

12/168g

\$4.99

82412 - Original Tortillas 4 Pack

Case Price - \$59.88



8/248g

\$4.99

82419 - 4 Pack Pitas

Case Price - \$39.92



6/240g

82418 - English Muffin 4 Pack

Case Price - \$29.94

Bagels

5/280g

\$3.99

82422 - Mult Seed 4 Pack

82411 - Plain Bagels 4 Pack

Case Price - \$19.95



Rolls

6/260g

\$4.99

82420 - Soft White Rolls 4 Pack

Case Price - \$29.94



Buns

6/260g - 6/280g

\$4.99

82415 - Brioche Hamburger Buns 4 Pack

82414 - Brioche Hotdog Bun 4 Pack

Case Price - \$29.94



Stonefire Flatbreads

12/200g

\$2.55

98012 - Naan Dippers Original

Case Price - \$30.64

10/400g

\$2.05

98103 - Plain Artisan 2Pk

Case Price - \$20.50

12/460g

\$2.71

98105 - Artisan Thin Pizza Crust 4Pk

Case Price - \$32.48



Furlani Texas Toast

8/638g

\$3.25

73945 - Garlic

73946 - Garlic Parmesan

Case Price - \$26.00



High Liner Catch of the Day

10/350g

\$3.99

76003 - English Style

76004 - Breaded Fish Fillet

20524 - Breaded Fish Fillet Pollock

Case Price - \$39.90



Janes Pub Style Chicken - Fully Cooked

6/700g

\$7.99

66575 - Nuggets

66576 - Breast Strips

66577 - Fries

66578 - Burger

Case Price - \$47.94



Pogo

12/300g

\$2.99

65110 - Original 4 Pack

Case Price - \$35.88



Kellogg's Eggo Thick & Fluffy Waffles

8/330g

\$3.45

64050 - Original

64055 - Cinnamon Brown Sugar

64056 - Blueberry

Case Price - \$27.60



Protein Waffles

12/280g

\$5.75

60021 - Strawberry Blast

60022 - Chocolate Chip Brownie

Case Price - \$69.00



McCain Deep'n Delicious Cake

6/510g

\$4.99

64064 - Chocolate

64066 - Vanilla

64070 - Marble

64071 - Cookies & Cream

66143 - Salted Caramel Cake

Case Price - \$29.94



Ocean Jewel Shrimp

10/284g - 10/340g

\$6.29

64636 - Ring with Sauce 19-22Ct

64632 - Raw Easy Peel (31/40)

Case Price - \$62.90



Pacific White Shrimp

10/340g

\$6.99

64631 - Cooked (31/40)

Case Price - \$69.90



Pizzeria Libretto

10/470g

\$7.99

31491 - Margherita

Case Price - \$79.90

10/480g

\$8.49

31492 - Vegan Margherita

Case Price - \$84.90

10/395g - 10/495g

\$9.49

31493 - Funghi

31494 - Pepperoni

Case Price - \$94.90



KD Deluxe Meal

5/340g

\$4.29

28321 - Four Cheese

28322 - Creamy Cheddar

Case Price - \$21.45



Heinz Bagel Bites Pizza Snacks

8/198g

\$2.20

66169 - Three Cheese

66170 - Cheese & Pepperoni

Case Price - \$17.60



Michelina's Green Box

8/255g - 8/284g

\$1.99

- 65673 - Lasagna with Meat Sauce
- 65674 - Lasagna Alfredo
- 65675 - Macaroni & Cheese
- 65670 - Fettuccine Alfredo

Case Price - \$15.92



Authentic Asia

12/258g - 12/350g

\$3.99

- 59002 - Shrimp Wonton Soup with Noodles
- 59000 - Thai Green Curry Chicken With Jasmine Rice

Case Price - \$47.88



Crafty Ramen Frozen Meals

12/500g - 12/540g

\$7.10

- 63020 - Chicken Sesame Ramen
- 63019 - Pork Miso Ramen
- 63021 - Tofu Miso Ramen

Case Price - \$85.20



Hungryman XL Bowls

8/369g - 8/397g

\$3.49

- 65753 - Country Fried Chicken
- 65754 - Nashville Style Hot Fried Chicken Cutlet

Case Price - \$27.92



Healthy Choice Simply

8/259g - 8/262g

\$4.75

- 65111 - Chicken Broccoli Alfredo
- 65113 - Chicken Veg Stir Fry

Case Price - \$38.00

8/283g

\$4.10

- 65112 - Meatball Marinara

Case Price - \$32.80

Gourmet Steamers

8/269g - 8/292g

\$3.99

- 65951 - Red Pepper Chicken Alfredo
- 65957 - Beef Merlot
- 65950 - Grilled Chicken Marinara
- 65953 - Sweet Sesame Chicken

Case Price - \$31.92



Marie Callender's Meal

8/333g

\$3.99

- 97070 - Lasagna with Meat Sauce

Case Price - \$31.92



Cavendish Farms Fries

12/800g

\$2.50

- 69025 - Shoestring
- 69026 - Crinkle Cut
- 69027 - Straight Cut

Case Price - \$30.01



Hash Brown Patties

24/600g

\$2.20

- 69135 - Onion Flavour
- 69136 - Classic

Case Price - \$52.80



Green Giant Vegetables

16/750g

\$3.29

- 68402 - Peaches & Cream
- 68404 - Mixed Vegetables
- 68406 - Summer Sweet Peas
- 72087 - Sweetlets
- 68400 - Niblets

Case Price - \$52.67

Valley Selection

12/400g - 12/500g

- 72254 - Asian Blend
- 72089 - California Mix
- 72253 - Japanese Mix
- 68401 - Cut Broccoli

Case Price - \$39.48



Borek Frozen Meals BITES

18/454g

\$3.55

- 64244 - Ricotta & Feta Cheese
- 42006 - Spinach & Cheese

Case Price - \$63.90

\$4.35

- 64245 - Ground Beef & Spices

Case Price - \$78.30



McCain Superfries

12/454g - 12/650g

\$3.39

69176 - Sweet Potato Plank Cut
69193 - 5 Minute Shoestring With Sea Salt
69191 - Extra Crispy Spicy
69192 - Straight Cut With Sea Salt

Case Price - \$40.68

Fries

12/650g

\$3.49

66101 - Masala

Potato Bites

12/550g

66120 - Chili Garlic

Case Price - \$41.91

Regular Fries

12/800g

\$2.29

64073 - Shoestring
64074 - Crinkle Cut
64075 - Straight Cut

Case Price - \$27.48

Breakfast

12/800g

\$2.29

69189 - Hashbrowns

Case Price - \$27.48



McCain Classic Pizza Pockets

16/300g

\$3.30

64068 - Pepperoni
64067 - 3 Cheese

Case Price - \$52.80



Yucatan Guacamole

6/227g

\$3.80

97017 - Authentic
97019 - Mild

Case Price - \$22.80

\$2.99

97011 - Spicy

Case Price - \$17.94



Crave Frozen Meals

12/200g - 12/312g

\$4.33

96861 - Bacon Egg Scramble with Cheddar Cheese
96863 - Cheesy Loaded Potatoes Angus Beef & Bacon
96834 - White Cheddar Mac & Cheese with Bacon
96862 - Buffalo Chicken Macaroni & Cheese
96865 - Spicy Korean Style Pork - Mac & Cheese
96866 - Sweet & Savoury Teriyaki Beef - Steak on Rice
96864 - Korean BBQ Inspired - Beef Bolognese

Case Price - \$51.91



Red Baron Pizza Classic Crust

16/584g - 16/664g

\$3.59

90308 - Pepperoni
90310 - Supreme
90309 - Four Meat
90307 - 4 Cheese

Case Price - \$57.44

Thin & Crispy

16/422g - 16/447g

\$2.99

90312 - Pepperoni
90311 - 5 Cheese

Case Price - \$47.84

Deep Dish Singles

12/318g - 12/326g

90300 - 4 Cheese
90301 - Pepperoni
90302 - Supreme

Case Price - \$35.88



Rising Crust

14/875g

\$5.39

90304 - Supreme

Case Price - \$75.46

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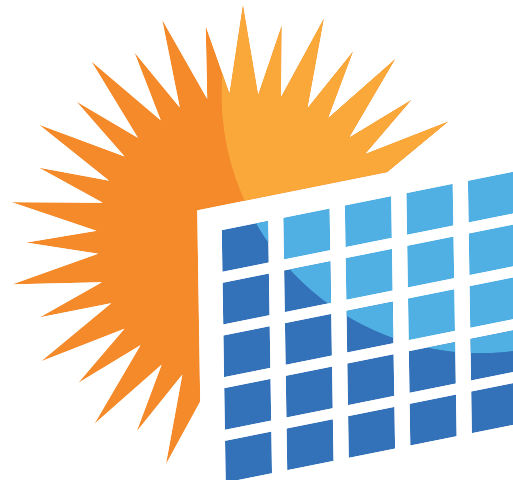


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