



CJR
WHOLESALE GROCERS

Supporting Ontario's Independent
Businesses For Over 30 Years!

NEW DEALS!

MARCH 24 - APRIL 4, 2025

Independently Owned Proudly Canadian! 🍁

AD #7



ORDER NOW!



Cracker Barrel - Shredded Cheese

12/320g

\$6.49

- 28749 - Double Cheddar
- 60450 - Tex Mex
- 60452 - Mozzarella
- 60454 - Mozzarella Cheddar
- 60456 - 4 Cheese Italiano

Case Price - \$77.88



Watson Ridge Fully Cooked Chicken

6/800g

\$4.99

- 43518 - Strips
- 43519 - Nuggets
- 43596 - Popcorn
- 43597 - Burgers

Case Price - \$29.94



Campbell's Soup

12/284ml

\$1.10

- 32090 - Tomato
- 32091 - Vegetable
- 32092 - Chicken Noodle
- 32093 - Cream of Mushroom

Case Price - \$13.25



I Can't Believe It's Not Butter Margarine

24/427g

\$2.49

- 60335 - Original

Case Price - \$59.76



Old Dutch Bleach

6/2.4L

\$2.50

- 45538 - Concentrated Formula

Case Price - \$15.00



OKF Farmers Aloe Vera Drink

12/1.5L

\$2.75

- 22752 - Mango
- 22753 - Pineapple
- 22751 - Original

Case Price - \$32.99

20/500ml

\$1.20

- 22755 - Mango
- 22756 - Pineapple
- 22757 - Watermelon
- 22758 - Pomegranate
- 22759 - Strawberry
- 22754 - Original

Case Price - \$23.99



Old Dutch Laundry Detergent

6/2L

\$2.70

- 45532 - Summer Fresh
- 45533 - Morning Breeze
- 45534 - Hypoallergenic
- 45535 - Cold Water

Case Price - \$16.20



Royale Tiger Paper Towel

8/3=5roll

\$3.25

- 51079 - 3 = 5 roll

Case Price - \$26.00

SALE PRICES IN EFFECT MARCH 24 - APRIL 4, 2025

Some illustrations in this flyer are for design purposes only and may not represent items featured. Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors. Minimum shipment restrictions may apply.





EASTER SNACKING, MADE BETTER



Dare
PROUDLY
CANADIAN
OWNED AND MADE



Breton Crackers

12/135g - 12/200g

\$2.67

- 74717 - Multigrain
- 04355 - Original
- 04715 - Vegetable
- 04356 - Reduced Salt & Fat
- 04359 - Cracked Pepper Olive Oil
- 74719 - GF Original With Flax

Bites

12/200g

- 04357 - Veggie
- 04358 - Original

Case Price - \$31.99



Vinta Crackers

12/225g

\$2.67

- 04353 - Crackers
 - 04354 - Rosemary Olive Oil
- Case Price - \$31.99**



Viva Puffs Cookies

12/300g

\$2.75

- 74727 - Raspberry
- Case Price - \$32.99**



Grissol Melba Toast

12/200g

\$2.50

- 04700 - Plain
- 04704 - Sesame

Case Price - \$29.99

Crispy Baguettes

12/120g

\$2.50

- 04784 - Olive Oil and Sea Salt

Case Price - \$29.99

Classic Style Croutons

12/135g

\$1.75

- 50069 - Creamy Caesar
- 50070 - Garden Herb

Case Price - \$20.99

Restaurant Style Croutons

12/135g

\$1.75

- 50071 - Garlic & Herb
- 50072 - Caesar

Case Price - \$20.99



Dare Wagon Wheels Cookies

12/315g

\$2.92

- 75725 - Original
- Case Price - \$34.99**



Dare Bear Paws Cookies

12/240g

\$3.00

- 75706 - Banana Bread
- 75707 - Brownie
- 75705 - Chocolate Chip

Case Price - \$35.99



Dare Breaktime Cookies

12/250g

\$1.33

- 80200 - Coconut
- 80201 - Oatmeal
- 80202 - Ginger
- 80203 - Chocolate Chip

Case Price - \$15.99



NEW!

Dare Sour Candy

8/200g

\$2.11

50056 - Juicee Bears (Peg Bag)

Case Price - \$16.89



Dare Real Fruit Gummies

9/180g

\$2.11

50061 - Fruit Medley
50062 - Fruit Tropical
50063 - Sours
50057 - Minis Medley
50058 - Superfruits

Case Price - \$18.99



NEW!

Dare Veggie Crisps

12/100g

\$2.92

04256 - Spicy Chipotle Cheddar
04288 - Zesty Ranch

Case Price - \$34.99



NEW!

Dare Breton Simple Goodness Crackers

12/180g

\$2.92

82502 - Sea Salt & Olive Oil

Case Price - \$34.99

BEVERAGE



Bai Antioxidant Infused

12/530ml

\$2.58

28182 - Malawi Mango
28184 - Molokai Coconut
28185 - Zambia Zing Cherry
28186 - Kula Watermelon
91886 - Raspberry Lemon Lime

Case Price - \$30.99



Natura Beverage

12/946ml

\$1.92

Barista Almond

22281 - Original
22282 - Vanilla
22284 - Almond & Coconut
Unsweetened
22283 - Chocolate

Organic Soy

22288 - Soy Unsweetened

Organic Oat GF

22285 - Unsweetened Original Oat

Organic Rice

74601 - Fortified Rice Beverage - Original

Case Price - \$22.99



C4 Energy Drink

12/473ml

\$2.58

91882 - Frozen Bombsicle
91883 - Twisted Limeade
91884 - Watermelon Ice
91885 - Grape Popsicle

Case Price - \$30.99



Del Monte Nectar

12/960ml

\$1.83

73063 - Mango Nectar
73064 - Peach Nectar
73069 - Pear Nectar
73089 - Guava Nectar
16616 - Passion Fruit Nectar

Case Price - \$21.99



Oasis Juice

12/960 ml

\$1.75

22950 - Exotic Mango
22954 - Tropical Passion
22951 - Hydrafruit Tropical Fruits
73161 - Pure Breakfast
73169 - Apple Juice from Concentrate
73170 - Apple Grape
73172 - Pineapple Banana Orange
22947 - Hydrafruit Peach
73903 - 10 Vegetable Cocktail
74936 - Hydrafruit Watermelon - Apple
22956 - Classic 100% Wildberry Juice

Case Price - \$20.99



Arizona Tea

12/960ml

\$1.75

- 20034 - Ginseng and Honey Green Tea
- 20035 - Lemon Iced Tea
- 20039 - Zero Cal Ginseng and Honey
- 20044 - Peach
- 20041 - Raspberry Iced Tea

Case Price - \$20.99



Rubicon Juice

12/1L

\$2.08

- 22247 - Mango
- 22248 - Guava
- 22249 - Lychee
- 22250 - Pomegranate
- 22253 - Passionfruit
- 22254 - Soursop Guanabana

Case Price - \$24.99



8/4x200ml

\$2.37

- 22256 - Juice Drink Mango
- 22257 - Juice Drink Lychee
- 22258 - Juice Drink Guava
- 22259 - Juice Drink Passion Fruit

Case Price - \$18.99

\$2.50

- 22265 - Kids - Pineapple Coconut
- 100% Juice NSA

Case Price - \$19.99



12/1L

\$2.67

- 22266 - Exotic Mango NSA
- 22267 - Pomegranate Sour Cherry NSA

Case Price - \$31.99

\$2.17

- 22264 - Pineapple Coconut

Case Price - \$25.99



Fiji Water

24/500ml

\$1.21

24400 - Natural

Case Price - \$28.99

4/6x330ml

\$6.25

24481 - 6 pack

Case Price - \$24.99



12/1L

\$2.17

24402 - Natural

Case Price - \$25.99



12/700ml

\$2.08

24403 - Natural

Case Price - \$24.99

12/1.5L

\$2.50

24404 - Natural

Case Price - \$29.99



Eska

12/500ml

\$0.27

24415 - Natural Spring Water

Case Price - \$3.29



4/4L

\$1.50

24422 - Natural Spring Water

24423 - Demineralized Water

Case Price - \$5.99



Rubicon Coconut Water

8/1L

\$3.50

22255 - Organic Coconut Water

Case Price - \$27.99

12/330ml

\$1.67

22263 - Organic Coconut Water NAS

Case Price - \$19.99



ZOA Energy Drink - Zero Sugar

12/355ml

\$1.83

91800 - Wild Orange

91802 - Cherry Limeade

91803 - Tropical Punch

91805 - Zero Sugar - Frosted Grape

Case Price - \$21.99



Coors Edge Non Alcoholic Beer - 0.5% Alcohol

4/6x355ml

\$7.50

24065 - Can

Case Price - \$29.99

12/12x473ml

\$1.75

24066 - Can

Case Price - \$20.99



Molson Exel Non Alcoholic Beer - 0.5% Alcohol

12/12x355ml

\$0.75

75704 - Can

Case Price - \$8.99



Allen's Juice

4/8x200ml

\$2.87

22860 - Tetra Apple Juice

22862 - Tetra Fruit Punch

22864 - Tetra Strawberry Banana

20001 - Grape Cocktail

22865 - Tetra Peach

20002 - Lemonade

Case Price - \$11.49



Heineken Non Alcoholic Beer - 0.0% Alcohol

4/6x330ml

\$10.50

75781 - Can

75782 - Bottle

Case Price - \$41.99

FRONT SHOP CONFECTIONERY



Betty Crocker Fruit Snacks Fruit By The Foot

12/128g

\$3.00

71117 - Berry

71118 - Variety Pack

71123 - Starburst

Case Price - \$35.99



Fruit Roll Ups

10/141g

\$3.00

71120 - Tropical Tie Dye

71121 - Blastin Berry

07701 - Jolly Rancher

Case Price - \$29.99



Gushers

10/138g

\$2.92

07709 - Grape

71119 - Variety Pack

Case Price - \$29.20



Poppa Corn

35/100g

\$1.80

05123 - Movie Style Popcorn

Case Price - \$62.99



Lucky Elephant

24/135g

\$2.67

24791 - Butter Caramel Popcorn

Case Price - \$63.99

24/60g

\$1.96

24792 - Cotton Candy

Case Price - \$46.99



Betty Crocker DunkAroos Vanilla Cookies

6/168g

\$3.50

07724 - Rainbow Frosting
07725 - Chocolate Frosting

Case Price - \$20.99



General Mills Reese's Puffs Treat Bars

12/120g

\$3.00

10234 - Peanut Butter and
Cocoa

Case Price - \$35.99



Made Good

6/100g - 6/132g

\$3.17

- 10500 - Chocolate Banana minis
- 10501 - Chocolate Banana Organic Soft Baked Mini Cookies
- 10503 - Granola Minis Chocolate Chip (Pouch)
- 10505 - Vanilla Organic Crispy Squares
- 10506 - Chocolate Chip Organic Crispy Squares
- 10509 - Granola Bars Cookies & Creme
- 10510 - Mixed Berry Organic Granola Bars
- 10511 - Drizzled Granola Bars Birthday Cake
- 10512 - Star Puffed Cracker Cheddar
- 10513 - Drizzled Granola Bars Cookie Crumble
- 10515 - Strawberry Organic Granola Bars
- 10519 - Crunchy Oat Bites - Vanilla Drizzled
- 10583 - Granola Bars - Chocolate Chip
- 10504 - Strawberry Mini (Pouch)



Mornings Soft Baked Oat Bars

6/5x30g

10517 - Blueberry Flavour

10518 - Chocolate Chip

Case Price - \$18.99

Good To Go

6/40g

\$1.50

88011 - Blondies Chocolate Chip

88012 - Brownies Double
Chocolate Chip

Case Price - \$8.99

Crunchy Cookies

6/200g

\$4.00

10581 - Vanilla

10582 - Chocolate Chip

Case Price - \$23.99



Larabar

16/45g - 16/48g

\$1.31

74244 - Peanut Butter
Chocolate Chip

74242 - Cashew

74243 - Chocolate Brownie

Case Price - \$20.99



Natures Valley Granola Bar Sweet & Salty

12/192g - 12/210g

\$3.00

71049 - Cashew

71047 - Peanut

71048 - Almond

71050 - Mixed Nuts

71001 - Dark Chocolate

71005 - Salted Caramel Chocolate

Crunchy

12/210g - 12/230g

71043 - Oats N Dark Chocolate

71002 - Roasted Almond

71003 - Oats N Honey



Lunch Box

12/130g

71044 - Double Chocolate

71045 - Chocolate Chip Peanut

Trail Mix

12/175g

71040 - Fruit and Nut

Case Price - \$35.99

Soft Baked Muffin Bars

6/175g

\$3.50

71008 - Apple Cinnamon

71009 - Blueberry

Case Price - \$20.99





Haribo Candy

12/175g

\$2.42

- 98095 - Happy Cola
 - 98096 - Stamix
 - 98097 - Tangfastics
 - 98098 - Twin Snakes
 - 98099 - Goldbears
 - 98272 - Sour Kicks
 - 98273 - Rainbow Strips
 - 98275 - Tropifruitti
 - 98094 - Peaches
- Case Price - \$28.99**



Hershey's Family Bar

12/108g - 12/120g

\$2.55

- 73130 - Reese Peanut Butter
 - 75499 - Cookies N Creme
- Case Price - \$30.65**



- 14/90g - 14/100g
 - 73131 - Milk Chocolate
 - 75489 - Almond
 - 75492 - Milk Chocolate with Skor
 - 75497 - Birthday Cake
 - 75498 - Cookies N Cream Graham Clusters
- Case Price - \$35.70**



12/200g - 12/210g

\$4.67

- 73699 - Reeses Minis - Milk Chocolate & Peanut Butter Cups
 - 55304 - OH Henry - Crunchy Peanuts Chewy Fudge
- Case Price - \$55.99**



Lenny & Larry Complete Cookie

12/113g

\$2.33

- 10525 - White Chocolaty Macadamia
 - 10526 - Double Chocolate
 - 10527 - Chocolate Chip
 - 10528 - Peanut Butter Chocolate Chip
- Case Price - \$27.99**



While Quantities Last

Werther's Original

12/200g

\$5.00

- 74375 - Maple Eclair
- Case Price - \$59.99**



Beaver Mixed Nuts 80% Peanuts

12/190g

\$2.17

- 40046 - Tin
- Case Price - \$25.99**



Beaver Roasted Peanuts

12/200g

\$1.92

- 40047 - Salt
- Case Price - \$22.99**



Sun-Rype Good Bites

8/150g

\$2.75

- 05925 - Chocolate Chip
 - 05926 - Coconut Lemon
 - 05927 - Coconut Classic
 - 05928 - Chocolate Macaroon
- Case Price - \$21.99**



Planter's Nuts

12/200g

\$4.42

- 40042 - Deluxe Mixed Nuts 40% Cashews Roasted with Salt
- Case Price - \$52.99**



While Quantities Last

Lindt Chocolate

16/100g

\$8.06

- 71930 - Lindor Gold Bunny
- Case Price - \$128.99**



While Quantities Last

Hershey Chocolate

36/34g

\$1.00

- 28888 - Reeses Peanut Butter Egg
- Case Price - \$35.99**

GROCERY



Billy Bee Honey

12/375g

\$6.00

37005 - Squeeze Bear

Case Price - \$72.00



Nutella Hazelnut Spread

15/725g

\$7.80

37605 - Cocoa

Case Price - \$117.00



Tim Tam Cookies

24/175g - 24/200g

\$4.00

04261 - Caramel

04262 - Original

04263 - Dark Chocolate

04264 - Double Coat

Case Price - \$95.99



Betty Crocker Super Moist Cake Mix

12/375g - 12/404g

\$1.95

72393 - Rainbow Bit

07708 - White

07712 - Chocolate Fudge

07714 - Golden Vanilla

07707 - French Vanilla

07710 - Devils Food

07717 - Cherry Chip

07719 - Lemon

Case Price - \$23.45



Betty Crocker Frosting

12/340g - 12/450g

\$1.95

07750 - Whipped Fluffy White

07753 - Cream Cheese

07754 - Creamy Deluxe Chocolate

07752 - French Vanilla

Case Price - \$23.45



Tim Hortons Coffee - (Bag)

6/300g

\$8.50

74998 - Decaf

74999 - Original

75000 - Dark Roast

74997 - Whole Bean

Case Price - \$50.99

Hot Chocolate - (Can)

12/500g

\$4.00

74995 - Original

Case Price - \$47.99



Naturoney Honey

12/375g

\$4.25

47021 - Canadian Squeeze

47024 - Goldenrod Squeeze

47023 - Quebec Squeeze

Case Price - \$51.00

\$5.00

47025 - Creamy Canadian

Case Price - \$60.00

12/750g

\$7.75

47020 - Canadian Squeeze

Case Price - \$93.00





Redpath Sugar

10/1Kg

\$2.67

09220 - Icing

Case Price - \$26.67

\$3.00

09224 - Demerara

Case Price - \$30.00

20/1Kg

\$2.29

09222 - Dark Brown

Case Price - \$45.83

\$2.24

78401 - Golden Yellow

Case Price - \$44.72



Hershey's Chipits

18/200g - 18/270g

\$4.50

28891 - White Creme

28898 - Dark Chocolate

28893 - Milk Chocolate

28892 - Chips Semi Sweet

Case Price - \$81.00



Kellogg's Cereal

12/500g

\$5.30

10015 - Bran Buds Psyllium

Case Price - \$63.59

10/340g

\$5.00

10036 - Corn Flakes

Case Price - \$49.99



12/575g

\$4.50

10040 - Corn Flake Crumbs

Case Price - \$53.99



12/300g - 12/320g

\$5.00

10060 - Corn Pops

10061 - Froot Loops

Case Price - \$59.99

16/435g

10037 - Frosted Flakes Strawberry Milkshake

Case Price - \$79.99



General Mills Cereal

14/350g

\$3.40

10230 - Cheerios

Case Price - \$47.59

12/317g

10248 - Strawberry Banana Cheerios

Case Price - \$40.79

10/342g - 10/430g

10224 - Multi Grain Cheerios

10225 - Honeynut Cheerios

Case Price - \$33.99



12/300g - 12/380g

\$3.40

10216 - Nesquik

10223 - French Toast Crunch

10226 - Lucky Charms

10227 - Cinnamon Toast Crunch

10228 - Golden Grahams

10229 - Reese Puffs

10249 - CinnaGraham Toast Crunch

10290 - Cinnamon Toast Crunch Rolls

28896 - Reeses Puffs Minis Cereal

Case Price - \$40.79

10/340g - 10/437g

\$3.90

10255 - Rice Chex Gluten Free

10244 - Oatmeal Crisp - Maple Nut

10245 - Oatmeal Crisp - Triple Berry

10246 - Oatmeal Crisp - Almond

Case Price - \$38.99



Quaker Gluten Free Crispy Minis

12/90g - 12/100g

\$2.50

04882 - Brown Rice Cakes - Magic Masala

04853 - Butter Popcorn

04862 - Bbq

04864 - Ketchup

04866 - Sweet Chili

04868 - Cheddar Cheese

04870 - Sour Cream & Onion

04873 - Dill Crunchy

04876 - All Dressed Rice Chips

Case Price - \$29.99



Quaker Cereal

12/350g - 12/450g

\$3.50

72258 - Life Whole Grain - Original

74331 - Cap'n Crunch

Case Price - \$41.99



Club House Gravy Mix

18/21g - 12/25g

\$0.50

- 58142 - Brown
- 58143 - Mushroom
- 58144 - Pork
- 58145 - Turkey
- 58146 - Chicken
- 58147 - Onion
- 58148 - Brown 25% Less Salt
- 58149 - Chicken 25% Less Salt
- 58150 - Turkey 25% Less Salt

Case Price - \$9.00



Seasoning Mix

12/30g - 12/47g

\$0.60

- 58126 - Chili
- 58127 - Sloppy Joe
- 58128 - Meat Marinade
- 58129 - Beef Stew
- 58120 - Chili Hot and Spicy
- 58121 - Beef and Broccoli Stir Fry
- 58122 - Shepherd's Pie
- 58123 - Super Burger
- 58124 - Taco
- 58125 - Oriental Stir Fry
- 58130 - Meatloaf
- 58131 - Spaghetti Sauce
- 58133 - Mesquite Marinade
- 58138 - Taco 25% Less Salt Gluten Free
- 58139 - Poutine Gravy 25% Less Salt Gluten Free

Case Price - \$7.20



Organic Spice

12/10g - 12/57g

\$1.50

- 58195 - Ground Turmeric
- 58197 - Crushed Red Pepper
- 58196 - Cayenne Pepper
- 58198 - Ground Garlic Powder
- 58202 - Paprika
- 58200 - Ground Cumin
- 58201 - Oregano Leaves
- 58204 - Thyme Leaves
- 58205 - Basil Leaves
- 58206 - Ground Black Pepper
- 58207 - Ground Coriander
- 58208 - Ground Ginger
- 58213 - Onion Powder
- 58214 - Italian Seasoning
- 58215 - Curry Powder
- 58216 - Chili Powder
- 58217 - Dill Weed
- 58199 - Ground Cinnamon
- 58203 - Rosemary Leaves

Case Price - \$18.00



KFI Cooking Sauces

12/375ml

\$3.88

- 43457 - Butter Chicken
- 43458 - Tikka Masala

Case Price - \$46.50



Mott's Clamato Rimmer

12/200g

\$2.67

- 24793 - The Original

Case Price - \$31.99



Campbell's Chunky Soup

12/515ml

\$2.75

- 32242 - Beef
- 32243 - Prime Rib & Vegetable
- 32244 - Pepper Steak & Potato
- 32245 - Baked Potato With Bacon
- 32246 - Vegetable Beef
- 32247 - Chicken Vegetable Pot Pie
- 32221 - Chicken With Rice

Case Price - \$33.00



JL Kraft Pure Salad Dressing

12/355ml

\$4.75

- 41008 - Fig Balsamic
- 41010 - Honey & Shallots
- 41011 - Classic Italian

Case Price - \$57.00



Fleischmann's Yeast

12/113g

\$3.90

05128 - Traditional
06011 - Quick Rise

Case Price - \$46.75

Yeast Envelopes

20/3x8g

\$1.50

05126 - Quick Rise
05127 - Traditional

Case Price - \$30.00



Mutti Tomatoes

12/398ml

\$2.15

12126 - Organic Peeled
12127 - Organic Diced
12183 - Cherry
63084 - Baby Roma

Case Price - \$25.75



Primo Tomatoes

24/796ml

\$1.88

27311 - Diced Plum
27312 - Crushed (No Salt Added)

Case Price - \$45.00

Pizza Sauce

12/375ml

\$1.83

11130 - Squeeze Garlic and Basil
11132 - Hot & Spicy
31461 - Squeeze Regular

Case Price - \$21.95



Moresh Olive Oil

6/500ml

\$7.25

40058 - Extra Virgin

Case Price - \$43.50



Clover Leaf

24/170g

\$2.50

29551 - Low Sodium Solid White Tuna (Albacore)
29570 - Solid White Tuna (Albacore)
29572 - Flaked White Tuna In Water
29573 - Chunk White Tuna In Water

Case Price - \$60.00



Kraft BBQ Sauce

10/455ml

\$2.70

43516 - Sweet and Sour
72421 - Chicken & Rib
72422 - Garlic
72423 - Hickory
72424 - Original

Case Price - \$27.00

Dole Pineapple In Pineapple Juice

24/398ml

\$1.75

20911 - Chunks
20912 - Tidbits
20913 - Slices

Case Price - \$42.00



Heinz Condiments

12/375ml

\$1.00

02023 - Yellow Mustard

Case Price - \$12.00

\$2.50

43010 - Tomato Ketchup Squeeze

Case Price - \$30.00

Italpasta

12/375g - 12/500g

\$1.88

12173 - Oven Ready Lasagne
12153 - Lasagne Regular

Case Price - \$22.50



Unico Oil

4/3 L

\$8.50

40092 - Vegetable

Case Price - \$34.00

GENERAL MERCHANDISE



Major Lighters

50/1ct

\$0.24

77018 - Major Lighters

Case Price - \$12.00



Old Dutch Fabric Softener

6/1.6L

\$3.50

45539 - Gentle Fresh

Case Price - \$21.00



Charmin Bathroom Tissue

5/8TR

\$7.95

51148 - Ultra Strong 8=24

51149 - Ultra Soft 8=24

Case Price - \$39.75



Lysol Cleaner

9/1.2L

\$3.25

46651 - Lavender Breeze - Multi Surface

52850 - Lemon - Multi Purpose

52851 - Orange Scent - Multi Surface

50137 - Mango & Hibiscus

Case Price - \$29.25

Disinfectant Wipes

12/35ct

\$2.75

50145 - Citrus

50148 - Spring Waterfall

Case Price - \$33.00



Tide Liquid Pods

6/16ct

\$5.50

46328 - Spring Meadow

46329 - Original

Case Price - \$33.00



HEALTH & BEAUTY



Listerine Antiseptic Mouthwash

6/250ml

\$3.00

92511 - Cool Mint

92512 - Fresh Burst

Case Price - \$18.00



Children's Advil

6/100ml

\$7.75

90935 - Grape

90940 - Bubble Gum

Case Price - \$46.50



Tylenol

6/24 pack

\$3.42

90900 - Regular Strength 325mg eZ

Case Price - \$20.50

PET FOOD



NCA Dog Food

6/1.6kg - 6/1.8kg

\$4.83

35573 - Salmon & Pea All Life Stages
35572 - Chicken & Brown Rice

Case Price - \$28.99

4/2.27kg

\$8.00

35574 - Turkey & Rabbit Grain Free All Life Stages

Case Price - \$31.99



NCA Cat Food

6/1.5kg

\$4.83

35569 - Hairball & Weight Control - Chicken & Brown Rice

Case Price - \$28.99

\$5.00

35570 - Salmon & Pea All Life Stages

Case Price - \$29.99

6/1.4kg

\$6.17

35571 - Turkey & Rabbit Grain Free All Life Stages

Case Price - \$36.99



Cesar Wet Dog Food

24/100g

\$1.54

35691 - Beef
35694 - Filet Mignon
35696 - Turkey

Case Price - \$36.99



Whiskas Cat Food

6/1.5kg

\$8.83

73570 - Hairball Control Dry With Real Chicken

Case Price - \$52.99

Wet Cat Food

24/100g

\$1.21

35281 - Chicken Dinner

35282 - Tender Beef

35289 - Tuna & Whitefish

35285 - Savoury Salmon

Case Price - \$28.99



Real food for real families



Maple Leaf Bacon

32/375g

\$5.67

59428 - Original
59429 - Lazy Maple
59430 - Salt Reduced

Case Price - \$181.38



Maple Leaf Ready Crisp Bacon

16/65g

\$5.08

63570 - Slices
59439 - Slice Ls

Case Price - \$81.34

12/85g

59587 - Pieces

Case Price - \$61.01



Maple Leaf Fully Cooked Breakfast Sausage

12/300g

\$5.25

60819 - Patties
59670 - Links

Case Price - \$62.98



Greenfield Wieners

12/375g

\$6.05

59504 - Cdn Rwa

Case Price - \$72.57



Maple Leaf Natural Selection

6/250g

\$4.92

63535 - Pepperoni

Case Price - \$29.52

8/175g

63564 - Hickory Smoked Turkey
63565 - Shaved Italian Style Ham

Case Price - \$39.36

12/175g

59495 - Baked Ham
59496 - Honey Ham
63580 - Black Forest Ham
63581 - Oven Roasted Turkey Breast
63582 - Oven Roasted Chicken Breast

Case Price - \$59.04

12/150g

63536 - Dry Cure Genoa Salami
63537 - Dry Cure Hot Genoa Salmi

Case Price - \$59.04



Shopsy's Wieners

24/375g

\$2.87

59758 - Regular

Case Price - \$68.88



Schneiders Sausages

12/375g

\$3.95

59474 - Sausage Rounds Fz

Case Price - \$47.36

24/375g

\$3.96

59583 - Sch Mini Sizzlers
59565 - Oktoberfest Sausage Fz

Case Price - \$94.96



Schneiders Pepperettes

20/60g

\$1.69

59502 - Original Dry

60816 - Pepperoni

60817 - Hot Pepperoni

Case Price - \$33.83



Lunchmate Kit

12/90g - 12/120g

\$2.13

59476 - Hot Dogs

59477 - Mini Burger

59479 - Nacho Cheese

59683 - Pizza Pepperoni

59684 - 2 Cheese Pizza

59739 - Stacker Ham

59740 - Stacker Summer Sausage

59741 - Stacker Turkey

59742 - Stacker Kielbassa

59743 - Stacker Bologna

Case Price - \$25.58



Maple Leaf Prime RWA Chicken

6/700g

\$7.81

30055 - Nuggets

30059 - Popcorn

30060 - Strips

30061 - Dino Nuggets

30062 - Burgers

Case Price - \$46.86

Chicken Wings

8/695g

\$7.84

77831 - Honey Garlic

77832 - BBQ

77833 - Buffalo

Case Price - \$62.73



Prime Frozen Chicken Stuffed RWA

6/568g

\$7.81

30058 - Ham & Mozzarella

30056 - Broccoli & Cheddar

30057 - Chicken Butter & Chive

Case Price - \$46.86



Fantino & Mondello

6/200g

\$3.94

39237 - Sliced Dry Pepperoni

Case Price - \$23.62

10/175g

39233 - Dry Chorizo Sausage

39234 - Dry Salami Original Salametti

Case Price - \$39.36

12/100g - 12/175g

39231 - Vino Rosso Sliced Dry Salami

39232 - Diced Original Cooked Pancetta

39235 - Parmigiano E Pepe Nero Glazed Dry Salami

39236 - Pepe Nero Cooked Sliced Capocollo

39238 - Sliced Salami Charcuterie Meat Trio

39244 - Charcuterie Trio - Chorizo Salami Prosciutto

39246 - Dry Pepperoni - Cup N Crisp

Case Price - \$47.23

8/175g

39243 - Thin Sliced Salametti - Original

Case Price - \$31.49



Tenderflake

36/454g

\$3.91

59612 - Lard

Case Price - \$140.59



Schneiders Deli Ham

12/700g

\$10.87

59461 - Original 1/2

59460 - Fat Free & Less Sodium Half

Case Price - \$130.38



Maple Leaf Smoked Ham

12/600g

\$10.31

59640 - Original

Case Price - \$123.74



Bittner

4/2.4kg

\$20.41/kg

59664 - Oven Roasted Turkey Half Pc



Schneiders Salami

2/800g

\$19.27/kg

59555 - Dry Cured German Salami

2/930g

\$19.27/kg

59690 - Salsa Salami

REFRIGERATION



Oasis

8/1.6L

\$4.00

Health Break

- 21241 - Orange Pineapple Passion Fruit Coconut Omega 3 NSA
- 63217 - Berry & Pomegranate with Antioxia NSA
- 25091 - Immuniforce Orange Carrot Mango NSA
- 21260 - Grapefruit Hibiscus Blackberry Collagen NSA
- 22953 - Concord Grape Raspberry Pomegranate Antioxia

100% Juice + Vitamin C

- 63218 - Orange Mango NSA

Smoothie Lactose Free

- 63236 - NSA Berry
 - 63220 - NSA Strawberry Banana
 - 63222 - Smoothie Energy Vitamins NSA Green Activ
 - 63226 - NSA - Tropical Mango
- Case Price - \$31.99**



Pillsbury Crescent Rolls

12/226g

\$1.99

62910 - Original

Case Price - \$23.88



Dose Energy Shot

6/4x60ml

\$8.49

- 91898 - Ginger Lime Guayusa
- 91899 - Ginger & Turmeric
- 91897 - Ginger & Turmeric - Extra Strength

Case Price - \$50.94



Del Monte Orange Juice

6/2.5L

\$5.83

- 16620 - Morning Sunshine NSA - No Pulp
- 16619 - Morning Sunshine NSA - With Pulp
- 16621 - Pineapple Orange

Case Price - \$34.99



Fruite Drink

8/1.54L

\$2.50

- 21917 - Refrigerated Lemonade
 - 21918 - Refrigerated Orange
 - 21919 - Refrigerated Grape
 - 21985 - Lemon Iced Tea
- Case Price - \$19.99**



Simply Juice Orange Juice

6/2.63L

\$8.17

- 22894 - With Pulp NFC
- 22897 - Pulp Free NFC

Case Price - \$48.99



Icim Labneh

12/550g

\$5.99

60474 - Turkish

Case Price - \$71.88



Icim Cheese

12/250g

\$4.59

28799 - Halloumi

Case Price - \$55.08



Parag Fresh All Natural Yogurt

6/650g

\$2.00

19103 - 3%

19104 - 2%

Case Price - \$11.99

6/650g

\$2.25

19105 - 6%

Case Price - \$13.49



Lighthouse Dip & Spread

6/340g

\$2.99

66009 - Homestyle Ranch

66010 - French Onion

66012 - Spinach Dip

Case Price - \$17.94



Dressing & Dip (Family Size)

6/591ml

\$3.99

66006 - Chunky Blue Cheese

66007 - Caesar

66008 - Homestyle Ranch

Case Price - \$23.94



Balderson Cheese

15/170g

\$4.59

60608 - Smoked Gouda

Case Price - \$68.85

12/200g

\$4.50

60669 - 1 Year Aged Gouda

Case Price - \$54.00

10/250g

\$6.99

15403 - Truffle Cheddar

Case Price - \$69.90

18/250g

60617 - Double Smoked Cheddar

Case Price - \$125.82

16/280g

74748 - Aged Cheddar 3 Years

Case Price - \$111.84

Aged Cheddar

10/500g

\$9.99

60616 - 1 Year

Case Price - \$99.90

\$10.99

60618 - 2 Years

Case Price - \$109.90

60619 - 3 Years

Case Price - \$119.90



Becel Margarine (Tub)

12/850g

\$7.49

60302 - Margarine Original Plant Based Oil

60317 - Vegan Margarine

75469 - Olive Oil

Case Price - \$89.88



Sealtest Partly Skimmed Milk

1/473ml

\$1.49

02016 - 1% Choc

Unit Price - \$1.49



Natrel Whipped Cream

1/400g

\$5.99

03131 - Aerosol

Unit Price - \$5.99



1/225g

\$3.25

03130 - Aerosol

Unit Price - \$3.25



Tonica Kombucha

12/355ml

\$2.75

55053 - Luminous Peach

55054 - Golden Lime

55055 - Grapefruit Glow

55062 - Lemonade Twist

55064 - Pineapple Sparkle

55050 - Mango Shine

55051 - Crisp Ginger

55052 - Blueberry Spark

Case Price - \$32.99

6/1.1L

\$5.83

55056 - Crisp Ginger

55057 - Blueberry Spark

55058 - Luminous Peach

55059 - Golden Lime

55060 - Grapefruit Glow

55061 - Lemonade Twist

Case Price - \$34.99



Low Sugar

12/355ml

\$2.33

55068 - Lime Lust

55075 - Grapefruit Fizz

55076 - Berry Bounce

55077 - Ginger Twist

Case Price - \$27.99



Natrel Fine Filtered Milk

1/4L

\$7.99

01011 - 2%

Unit Price - \$7.99

FREEZER



Beyond Meat

8/2X113g

\$4.99

25690 - Beyond Burger

Case Price - \$39.92

12/340g

\$7.29

25691 - Beyond Beef

Case Price - \$87.48

Beyond Sausage

8/400g

25692 - Hot Italian

25693 - Mild Italian

Case Price - \$58.32



Elite Cake Scoop n Serve

6/550g - 6/600g

\$5.99

64114 - Red Velvet

64176 - Tiramisu

Case Price - \$35.94



High Liner

12/500g - 12/700g

\$7.99

20526 - Beer Battered Fillets

73320 - Crispy Breaded Fish Sticks

Case Price - \$95.88



Butchers Selection Stampede Pork Back Ribs

12/680g
\$4.99

66524 - Texas BBQ
Case Price - \$59.88



Red Baron Pizza Thin & Crispy

16/422g - 16/447g
\$3.99

90311 - 5 Cheese
90312 - Pepperoni

Classic Crust

16/584g - 16/664g
90308 - Pepperoni
90307 - 4 Cheese
90309 - Four Meat
90310 - Supreme
Case Price - \$63.84



Stonefire Flatbreads Mini Naan

14/200g
\$1.59

98011 - 4 Pack Original
Case Price - \$22.26



14/200g
\$1.99
98104 - Garlic
Case Price - \$27.86



18/250g
\$1.59
98000 - Naan Original 2Pk
98100 - Naan Roasted Garlic 2Pk
Case Price - \$28.62



Smuckers Uncrustables Sandwiches

8/208g - 8/232g
\$3.99

38642 - Chocolate Flavoured Hazelnut
38641 - Peanut Butter Strawberry
38643 - Peanut Butter & Grape
Case Price - \$31.92



Promise Gluten Free Brioche Buns

6/260g - 6/280g
\$4.99

82415 - Hamburger 4 Pack
82414 - Hotdog 4 Pack
Case Price - \$29.94



ACE Bakery

30/275g
\$1.19

04739 - Multigrain Ciabatta Demi (Parbaked)
Case Price - \$35.70



30/225g
\$1.49

04738 - Olive Ciabatta 12in (Parbaked)
Case Price - \$44.61



\$1.69

04756 - Red Pepper & Sundried Tomato
Case Price - \$50.70



25/200g
\$1.69

04708 - Cheddar Onion Demi Baguette (Parbaked)
Case Price - \$42.25



20/390g
\$1.69

04734 - Ciabatta Lunga (Parbaked)
Case Price - \$33.80

18/400g
\$1.69

04755 - Ciabatta Lunga Cluster
Case Price - \$30.42

20/350g
\$1.99

04731 - White Baguette Eng (Parbaked)
Case Price - \$39.80



Kellogg's Eggo Waffles

12/280g
\$3.49

64021 - Blueberry
64048 - Cinnamon Toast
64054 - Strawberry Flavour
64022 - Chocolate Chip
Case Price - \$41.88



24/280g
64020 - Waffles Regular
Case Price - \$83.76



Eggo Pancakes

16/280g
\$3.49

64039 - Buttermilk
Case Price - \$55.84



Cool Whip

24/1 L
\$3.49

67004 - Topping
Case Price - \$83.76



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