



**CJR**  
WHOLESALE GROCERS

Supporting Ontario's Independent  
Businesses For Over 30 Years!

# NEW DEALS!

APRIL 7 - APRIL 18, 2025

Independently Owned Proudly Canadian! 🍁



ORDER NOW!



## Cavendish Farms

12/800g

**\$2.50**

69025 - Shoestring Cut Fries  
69026 - Crinkle Cut Fries  
69027 - Straight Cut Fries

**Case Price - \$30.01**



## Furlani's Texas Toast

8/638g

**\$3.59**

73946 - Garlic Parmesan  
**Case Price - \$28.72**

12/326g

**\$3.59**

74883 - Stuffed Breadsticks  
Mozzarella

**Case Price - \$43.08**

20/284g

**\$1.99**

06021 - Garlic Bread  
**Case Price - \$39.80**



## Italpasta

12/900g

**\$1.75**

12158 - Spaghetti  
12159 - Linguine  
12160 - Elbow  
12161 - Rotini  
12162 - Penne Rigate  
12163 - Rigatoni  
12168 - Spaghettini  
12169 - Fusilli  
12170 - Fettuccine  
12171 - Traditional Orzo  
12172 - Vermicelli  
12180 - Scoobie Doo  
23157 - Small Shells  
23158 - Large Shells  
23177 - Penne Lisce  
27233 - Bucatini  
27272 - Acini Di Pepe  
27274 - Pennine Rigate  
27275 - Bocconcini  
27279 - Capellini  
72777 - Baby Shells

**Case Price - \$20.95**



## Heinz Ketchup

12/1L

**\$4.90**

43014 - Squeeze

12/750ml

28110 - Squeeze

28464 - Low Sodium

28677 - No Sugar Added

**Case Price - \$58.80**



## Cardinal Roadhouse

6/6x170g

**\$11.49**

66544 - Angus Beef Burger

**Case Price - \$68.94**



9/6x142g

**\$10.49**

66547 - Sirloin Beef Burger

**Case Price - \$94.41**



6/8x113g

**\$11.49**

66535 - Veggie Burger

**Case Price - \$68.94**



## Terra Delyssa

6/1L

**\$11.50**

40082 - Extra Virgin Olive Oil

**Case Price - \$69.00**



## Classico Pasta Sauce

12/218ml

**\$3.90**

31436 - Pesto Sauce - Basil

12/410ml

31440 - Alfredo & Roasted Garlic

31437 - Di Roma Alfredo

28680 - Rosee Di Lombardia

31462 - Spicy Tomato Parmesan

12/600ml

31423 - Di Napoli Tomato & Basil

31425 - Di Campania Sweet Basil

Marinara

31431 - Spicy Red Pepper

31432 - Portobello Mushroom

31433 - Bolognese

31445 - Fire Roasted Tomato Garlic

31449 - Tomato Alfredo

31457 - Italian Sausage Pepper Onion

12/650ml

31429 - Di Parma Four Cheese

31434 - Di Sorrento Roasted Garlic &

Onion

31435 - Di Milano Vodka

**Case Price - \$46.80**

**SALE PRICES IN EFFECT APRIL 7 - APRIL 18, 2025**

Some illustrations in this flyer are for design purposes only and may not represent items featured.  
Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors.  
Minimum shipment restrictions may apply.





# Spring Into Clean!



**Lysol Toilet Bowl Cleaner**  
9/710ml  
**\$3.00**  
46648 - Power  
50141 - with Bleach  
**Case Price - \$27.00**



**Lysol Disinfectant Wipes**  
12/35ct  
**\$2.75**  
50145 - Citrus  
50148 - Spring Waterfall  
**Case Price - \$33.00**



**Lysol Disinfectant Spray**  
12/350g  
**\$4.90**  
50146 - Crisp Linen  
50138 - Mango & Hibiscus  
**Case Price - \$58.80**




**Mr. Clean Multi Surface Disinfectant**  
9/680ml  
**\$2.15**  
46692 - Meadows & Rain  
46693 - Summer Citrus  
**Case Price - \$19.35**




**Clean Freak Multi-Surface Cleaner**  
6/473ml  
**\$5.25**  
46682 - Lemon Zest  
**Case Price - \$31.50**



**Royale Paper Towel**  
4/6rolls  
**\$9.50**  
51060 - Paper Towel 6=12  
**Case Price - \$38.00**




**Pine-Sol**  
12/828ml  
**\$2.95**  
72452 - Regular  
**Case Price - \$35.40**



**Clorox Bleach**  
6/2.4L  
**\$4.95**  
49449 - Original  
**Case Price - \$29.70**



**Windex Glass Cleaner**  
12/765ml  
**\$5.50**  
49000 - Original Trigger  
**Case Price - \$66.00**



**Allens Cleaning Vinegar**  
6/2.5L  
**\$3.75**  
42104 - Double Strength  
**Case Price - \$22.50**



# BEVERAGES



## Two Bears Beverages

6/207ml

**\$2.33**

- 14140 - Chai Tea Latte With Oat Milk
- 14141 - Black Coffee Frothed Latte Oat Milk
- 14142 - Vanilla Coffee Frothed Latte
- 14143 - Salted Caramel Coffee Frothed Latte
- 14144 - Dairy Vanilla Latte
- 14145 - Dairy Mocha Latte
- 14146 - Dairy Salted Caramel Latte

**Case Price - \$13.99**

## Two Bears Protein Latte

12/250ml

**\$2.33**

- 14147 - Double Chocolate
- 14148 - Vanilla

**Case Price - \$27.99**



## Natura Beverage

12/946ml

**\$2.25**

## Barista Almond

- 22281 - Original
- 22282 - Vanilla
- 22284 - Almond & Coconut Unsweetened

## Organic Soy

- 22288 - Unsweetened
- 22287 - Cappuccino

## Organic Oat GF

- 22285 - Unsweetened Original Oat

## Organic Rice

- 74601 - Fortified Rice Beverage - Original

**Case Price - \$26.99**



## Sleeman Zero Non Alcohol Beer

4/6x355ml

**\$8.25**

- 24070 - Electrolytes & Coconut Water

**Case Price - \$32.99**



## Jones

12/355ml

**\$1.17**

- 23006 - Blue Bubblegum
- 23004 - Cream Soda
- 23008 - Green Apple
- 23000 - Orange & Cream
- 23019 - Sour Mango Melon
- 23002 - Root Beer
- 23007 - Strawberry Lime
- 23017 - Watermelon
- 23011 - Berry Lemonade

**Case Price - \$13.99**



## Arizona Tea

12/960ml

**\$1.75**

- 20034 - Ginseng and Honey Green Tea
- 20035 - Lemon Iced Tea
- 20039 - Zero Cal Ginseng and Honey
- 20044 - Peach
- 20041 - Raspberry Iced Tea

**Case Price - \$20.99**



## Sunny Delight Juice

12/500ml

**\$1.08**

- 63326 - Tangy Original
- 73039 - Smooth California

**Case Price - \$12.99**



## Oasis Juice

12/960ml

**\$1.75**

- 22954 - Classic 100% Tropical Passion Juice
- 22951 - Hydrafruit Tropical Fruits
- 73161 - Pure Breakfast Juice
- 73169 - Apple Juice Concentrate
- 73170 - Apple Grape Juice
- 73172 - Classic Pineapple Banana Orange Juice
- 73903 - 10 Vegetable Cocktail
- 74936 - Hydrafruit Watermelon Apple Juice
- 22950 - Exotic Mango

**Case Price - \$20.99**



### Del Monte Nectar

12/960ml

**\$1.83**

- 73063 - Mango Nectar
  - 73064 - Peach Nectar
  - 73069 - Pear Nectar
  - 73089 - Guava Nectar
  - 16616 - Passion Fruit Nectar
  - 22966 - Pineapple
- Case Price - \$21.99**



### Kiju Organic Juice

12/1L

**\$2.75**

- 82011 - Tropical
  - 82006 - Pomegranate Cherry
  - 82007 - Orange Mango
  - 82008 - Grape Apple
  - 82005 - Apple
- Case Price - \$32.99**



8/4x200ml

**\$2.62**

- 82009 - Pomegranate Cherry
  - 82002 - Orange Mango
  - 82001 - Grape Apple
  - 82000 - Apple
  - 82010 - Tropical
- Case Price - \$20.99**



### Eska Water

24/500ml

**\$0.21**

- 74091 - Natural Spring Water
- Case Price - \$4.99**

12/1.5L

**\$0.75**

- 24417 - Natural Spring Water
- Case Price - \$8.99**



### Allens Juice

6/1.89L

**\$3.00**

- 20051 - Cranberry Cocktail
  - 20052 - Cranberry Diet Cocktail
  - 20053 - Cranberry Raspberry Cocktail
  - 72227 - Apple Juice Beverage
  - 75859 - Mellow Apple Juice
- Case Price - \$17.99**

# FRONT SHOP CONFECTIONERY



### Clif Bar Snacks

12/68g

**\$1.67**

- 73327 - Almond Fudge
  - 73354 - Crunchy Peanut Butter
  - 73356 - Chocolate Macadamia
  - 73359 - Chocolate Chip
  - 75789 - PB Banana Dark Choc
- Case Price - \$19.99**



12/68g

**\$1.83**

- 74614 - Builders Chocolate PB
  - 74615 - Builders Chocolate
  - 74616 - Builders Chocolate Mint
- 12/50g
- 74628 - Nut Butter Chocolate PB
- Case Price - \$21.99**



### Kind Bars

12/40g

**\$1.25**

- 72510 - Almond Mint Dark Chocolate
  - 72526 - Dark Chocolate Cherry Cashew
  - 72528 - Peanut Butter Dark Chocolate
  - 74275 - Caramel Almond & Sea Salt
  - 74274 - Dark Chocolate Nuts & Sea Salt
- Case Price - \$14.99**



12/50g

**\$1.67**

- 76098 - Crunchy Peanut Butter
  - 76099 - Dark Chocolate Nut
- Case Price - \$19.99**





### KIND Healthy Grains Clusters

6/312g

**\$4.50**

74277 - Peanut Butter

74279 - Oats & Honey

**Case Price - \$26.99**



### KIND Breakfast Bar

5/200g

**\$3.40**

75553 - Peanut Butter

75554 - Almond Butter

75555 - Dark Chocolate Cocoa

**Case Price - \$16.99**



### KIND Dipped Clusters

8/113g

**\$3.75**

75556 - Dark Chocolate Vanilla Cashew

75557 - Dark Chocolate Almond Butter

**Case Price - \$29.99**



### KIND Oats

8/175g

**\$3.37**

74755 - Oats & Honey with Toasted Coconut

**Case Price - \$26.99**



### Hershey's King Size Bars

24/62g - 24/85g

**\$1.67**

73123 - Reese Peanut Butter

72288 - Eatmore

72290 - Reese Sticks

73120 - Oh Henry

75408 - Oh Henry - Peanut Butter

**Case Price - \$39.99**



18/96g

55308 - Oh Henry Nutty

**Case Price - \$29.99**

### Reese Big Cups

16/79g

73153 - with Caramel

75934 - Pieces

74453 - PB

**Case Price - \$26.69**

36/34g

**\$1.00**

28888 - Reeses Peanut Butter Egg

**Case Price - \$35.99**



### Calbee Harvest Snaps

12/71g - 12/94g

**\$2.33**

04766 - Original

04767 - Black Pepper

04768 - Caesar

04790 - White Cheddar

74841 - Tomato Basil

### Crunchy Loops

80400 - Kick N BBQ

80401 - Sour Cream & Onion

**Case Price - \$27.99**



### Quest Nutrition Protein Bars

12/1ct

**\$3.42**

04480 - Choc Chip Cookie Dough

04485 - Cookies & Cream

04486 - Birthday Cake

04488 - Oatmeal Choc Chip

12/50g

04490 - Dipped Choc Chip Cookie Dough

04495 - Dipped Cookies & Cream



### Butter Cups

12/42g

04489 - Peanut

**Case Price - \$40.99**



### Protein Cookies

12/1ct

**\$3.08**

04482 - Choc Chip

04483 - Peanut Butter

**Case Price - \$36.99**



### Tortilla Style Protein Chips

8/32g

**\$3.25**

04491 - Nacho Cheese

04492 - Loaded Taco

04493 - Chili Lime

04494 - Spicy Sweet Chili

**Case Price - \$25.99**



### Wrigley's Excel Gum (Bottle)

6/40ct - 6/60ct  
**\$4.67**

- 75108 - Polar Ice
- 75109 - Sugar Free - White
- 75110 - Juicy Fruit Sugar Free Original
- 75111 - Sugar Free Spearmint
- 96084 - Peppermint
- 96085 - Refreshers Sugar Free Strawberry
- 96086 - Refreshers SF Blueberry
- 96087 - Refreshers SF Tropical



### Wrigley's 5 Megapack

6/35ct  
 75198 - Spearmint SF - Rain  
 75199 - Peppermint SF - Cobalt  
**Case Price - \$27.99**



### Terra Chips

12/141g  
**\$3.92**

- 04510 - Original Low Sodium
  - 04511 - Mediterranean
  - 04513 - Sweet Potato NSA
  - 04514 - Sweets & Beets
  - 04508 - Sour Cream & Onion
  - 04507 - Sweet Potato Sea Salt
- Case Price - \$46.99**



### Planters In Shell Peanuts

24/400g  
**\$2.37**

40043 - Roasted No Salt  
**Case Price - \$56.99**



24/200g  
**\$1.50**

40044 - Roasted With Salt  
**Case Price - \$35.99**



### Planters Roasted Cashews

12/200g  
**\$5.00**

40041 - No Salt  
 40040 - With Salt  
 40048 - Lightly Salted  
**Case Price - \$59.99**



### Butterfinger Bars

18/105g  
**\$1.72**

10283 - King Size  
**Case Price - \$30.99**



36/54g  
**\$1.06**

72681 - Singles  
**Case Price - \$37.99**



### Twizzlers Candy

24/75g - 24/90g  
**\$1.00**

76138 - Cherry Nibs  
 76130 - Strawberry  
**Case Price - \$23.99**



### Lindt Chocolate - Easter

16/100g  
**\$5.55**

71930 - Gold Bunny  
**Case Price - \$88.79**

# DISPLAYERS



### Nestle Assorted Singles Prepak

324ct/42-50g  
**\$0.79**

75421 - Core 5  
 114 - KIT KAT 4F 4(48X45G) PROMO  
 60 - AERO Milk NHL 42g  
 54 - COFFEE CRISP 50g  
 48 - SMARTIES NHL 45g  
 48 - KITKAT CHUNKY Milk 49g  
**Case Price - \$255.96**



# GROCERY



**Old Bay Seasoning**

12/74g  
**\$2.75**

58212 - Original  
**Case Price - \$33.00**



**Rice A Roni**

12/177g - 12/227g  
**\$1.15**

74328 - Fried  
74326 - Spanish  
74330 - Chicken Flavored  
**Case Price - \$13.85**



**Fry's Cocoa**

12/226g  
**\$5.33**

70669 - Premium  
**Case Price - \$64.00**



**Tang Drink Mix**

6/2.2kg  
**\$8.50**

23701 - Crystal Orange (Tin)  
**Case Price - \$50.99**



**Rice Up Popped  
Brown Rice Chips**

12/120g  
**\$2.17**

71295 - Pizza  
71296 - Cheese  
71297 - BBQ  
71298 - Sour Cream & Onion  
71299 - Wasabi  
**Case Price - \$25.99**



**Rice Up Brown  
Rice Cakes**

12/120g  
**\$1.67**

71206 - Himalayan Salt  
71207 - Quinoa & Chai  
71208 - 7 Super Seeds  
**Case Price - \$19.99**



**McVities Digestive  
Biscuits**

12/300g-12/400g  
**\$4.25**

04086 - Dark Chocolate  
04087 - Original  
31051 - Milk Chocolate  
**Case Price - \$50.99**



**Maxwell House  
Instant Coffee**

12/150g  
**\$5.83**

14527 - Original Roast  
**Case Price - \$69.99**



**Twinnings Tea**

6/30g - 6/40g  
**\$4.50**

15165 - Earl Grey Tea (20ct)  
15168 - English Breakfast (20ct)  
15169 - Pomegranate & Raspberry  
15169 - Pure Peppermint  
15170 - Lemon & Ginger  
15171 - Pure Camomile  
15172 - Camomile Honey Vanilla  
**Case Price - \$26.99**



**Voortman** NEW!

12/300g  
**\$2.25**



99500 - Vanilla Wafers  
99501 - Chocolate Wafers  
99502 - Strawberry Wafers  
99503 - Raspberry Turnover  
99504 - Blueberry Turnover  
99505 - Strawberry Turnover  
**Case Price - \$26.99**



**Jif Peanut Butter**

8/1kg  
**\$5.25**

38633 - Creamy  
38634 - Crunchy

12/500g  
**3.50**

38636 - Creamy  
38635 - Crunchy  
**Case Price - \$42.00**



**Natural Honey Farms**

12/750g  
**\$6.95**

73680 - Pure Natural Honey  
**Case Price - \$83.40**



### Green Giant Canned Vegetables

12/341ml - 12/398ml

**\$1.58**

- 26132 - Sweet Corn No Salt & Sugar
- 26728 - Summer Sweet Peas Less Salt
- 72985 - Peas & Carrots

**Case Price - \$18.95**



24/341ml - 12/398ml

- 26126 - Niblets Kernel Corn
- 26133 - Peaches & Cream Corn
- 25320 - Cut Green Beans
- 26726 - Sweetlet Peas
- 26125 - Cream Style Corn

**Case Price - \$37.90**



### Kellogg's Cereal

14/400g

**\$4.57**

10078 - Vector

**Case Price - \$63.99**



### Spam Luncheon Meat

12/340g

**\$4.00**

- 30530 - Original
- 72586 - Lite
- 75354 - Low Sodium

**Case Price - \$48.00**



### Derlea Seasoning

12/125g

**\$1.50**

34357 - Minced Garlic

**Case Price - \$18.00**

12/120g

**\$2.00**

34360 - Minced Ginger

**Case Price - \$24.00**



### Knorr Sidekicks Pasta

8/120g - 8/136g

**\$1.87**

- 13317 - Sour Cream & Chive
- 13321 - Creamy Parmesan
- 72381 - Chicken
- 13311 - Butter & Herb

**Case Price - \$14.95**



### Terra Delyssa Olive Oil

6/500ml

**\$6.50**

40081 - Extra Virgin

**Case Price - \$39.00**



### All Purpose Flour

10/2.5kg

**\$5.25**

- 09104 - Five Roses
- 09124 - Robin Hood

### Whole Wheat Flour

73588 - Five Roses

### Unbleached Flour

09123 - Robin Hood

**Case Price - \$52.50**



### Hellmann's Mayonnaise

10/890ml

**\$5.75**

- 72184 - Olive Oil
- 72185 - Regular
- 72186 - Half Fat

**Case Price - \$57.50**

### Squeeze

12/750ml

- 41378 - Olive Oil
- 41379 - Regular
- 41380 - Light
- 41384 - Spicy

**Case Price - \$69.00**



### Ocean Spray Cranberry Sauce

24/348ml

**\$2.30**

- 38904 - Whole Berry
- 38908 - Jellied

**Case Price - \$55.25**



### Bertolli Vinegar

12/500ml

**\$2.75**

- 42100 - White Wine Vinegar
- 42102 - Red Wine Vinegar

**Case Price - \$33.00**

12/500ml

**\$4.00**

- 42153 - Balsamic Vinegar of Modena
- 42154 - White Balsamic Vinegar

**Case Price - \$48.00**



### Mutti Pasta Sauce

6/660ml

**\$6.00**

- 63072 - Marinara
- 63073 - Basil
- 63074 - Parmigiano Reggiano

**Case Price - \$36.00**





**Heinz Canned Beans**  
24/398ml  
**\$1.88**

**Beans**  
25718 - In Tomato Sauce  
25728 - Deep Browned In Tomato Sauce & Pork  
25738 - Deep Browned In Tomato Sauce  
25748 - Deep Browned In Molasses & Pork  
28104 - Tomato Sauce & Pork  
28674 - British Style  
25720 - Maple Style

**Canned Pasta**  
31177 - Alphagetti  
31183 - Zoodles  
**Case Price - \$45.00**



**Dainty Rice**  
10/900g  
**\$1.95**  
11110 - Brown  
**Case Price - \$19.50**  
**\$5.25**  
11111 - Basmati  
**Case Price - \$52.50**  
**\$4.50**  
11112 - Jasmine  
**Case Price - \$45.00**  
**Parboiled**  
**\$2.50**  
11119 - Conditioned  
**Case Price - \$25.00**



**Stove Top Stuffing Mix**  
12/120g  
**\$1.75**  
06407 - Chicken  
06410 - Turkey  
**Case Price - \$21.00**



**Carnation Canned Milk**  
48/354ml  
**\$1.88**  
05004 - Evaporated  
**Case Price - \$90.00**

# GENERAL MERCHANDISE



**Royale Bathroom Tissue**  
24/4Roll  
**\$1.75**  
51075 - 4Roll Original  
**Case Price - \$42.00**

# HEALTH & BEAUTY



**Tylenol**  
6/24 pack  
**\$4.00**  
90900 - Regular Strength 325mg eZ  
90903 - Extra Strength 500mg  
**Case Price - \$24.00**  
6/10 pack  
**\$4.50**  
72187 - Cold Extra Strength Day Night  
**Case Price - \$27.00**



**SoftSoap Hand Soap**  
6/221ml  
**\$1.50**  
47488 - Fresh Breeze  
47489 - Milk & Golden Honey  
47490 - Aloe Vera Pump  
47491 - Aquarium Pump  
81200 - Juicy Peach  
**Case Price - \$9.00**

# PET FOOD



## Friskies Dry Cat Food

6/1.42kg - 6/1.5kg

**\$6.00**

35541 - 7 Favourite  
35593 - Chef's Blend

**Case Price - \$35.99**



# Real food for real families



## Schneiders Bacon

32/375g

**\$5.62**

60832 - Salt Reduced  
60833 - Regular Sliced

**Case Price - \$179.84**



## Smoked Bacon - Thick Cut

12/375g

60843 - Hickory  
60844 - Hardwood Maple

**Case Price - \$67.44**



## Schneiders Juicy Jumbo

12/450g

**\$5.33**

59451 - Hot Spicy  
**Case Price - \$63.96**

24/375g - 24/450g

59452 - Original  
63598 - 100% Beef

**Case Price - \$127.92**



## Schneiders Naturally Hardwood Smoked Sausages

12/375g

**\$5.07**

72432 - Classic Cheddar

59459 - Garlic & Honey

59455 - Oktoberfest

63587 - Classic Recipe

59458 - Spicy Sicilian

63517 - Spicy 3 Cheese Jalapeno

**Case Price - \$60.89**



## Schneiders Weiners

24/375g

**\$3.41**

63548 - Red Hots

**Case Price - \$81.92**

12/375g

59457 - Regular

**Case Price - \$40.96**

**\$5.20**

59456 - All Beef

**Case Price - \$62.36**



## Schneiders Meat Pies

12/400g

**\$3.74**

59515 - Chicken & Veg

59731 - Original Beef

60878 - Original Chicken

## Quiche

12/330g

63519 - Original

**Case Price - \$44.90**





### Schneiders Bologna

12/375g - 12/500g

**\$5.63**

- 59401 - All Beef Bolo
- 12/500g
- 59464 - Dutch Treet
- 59466 - Blue Ribbon Thick-Sl
- 59467 - Blue Ribbon Thin-Sl
- 63596 - Blue Ribbon
- Case Price - \$67.53**



### Greenfield Adult Kit Raised Without Antibiotics

12/81g

**\$2.13**

- 59755 - Ham Kit
- 59756 - Turkey Kit
- Case Price - \$25.58**



### Schneiders Naturally Smoked

8/250g

**\$4.90**

- 59491 - Pepperoni Chub
- Case Price - \$39.20**

12/250g

- 59490 - Slim Stik Pepperoni

**Case Price - \$58.79**

10/160g

**\$4.52**

- 59437 - Hot Rod Snack Packs
- Case Price - \$45.20**



### Deli Meat

2/800g

**\$19.27/kg**

- 59555 - Schneiders Dry Cured German Salami

4/2.4kg

**\$20.41/kg**

- 59664 - Bittner Oven Roasted Turkey Half Pc

2/930g

**\$19.37/kg**

- 59690 - Schneiders Salsa Salami

# REFRIGERATION



### Vitale

8/100g

**\$4.29**

- 22689 - Hot Spianata Salami
- 76069 - Spianata Romana
- 76070 - Salame Milano
- 77802 - Calabrese salami
- 77811 - Salami Trio

**Case Price - \$34.32**

**\$4.59**

- 76071 - Antipasto Italiano
- 76072 - Prosciutto Crudo
- 77801 - Coppa Stagionata

**Case Price - \$36.72**

8/70g

**\$3.29**

- 77804 - Prosciutto Crudo
- 77805 - Salame Milano
- Case Price - \$26.32**

8/80g - 8/100g

**\$5.59**

- 77812 - Bresaola (Beef)
- 77808 - Prosciutto Crudo with Truffles
- Case Price - \$44.72**



### Earths Own Beverages

6/1.89L

**\$2.99**

- 70701 - Unsweetened Original Almond
- 70702 - Unsweetened Vanilla Almond
- 70795 - Chocolate Almond
- Case Price - \$17.94**



6/1.75L

**\$3.19**

- 70704 - Vanilla Oat
- 70703 - Original Oat
- 70792 - Almond Original
- 70793 - Unsweetened Original Almond
- 70794 - Unsweetened Vanilla Almond
- 70738 - Unsweetened Original Zero Sugar GF Oat
- Case Price - \$19.14**



**\$3.29**

- 70705 - Chocolate Oat
- Case Price - \$19.74**

**\$3.59**

- 70742 - Original Glyphosate Free GF Oat
- Case Price - \$21.54**



### Derlea Spread

12/250g

**\$1.60**

- 34350 - Garlic
- Case Price - \$19.25**



### Becel Plant Based Brick

12/454g

**\$4.59**

60315 - Unsalted  
60316 - Salted

**Case Price - \$55.08**



### I Can't Believe It's Not Butter

24/212g

**\$1.79**

60358 - Original

**Case Price - \$42.96**



### Greenhouse Organic Protein Shake

6/300ml

**\$3.10**

75221 - Chocolate  
75222 - Vanilla  
75223 - Matcha

**Case Price - \$18.60**



### Oasis Orange Juice

8/1.5L

**\$4.00**

21243 - No Pulp  
21245 - With Pulp

**Case Price - \$31.99**



### Cloverleaf Delectables

12/227g

**\$2.99**

63062 - Crab Flakes  
63065 - Lobster Flake  
63060 - Crab Legs

**Case Price - \$35.88**



### Del Monte Juice

8/1.6L

**\$3.00**

16825 - Morning Sunshine Orange  
72174 - Pineapple Breeze  
72175 - Pineapple & Orange  
72177 - Guava & Mango Blend

**Case Price - \$23.99**



### Sunny Delight

8/1.89L

**\$3.00**

63335 - Smooth  
63334 - Tangy  
63336 - Orange Strawberry

**Case Price - \$23.99**



### Renee's Salad Dressing

6/350ml - 6/355ml

**\$3.99**

63377 - Balsamic Vinaigrettes  
63448 - Spring Herb Italian  
63449 - Mediterranean Greek  
63451 - Sweet Onion  
63452 - Asian Sesame  
63454 - Honey Dijon Mustard  
63467 - Creamy Caesar Pourable  
63373 - Greek Feta  
63375 - Ranch  
63376 - Blue Cheese  
63444 - Cucumber Dill  
63445 - Poppy Seed Half Fat  
63446 - Coleslaw  
63447 - Southwest Ranch  
63477 - Poppy Seed Regular With Onion

**Case Price - \$23.94**

12/355ml

63370 - Caesar  
63372 - Caesar Half Fat  
63442 - Mighty Caesar

**Case Price - \$47.88**



### Philadelphia Chip Dip

12/227g

**\$2.99**

62502 - Onion  
62506 - Herb & Spice

**Case Price - \$35.88**



### Sealtest Skimmed Milk

1/237ml

**\$0.79**

02017 - 1% Chocolate

**Unit Price - \$0.79**



### Sealtest Cream

1/473ml

**\$2.30**

03001 - 5% Light Cream  
03007 - 10% Half Half

**Unit Price - \$2.30**



### Jello Ready to Eat

6/356g - 6/452g

**\$3.49**

28809 - Nsa Strawberry  
28812 - Nsa Lemon Lime  
28815 - Orange  
28818 - Blueberry  
28821 - Nsa Chocolate  
28180 - Oreo

**Case Price - \$20.94**



### Astro Balkan Yogurt

6/750g

**\$3.33**

09039 - 3.2% Plain  
09040 - 2% Plain  
09042 - 0% Plain

**Case Price - \$19.99**





**Cracker Barrel  
Natural Cheese Slice**

12/220g - 12/240g

**\$4.99**

60491 - Swiss  
60492 - Havarti  
28521 - Marble  
60490 - Medium

**Case Price - \$59.88**



**Lactantia UltraPur  
Milk (Bottle)**

6/1.5L

**\$5.00**

03500 - 2% NSA  
03501 - 1% Chocolate  
03503 - 3% NSA

**Case Price - \$29.99**



**Shivani's Paneer**

20/300g

**\$3.99**

58311 - Malai Paneer

**Case Price - \$79.80**



**Natre Fine Milk**

1/4L

**\$8.79**

01010 - Homo

**Unit Price - \$8.79**

**FREEZER**



**Promise Gluten Free  
Muffins**

6/240g

**\$3.59**

82416 - Blueberry  
82417 - Chocolate Chip

**Case Price - \$21.52**



**Cake**

4/320g

**\$3.59**

82407 - Chocolate Fudge  
82408 - Lemon Drizzle

**Case Price - \$14.36**



**Red Baron Pizza  
Deep Dish Singles**

12/318g - 12/326g

**\$3.49**

90300 - 4 Cheese  
90301 - Pepperoni  
90302 - Supreme

**Case Price - \$41.88**



**Red Baron Pizza  
Rising Crust**

14/740g - 14/875g

**\$5.49**

90305 - 4 Cheese  
90303 - Pepperoni  
90304 - Supreme  
90306 - Hawaiian

**Case Price - \$76.86**



**Promise Gluten Free  
Sourdough Loaf**

4/400g

**\$4.99**

82405 - Seeded  
82406 - Rustic White

**Case Price - \$19.96**



**Loaf**

5/400g

**\$4.99**

82403 - Brioche  
82404 - Raisin

**Case Price - \$24.95**



4/480g

**\$4.99**

82400 - Soft White  
82401 - Quinoa & Chia

82402 - Multigrain  
82423 - Wholesome Brown

**Case Price - \$19.96**



**Tortillas**

12/168g

**\$4.75**

82424 - 4 Pack Whole Grain

**Case Price - \$57.00**





**Tenderflake**  
12/255g - 12/397g  
**\$3.59**  
64252 - Regular Tart Shells  
64253 - Deep Dish Pie Shells  
64251 - Puff Pastry  
**Case Price - \$43.08**



**Ooni Pizza Dough**  
10/1.02kg  
**\$8.70**  
33190 - 4 Balls  
**Case Price - \$87.00**



**Donut Time**  
24/250g  
**\$1.15**  
97995 - Glazed Donut  
**Case Price - \$27.60**



**Cardinal Roadhouse**  
8/605g  
**\$9.49**  
66558 - Fully Cooked Back Rib in BBQ Sauce  
**Case Price - \$75.92**



**Borek Bites**  
18/454g  
**\$3.59**  
64244 - Ricotta & Feta Cheese  
42006 - Spinach & Cheese  
**Case Price - \$64.62**  
**\$4.49**  
64245 - Ground Beef & Spices  
**Case Price - \$80.82**



**CT Bakery Mini Donuts**  
15/288g - 15/336g  
**\$3.29**  
98206 - Chocolate Boston Cream  
15/336g  
98207 - Cookies & Cream  
98208 - Caramel Crunch  
**Case Price - \$49.35**



**Johnsonville Breakfast Sausage**  
12/375g  
**\$3.99**  
66705 - Maple Flavour  
66704 - Original  
**Case Price - \$47.88**



**Apple Valley Unbaked Pie 8 in**  
6/680g  
**\$4.49**  
98159 - Apple  
**Case Price - \$26.94**  
**\$4.99**  
98161 - Rhubarb Strawberry  
**Case Price - \$29.94**  
**\$5.49**



**Yucatan Guacamole**  
6/227g  
**\$3.49**  
97011 - Spicy  
97017 - Authentic  
97019 - Mild  
**Case Price - \$20.94**



98163 - Cherry  
**Case Price - \$32.94**  
**Baked Pie 8 in**  
6/620g - 6/678g  
**\$4.49**  
98154 - Apple  
98102 - Apple Crisp  
**Case Price - \$26.94**



**Cavendish Farms Hash Brown Patties**  
24/600g  
**\$2.29**  
69136 - Classic  
69135 - Onion Flavour  
**Case Price - \$54.96**



**Cool Whip**  
24/1 L  
**\$3.49**  
67004 - Topping  
**Case Price - \$83.76**





### Oakrun Farm Bakery Muffins

36/4oz

**\$1.29**

64078 - Blueberry  
64079 - Chocolate Chunk  
64081 - Carrot

**Case Price - \$46.44**



### Elite Cake Single Serve Cup

12/85g

**\$1.10**

64177 - Tiramisu  
64148 - Black Forest  
64149 - Chocolate Caramel Mousse  
64145 - Cherry Cheesecake

**Case Price - \$13.20**



### Stonefire Flatbreads Dippers

12/200g

**2.69**

98012 - Original  
**Case Price - \$32.28**

### Rounds

12/360g

**2.19**

98106 - Original  
**Case Price - \$26.28**

### Artisan

10/400g

**2.19**

98103 - Plain  
**Case Price - \$21.90**

### Pizza Crust

12/460g

**2.69**

98105 - Thin  
**Case Price - \$32.28**



### McCain Superfries

12/454g - 12/650g

**\$3.49**

69176 - Sweet Potato Plank Cut  
69193 - 5 Minute Shoestring  
69191 - Extra Crispy Spicy  
69192 - Straight Cut

**Case Price - \$41.88**

### McCain Breakfast

12/600g

64069 - 9 Minute Breakfast Potato Patties

**Case Price - \$41.91**



### High Liner Catch of The Day

10/350g

**\$3.99**

20524 - Breaded Fish Fillet Pollock  
76003 - English Style  
76004 - Breaded Fish Fillets

**Case Price - \$39.90**



### Sonora

15/344g

**\$4.29**

98505 - Keto Blend  
**Case Price - \$64.35**

### Cantina Medium Tortillas

12/430g

**\$2.49**

73823 - Flour  
73829 - Whole Wheat Flour  
**Case Price - \$29.88**

### Cantina Large Tortillas

12/680g

**\$3.49**

98511 - Whole Wheat Flour  
98512 - Flour  
**Case Price - \$41.88**

**\$3.99**

98510 - Mercado Flour Jalapeno Tortillas - Large

**Case Price - \$47.88**



### Cheemo Perogies

10/907g

**\$2.49**

64816 - Potato Bacon Romano Cheese  
64817 - Potato Cheddar Cheese  
64818 - 3 Cheese Wht Chd, Swiss, Moz  
64819 - Ukrainian Style Roasted Garlic

**Case Price - \$24.90**

**\$4.69**

64824 - Potato & Cheddar Cheese  
**Case Price - \$28.14**



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