



CJR
WHOLESALE GROCERS

Supporting Ontario's Independent
Businesses For Over 30 Years!

NEW DEALS!

APRIL 21 - MAY 2, 2025

Independently Owned Proudly Canadian! 🍁

AD #9



ORDER NOW!



Philadelphia Cream Cheese

24/250g

\$4.00

62208 - Original
Unit Price - \$96.00
Soft

12/227g

28719 - Strawberry
62212 - Light
62214 - Plain
62217 - Herb/Garlic
62219 - Salmon

Whipped

12/227g

62301 - Plain
28779 - Chive
Unit Price - \$48.00



McCain Regular Fries

12/800g

\$2.39

64073 - Shoestring
64074 - Crinkle Cut
64075 - Straight Cut

Case Price - \$28.68



Janes Pub Style Chicken - Fully Cooked

6/700g

\$7.69

66575 - Nuggets
66576 - Breast Strips
66578 - Burger
66577 - Chicken Fries

Case Price - \$46.14



Clover Leaf Skipjack Tuna (Canned)

24/170g

\$1.50

29574 - Flaked Light
29576 - Chunk Light
29577 - Flaked Low Sodium

Case Price - \$36.00



Diana Sauce

10/500ml

\$3.00

43419 - Gourmet Western
Smokehouse
43420 - Gourmet Maple
43422 - Spicy
43423 - Chicken and Ribs
43424 - Original
43425 - Honey Garlic

Case Price - \$30.00



Dawn Ultra Dish Soap

10/473ml

\$2.60

46501 - Antibacterial Orange
46502 - Original

Case Price - \$26.00



Kraft Mayo

12/890ml

\$4.50

28443 - Real Mayonnaise

Case Price - \$54.00

SALE PRICES IN EFFECT APRIL 21 - MAY 2, 2025

Some illustrations in this flyer are for design purposes only and may not represent items featured.
Unintentional errors may occur. We reserve the right to limit quantities and to correct any errors.
Minimum shipment restrictions may apply.





Angie's Boom Chicka Pop

12/64g

\$1.83

71064 - Sweet & Salty Kettle Corn

Case Price - \$21.99

8/136g - 8/198g

\$4.00

71063 - Sweet & Salty Kettle Corn

71062 - Sea Salt Popcorn

Case Price - \$31.99

12/170g

\$4.00

71066 - Sweet Chili Puffs

71067 - White Cheddar Puffs

Case Price - \$47.99



Orville Redenbacher Popcorn RTE

12/150g - 12/220g

\$3.75

70679 - Sweet & Salty Kettlecorn

70680 - Movie Theatre Butter

Case Price - \$44.99

12/850g

\$4.42

70670 - Popping Corn

Case Price - \$52.99

Orville Popcorn Pop Up Bowl

6/420g - 6/492g

\$5.50

70681 - Butter

70683 - Smart Pop

74173 - Extra Buttery

Case Price - \$32.99

Mini Pack (3 Bags)

12/246g

\$3.08

70671 - Extra Buttery

70672 - Buttery

Case Price - \$36.99



Bigs Sunflower Seeds

8/140g

\$3.25

13741 - Dill Pickle

13742 - Salted & Roasted Original

13743 - Taco Supreme

Case Price - \$25.99



Slim Jim Meat Sticks

24/27.5g

\$1.37

13761 - Original

13762 - Mild

13763 - Hot AF

Case Price - \$32.99



Jiffy Pop Butter

12/127g

\$2.75

74181 - Original

Case Price - \$32.99



VH Dipping Sauce

12/341ml

\$3.00

43592 - Sweet & Sour
43593 - Plum
43563 - Sweet Thai Chili

Case Price - \$36.00



VH Soya Sauce

12/380ml

\$2.70

43587 - Regular
43588 - Reduced Sodium

Case Price - \$32.40



Pam Cooking Spray

12/141g - 12/170g

\$4.50

40219 - Air Fryer
40221 - With Olive Oil
40220 - Original

Case Price - \$54.00



Chef Boyardee

24/418g - 24/425g

\$2.25

31008 - Beefaroni
31018 - Beef Ravioli
31105 - Spaghetti & Meatballs
31022 - Mini Ravioli

Case Price - \$54.00



Hunt's Tomato Sauce

12/680ml

\$2.25

31310 - Original

Thick & Rich Pasta Sauce

31438 - Spicy Red Pepper Chillies
31441 - Original
31443 - Four Cheese

Case Price - \$27.00

48/156ml

\$1.10

27110 - Tomato Paste

Case Price - \$53.00

BEVERAGE



Poppi Soda

12/355ml

\$2.25

23031 - Classic Cola
23032 - Doc Pop
23033 - Strawberry Lemon
23034 - Orange Soda

Case Price - \$26.99



Rougemont Juice

6/2L

\$3.33

20023 - Mellow Apple
20024 - McIntosh Apple

Case Price - \$19.99



Arizona Tea

4/8x200ml

\$3.50

20038 - Ginseng and Honey Green
20040 - Lemon Iced Tea

Case Price - \$13.99



Gosling Ginger Beer

24/355ml

\$0.87

23095 - All Natural

Case Price - \$20.99



Fruite Drink

6/2L

\$1.83

21970 - Peach

21972 - Grape

21974 - Orange

21976 - Fruit Punch

21978 - Lemonade

21979 - Raspberry Lemonade

21977 - Iced Tea

Case Price - \$10.99



V8 Vegetable Cocktail

8/6X156ml

\$4.00

24750 - Original

Case Price - \$31.99



24/340ml

\$1.12

24736 - Original (Can)

Case Price - \$26.99



Oasis Juice Box

4/8x200ml

\$3.50

21263 - Apple Juice Concentrate

21256 - Pure Orange Breakfast Tetra

21257 - Tropical Passion

21258 - Hydrafruit Strawberry Kiwi Organic

74938 - Hydrafruit Watermelon Apple Juice Organic

Case Price - \$13.99



Vita Coco Coconut Water

12/500ml

\$1.58

67026 - Pineapple

67027 - Pure Coconut

67035 - with Pressed Coconut

Case Price - \$18.99

6/4X330ml

\$5.33

67036 - Original

Case Price - \$31.99



Naya Spring Water

24/600ml

\$0.21

24443 - Bottle

Case Price - \$4.99



12/1.5L

\$0.58

24432 - Bottle

Case Price - \$6.99



Sparkling Ice Beverage

12/503ml

\$1.17



74437 - Strawberry Kiwi

74438 - Orange Mango

74439 - Lemon Lime

76221 - Peach Nectarine

76220 - Cherry Limeade

74440 - Black Raspberry

88802 - Pink Grapefruit

88803 - Coconut Pineapple

74463 - Black Cherry

Case Price - \$13.99



Black River Juice

12/300ml

\$2.08

89804 - Pure Red Grapefruit

89805 - Pure Orange

89806 - Apple + Mango

Case Price - \$24.99

6/1L

\$4.92

89800 - Apple + Mango

89803 - Bartlett Pear With Vitamin C

Case Price - \$29.49

\$6.00

89801 - Pure Black Cherry

89802 - Pure Tart Cherry

Case Price - \$35.99

\$7.75

89807 - Pure Cranberry

Case Price - \$46.49

\$3.75

89808 - Classic Lemonade

Case Price - \$22.49

FRONT SHOP CONFECTIONERY



Jolly Ranchers Candy

12/182g

\$2.40

75473 - Sour

Case Price - \$28.80

10/182g

55300 - Misfit Gummies

55302 - Misfit Gummies Sour

Case Price - \$23.99



Pringles Mingles Chips

6/155g

\$4.25

76611 - Dill Pickle & Ranch

76612 - Sharp White Cheddar & Ranch

76613 - Cheddar & Sour Cream

Case Price - \$25.49



Planters Cocktail Peanuts

12/200g

\$2.08

40039 - Salted

Case Price - \$24.99

12/600g

\$5.67

40045 - Dry Roasted Seasoned

Case Price - \$67.99



ONE Brands Protein Bars

12/60g

\$2.50

05181 - Birthday Cake

05180 - Maple Glazed Donut

05182 - Peanut Butter Cup

05184 - Choc Chip Cookie Dough

05185 - Blueberry Cobbler

05175 - Peanut Butter Cup

05176 - Hershey's Cookies N Creme

Case Price - \$29.99



Sun-Rype Good Bites

8/150g

\$3.00

05925 - Chocolate Chip
05926 - Coconut Lemon
05927 - Coconut Classic
05928 - Chocolate Macaroon
Case Price - \$23.99



Minis

10/27g

\$2.80

05911 - Chocolate Orange
05912 - Chocolate Brownie
Case Price - \$27.99



\$2 Surprise Bag

24/75g

\$1.37

75095 - Surprise Bag
Case Price - \$32.99



Triple Power Push Pop

16/34g

\$2.12

75083 - Fruit
Case Price - \$33.99



Push Pop

36/34g

\$0.89

75082 - Fruit Twisted
Case Price - \$31.99



18/31g

\$1.44

75080 - Jumbo
Case Price - \$25.99



Baby Bottle Pops

18/31g

\$1.61

75078 - Candy
Case Price - \$28.99



Juicy Drop Pop

12/26g

\$2.08

75076 - Pop Candy
Case Price - \$24.99



Pur Mints

12/30g

\$1.58

82111 - Peppermint Tin
82112 - Tangerine Tango Tin
82113 - Spearmint Tin
Case Price - \$18.99



Pur Gum

12/9pc

\$1.17

82114 - Bubble Gum
82115 - Spearmint
82116 - Peppermint
Case Price - \$13.99



Popeye Candy

48/16g

\$0.29

75097 - Sticks
Case Price - \$13.99



Zaini Chocolate

24/20g

\$1.42

74649 - NHL Eggs
Case Price - \$33.99



Dubble Bubble

12/50g

\$2.00

75087 - Gumball Machine
Case Price - \$23.99

24/66g

\$0.79

75070 - Assorted Gum balls
Case Price - \$18.99



Big Mouth

12/23g

\$2.08

75086 - Candy spray

Case Price - \$24.99



Junior Mints

12/113g

\$2.00

74630 - Family Size

Case Price - \$23.99



Tootsie Roll Pops

48/17g

\$0.25

75075 - Assorted

Case Price - \$11.99



Frankie's Organic Clouds Puffs

12/113g - 12/140g

\$2.25

80700 - White Cheddar

80701 - Jalapeno

80702 - Vegan Cheddar

80704 - BBQ

Fries

12/113g

80703 - Sweet Potato Fries - Churro

Case Price - \$26.99



Airheads Singles Candy

36/15g

\$0.17

74904 - Cherry

74905 - Watermelon

74906 - White Mystery

74907 - Blue Raspberry

Case Price - \$5.99



Gatorade Protein Bars

12/80g

\$2.75

22400 - Chocolate Chip

22401 - Chocolate Caramel

22402 - Chocolate Peanut Butter

Case Price - \$32.99



Smart Sweets Candy

12/50g

\$2.67

89101 - Sweet Fish

89103 - Peach Rings

89105 - Cola Gummies

89106 - Sourmelon Bites

89100 - Gummy Bears

Case Price - \$31.99

14/50g

89113 - Pink Lemonade Dream

89114 - Tropical Sours

Case Price - \$37.39

14/45g

\$2.93

89115 - Caramels

Case Price - \$40.99



Mentos Rolls Candy

20/37g

\$0.75

74932 - Rainbow Rolls

75360 - Mint Roll

75361 - Fruit Roll

71081 - Grape Rolls

Case Price - \$14.99

GROCERY



Cheez It Snap'd Crackers

6/213g

\$3.00

28584 - Parmesan Ranch Flavour
28585 - Double Cheese Flavour

Case Price - \$17.99



Keebler Townhouse Crackers

12/260g - 12/391g

\$3.00

10028 - Original
10030 - Flip Sides

Case Price - \$35.99



Pepperidge Farms Goldfish Crisps Crackers

14/177g

\$3.29

04681 - Sour Cream & Onion
04682 - Cheddar

Case Price - \$45.99



Riceworks Snacks

12/155g

\$3.67

71280 - Sea Salt
71281 - WILD Sea Salt & Black Sesame
71285 - Avocado Ranch
71286 - Sweet Chili

Case Price - \$43.99



Want Want Hot Kid Rice Crisps Crackers

20/100g

\$1.95

92222 - Cheese
92223 - Unsalted
92221 - Sesame
92225 - BBQ

Case Price - \$38.99



Want Want Super Slim Rice Crisps Crackers

12/100g

\$2.67

92227 - Sea Salt
92228 - Multigrain
92229 - Black Sesame

Case Price - \$31.99



Quaker Gluten Free Crispy Minis

12/90g - 12/100g

\$2.58

04882 - Brown Rice Cakes - Magic Masala
04853 - Butter Popcorn
04862 - Rice Chips Bbq
04864 - Ketchup
04866 - Sweet Chili
04868 - Cheddar Cheese
04870 - Sour Cream & Onion
04873 - Dill Crunchy
04876 - All Dressed Rice Chips

Case Price - \$30.99



Rice Cakes

12/127 g - 12/185g

\$2.58

04850 - Original
04854 - White Cheddar
04883 - Crispy Minis Apple Cinnamon

Case Price - \$30.99



Tassimo Coffee

5/126g

\$7.40

14587 - Maxwell House Blend

Case Price - \$36.99

5/263g

\$7.40

28857 - Cappuccino

Case Price - \$36.99



Nabob Coffee

6/340g

\$8.33

28540 - Bold Full City Dark

28543 - Breakfast Blend

28544 - 1896 Tradition Decaf

28542 - Sumatra

Case Price - \$49.99



Nescafe Instant Coffee(Tin)

12/95g

\$3.42

14525 - Rich

Case Price - \$40.99



(Box)

6/16x9g

\$5.00

14526 - Simply Creamy

6/18/19.5g

14578 - Sweet Creamy Original

Case Price - \$29.99



Crosby Fancy Molasses

24/300g

\$1.75

37202 - Gluten Free

Case Price - \$42.00



Sugar Twin

12/100Pk

\$3.25

19005 - Original

Case Price - \$39.00



Smucker's Jam

12/310ml

\$4.25

38625 - Blueberry No Sugar

Added

38627 - Strawberry No Sugar

Added

Case Price - \$51.00



12/500ml

\$5.60

38620 - Apricot

38618 - Orange Marmalade

38619 - Strawberry

Case Price - \$67.25



\$6.50

38621 - Raspberry

Case Price - \$78.00

12/250ml

\$3.25

38615 - Strawberry

38617 - Orange Marmalade

73977 - Pure Blueberry

Case Price - \$39.00



Red Rose Tea

12/36ct

\$3.17

15052 - Original

Case Price - \$37.99

12/72Ct

\$5.42

15055 - Original

Case Price - \$64.99



Pepperidge Farms Cookies

12/198g - 12/213g

\$3.50

72925 - Monaco Double Chocolate
72926 - Monaco Mint Chocolate
72927 - Sausalito - Chocolate Chunks

Case Price - \$41.99



Gullon Maria Cookies

10/600g

\$3.00

75652 - Cookies



Lotus Biscoff

10/250g

75651 - Biscoff

Case Price - \$29.99



Annas Thins Cookies

12/150g

\$2.83

75654 - Ginger
75653 - Almond

Case Price - \$33.99



Braggs Condiments

12/946ml

\$7.50

42124 - Savoury Liquid
Seasoning GF

Case Price - \$90.00



12/473ml

\$4.50

42123 - Savoury Liquid
Seasoning GF

Case Price - \$54.00



Tang Crystals Drink Mix

20/276g

\$2.20

23700 - Orange
23704 - Raspberry
23705 - Grape

Case Price - \$43.99



Kraft Miracle Whip

12/890ml

\$5.50

41006 - Regular

Case Price - \$66.00



Bertolli Olive Oil

12/155ml

\$4.00

73678 - 100% Extra Virgin Spray

Case Price - \$48.00



12/1L

\$16.75

40327 - Rich Extra Virgin

Case Price - \$201.00



Ginger Goat Hot Sauce

12/148ml

\$7.25

90100 - Harvest Heat
90101 - Peaches N Scream
90102 - The Original Goat
90103 - HopT Sauce
90104 - We Got The Beets

Case Price - \$87.00



Italpasta

12/225g - 12/340g

\$2.50

23127 - Manicotti
23129 - Oven Ready Cannelloni
23128 - Jumbo Shells

Case Price - \$30.00



Egg Noodles

12/340g

\$1.50

23147 - Medium
23148 - Broad
27276 - Extra Broad

Case Price - \$18.00



Carnation

48/170ml

\$3.25

15523 - Thick Cream

Case Price - \$155.95



Agromonte Pasta Sauce

6/560ml

\$6.50

90231 - Marinara
90232 - Roasted Garlic

Case Price - \$39.00



Unico Rice

12/750g

\$2.35

11199 - Long Grain

Case Price - \$28.25



Diana Marinade

6/375ml

\$4.25

28650 - Garlic & Herb
28653 - Teriyaki

Case Price - \$25.50



CattleBoyz Seasoning

12/375g - 12/380g

\$6.00

54643 - Smokin & Grillin
54644 - Smokey Southwest
54645 - Big Country Garlic

Case Price - \$72.00



Primo Pizza Sauce

24/213ml

\$1.13

11131 - Traditional

Case Price - \$27.00

Thick & Zesty Pasta Sauce

12/680ml

\$2.00

31450 - Original Recipe
31451 - Hot & Spicy
31452 - Romano Cheese & Basil
31475 - Garlic & Herb
31476 - Tomato Basil

Case Price - \$24.00



Bella Del Sol Olive Oil

6/1.5L

\$17.50

40038 - Extra Virgin

Case Price - \$105.00



Heinz Condiments

12/375ml

\$2.40

43010 - Tomato Ketchup Squeeze

Case Price - \$28.75



Hellmann's Sauce

6/325ml

\$4.75

41144 - Burger

41303 - Spicy Chipotle Frites

Case Price - \$28.50



Heinz Condiments

4/3x375ml

\$6.00

72511 - Picnic Pack

Case Price - \$24.00



Old El Paso

18/334g

\$2.50

13518 - Soft Tortillas Large

Case Price - \$45.00

DISPLAYERS



M&Ms Displayer

96/100g

\$2.85

15626 - Mix Peg Prepack

24 - MC PGPK 100G - RSU

24 - M&MS PB 100G - RSU

48 - M&MS PN PGPK 100G AF - RSU

Case Price - \$273.99



Jolly Ranchers

100 Assorted

\$2.30

55303 - Jolly R & Twizzlers
Prepack

10 - TWIZZLER GUMMIES

ORANGE CREAM POP

10 - TWIZZLER GUMMIES

STRAWBERRY

20 - JOLLY RANCHER GUMMIS

ASSORTED FRUIT

20 - JOLLY RANCHER GUMMIS

SOUR ASSORTED

20 - JOLLY RANCHER GUMMIS

SOUR ORIGINAL

20 - JOLLY RANCHER GUMMIS

ORIGINAL ASSOR

Case Price - \$229.99

GENERAL MERCHANDISE



Febreze Air Freshener

6/250g

\$2.75

46990 - Air Gain Island
46991 - Mediterranean Lavender
93824 - Sky Linen
93827 - Spring & Renewal

Air Mist

46977 - Heavy Duty Crisp Clean
46978 - Moonlight Breeze+Gain
46979 - Hawaiian Aloha

Case Price - \$16.50



Gain Flings Laundry Detergent

6/16ct

\$5.75

46376 - Original
46377 - Moonlight Breeze
Case Price - \$34.50



Tide Liquid Laundry Detergent

4/3.9L

\$24.00

96107 - CW Clean 100L- Iris Bouquet
96108 - Free & Gentle
96109 - Original
96110 - HE 100 Load - Original
Case Price - \$96.00



SC Johnson OFF Insect Repellent

12/170g

\$8.25

73969 - Active

12/175ml

73958 - Family Care Spray

Case Price - \$99.00

12/230g

\$10.00

73970 - Deep Woods Aerosol

Case Price - \$120.00



SatinSoft Bathroom Tissue

24/4roll

\$1.10

51447 - 4 Roll

Case Price - \$26.50



Easy Off

6/400g

\$4.75

48603 - BBQ Grill Cleaner

Case Price - \$28.50

HEALTH & BEAUTY



Lady Speed Stick Invisible

6/45g

\$2.50

73941 - Cool Fresh
74613 - Powder Fresh

Men Speed Stick Deodorant

6/70g

73940 - Original
74612 - Ocean Surf

Case Price - \$15.00



Colgate Toothpaste

6/70ml

\$1.40

70579 - Total Clean Mint

70580 - Total Whitening

Case Price - \$8.40



Vaseline Lotion

6/295ml

\$5.50

72459 - Dry Skin Lotion

74812 - Intensive Care - Aloe Vera

Case Price - \$33.00

PET FOOD



Friskies Dry Cat Food

6/1.42kg - 6/1.5kg

\$5.83

35541 - 7 Favourite
35593 - Chef's Blend

Case Price - \$34.99



Beneful Dry Dog Food

6/1.6kg - 6/1.8kg

\$7.67

35969 - IncrediBites Real Beef - Small Dogs
35977 - Originals with Real Chicken

Case Price - \$45.99



Whiskas Cat Food Selections Dry

5/2kg

\$9.00

35280 - Salmon Shrimp
35287 - With Real Chicken

Case Price - \$44.99



Temptations

12/85g

\$1.50

35545 - Hearty Beef
35546 - Savoury Salmon
35547 - Tasty Chicken
35550 - Seafood Medley Flavour
72532 - Tuna Flavour

Case Price - \$17.99



Cesar Wet Dog Food

24/100g

\$1.54

35691 - Beef
35694 - Filet Mignon
35696 - Turkey

Case Price - \$36.99



Tidy Cats Litter

3/2.72kg

\$12.00

35278 - Instant Action LW
35223 - Free & Clean Lightweight
35277 - Glade Clear Springs LW

Case Price - \$35.99



Real food for real families



Greenfield Bacon

12/375g

\$6.73

63562 - Cdn RWA

Case Price - \$80.81



Schneiders Smokies Sausage

8/900g

\$10.94

59448 - Sharp Cheddar
59449 - Original Smoked Sausage

Case Price - \$87.49



Greenfield Wieners

12/375g

\$5.87

59504 - Cdn Rwa

Case Price - \$70.48



Shopsy Wieners

24/375g

\$2.50

59758 - Regular

Case Price - \$60.00



Schneiders Blue Ribbon

12/175g

\$2.94

59470 - Classic Bologna

Case Price - \$35.30



Schneiders Deli

12/150g

\$4.92

60891 - Summer Sausage

60893 - German Salami

Case Price - \$59.04

8/150g - 8/175g

60892 - Black Forest Ham

60894 - Herb Turkey Breast

60895 - Maple Smoked Ham

Case Price - \$39.36



Maple Leaf Natural

6/250g

\$5.71

59762 - Shredded Chicken

59779 - Sliced Chicken Breast

63534 - BBQ Shred Chicken

Case Price - \$34.26



Schneiders Breaded Chicken

6/600g

\$7.81

60874 - Cajun Chicken Bites

60875 - Original Chicken Bites

60876 - Spicy Chicken Tenders

60877 - Original Crispy Chicken Tenders

Case Price - \$46.86



Schneiders Chicken Wings Fz

8/615g

\$7.12

60899 - Salt & Pepper

63981 - Honey Garlic

63982 - Texas Bbq

63983 - Extra Buttery Buffalo

Case Price - \$56.99



Swift Frozen Pie

24/190g

\$1.48

59597 - Beef

59596 - Chicken

59598 - Turkey

Case Price - \$35.42



Schneiders Mini Charcuterie Kit

12/75g

\$2.13

59432 - Dry Salami

59434 - Wine Salami

59728 - Calabrese Salami

60879 - Mini Charcuterie -

Smoked Ham

63979 - Genoa Salami

63980 - Turkey Breast

Case Price - \$25.58



Schneiders Pepperettes

18/300g

\$7.56

59403 - Honey Garlic

59404 - Pepperoni

59416 - European

63522 - Hot European

Case Price - \$136.16

16/300g - 16/375g

59421 - Turkey

59422 - Original

59672 - Hot Pepperoni

63546 - Beef

Case Price - \$121.03



Deli

2/4.4kg

\$10.48/kg

59468 - Maple Leaf Large Wax Bologna



2/3kg

\$20.04/kg

59662 - Schneiders Oven Roasted Turkey Breast



4/2.4kg

\$20.04/kg

59534 - Schneiders Smoked

Turkey Breast Half Pc

59663 - Schneiders Lifestyle F/F

Ckd Turkey Br Hlf Pc



4/2.4kg

\$16.23/kg

63978 - Schneiders Olde

Fashioned Half Ham

REFRIGERATION



Kraft Cheese

24/410g

\$5.49

61513 - Singles (22)

Case Price - \$131.76



I Can't Believe It's Not Butter

24/427g

\$2.49

60335 - Margarine

Case Price - \$59.76



Becel Margarine

24/427g

\$3.99

60301 - Plant Based

60303 - Vegan

60304 - Oliver oil

Case Price - \$95.76



Dip a Chip

12/227g

\$1.45

74590 - French Onion

Case Price - \$17.40



Dose Energy Shot

6/4x60ml

\$8.49

91897 - Ginger & Turmeric -

Extra Strength

91898 - Ginger Lime Guayusa

91899 - Ginger & Turmeric

Case Price - \$50.94



Sundia True Fruit

12/217ml

\$1.60

16600 - Cherry Medley

16601 - Peach

16602 - Grapefruit

16603 - Mandarin Orange

Case Price - \$19.20



Oasis Orange Juice NFC

6/2.5L

\$6.00

63206 - With Pulp

63205 - No Pulp

Case Price - \$35.99



Litehouse Dip & Spread

6/340g

\$2.99

66009 - Homestyle Ranch

66010 - French Onion

66012 - Spinach Dip

Case Price - \$17.94



Dressing & Dip - (Family Size)

6/591ml

\$4.00

66006 - Chunky Blue Cheese

66007 - Caesar

66008 - Homestyle Ranch

Case Price - \$24.00



Balderson Aged Cheddar Cheese

10/500g

\$9.99

60616 - 1 Year

Case Price - \$99.90

\$10.99

60618 - 2 Year

Case Price - \$109.90

\$11.49

60619 - 3 Year

Case Price - \$114.90

18/250g

\$6.99

60617 - Double Smoked Cheddar

Case Price - \$125.82

16/280g

74748 - Aged Cheddar 3 Years

Case Price - \$111.84



Black Diamond Cheese Strings

16/168g

\$3.99

60558 - Cheddar

60559 - Mozzarella

60557 - Ficello - Marble

Case Price - \$63.84



Oasis Hydra Fruit Orange

8/1.5L

\$3.75

21251 - 60Cal+Fibre

Case Price - \$29.99



Fruite Drink

8/1.54L

\$2.50

21917 - Lemonade
21918 - Orange
21919 - Grape
21985 - Lemon Iced Tea

Case Price - \$19.99



Natrel Milk Lactose Free

1/1L

\$2.99

02024 - Skim
02063 - 1%
02068 - 2%

Unit Price - \$2.99



Natrel Fine Milk

1/2L

\$4.89

02027 - 2%
02029 - 1%

Unit Price - \$4.89



Butter

25/454g

\$5.99

04081 - Salted
04083 - Unsalted

Case Price - \$149.75



Parag Fresh All Natural Yogurt

6/650g

\$1.88

19103 - 3%
19104 - 2%

Case Price - \$11.29

6/650g

\$2.00

19105 - 6%

Case Price - \$11.99



Shivani's Paneer

20/300g

\$4.29

58311 - Malai Paneer

Case Price - \$85.80



Astro Original Yogurt

12/175g

\$1.08

09017 - Strawberry
09018 - Raspberry
09019 - Peach
09020 - Blueberry
09021 - Balkan Plain
09022 - Cappuccino
09023 - French Vanilla

Case Price - \$12.99

FREEZER



KD Deluxe

5/340g

\$4.39

28321 - Four Cheese
28322 - Creamy Cheddar

Case Price - \$21.95



Heinz Bagel Bites Pizza Snacks

8/198g

\$2.59

66169 - Three Cheese
66170 - Cheese & Pepperoni

Case Price - \$20.72



Crave Meals

12/200g - 12/312g

\$4.19

96861 - Bacon Egg Scramble with Cheddar Cheese
96863 - Cheesy Loaded Potatoes Angus Beef & Bacon
96834 - White Cheddar Mac & Cheese with Bacon
96862 - Buffalo Chicken Macaroni & Cheese
96865 - Spicy Korean Style Pork - Mac & Cheese
96866 - Sweet & Savoury Teriyaki Beef - Steak on Rice
96864 - Korean BBQ Inspired - Beef Bolognese

Case Price - \$50.28



McCain Hashbrowns

12/800g

\$1.75

69189 - Hashbrowns

Case Price - \$21.00



Promise Bread Gluten Free Brioche Buns

6/260g

\$4.99

82415 - Hamburger 4 Pack



Hotdog Buns

6/280g

82414 - Original 4 Pack

Case Price - \$29.94



Sandwich Thins

\$4.75

8/160g

82421 - Seeded 4 Pack

Case Price - \$38.00



Soft White Rolls

6/260g

82420 - Original 4 Pack

Case Price - \$28.50



Tortillas

12/168g

82412 - Original (4 Pack)

82424 - Whole Grain (4pack)

Case Price - \$57.00

Cardinal Roadhouse Burger

6/6x142g

\$8.99

66530 - Chicken

Case Price - \$53.94



6/906g

\$10.49

66545 - 1/3 Pound Beef

Case Price - \$62.94

Healthy Choice Steamers Gourmet

8/269g - 8/292g

\$3.99

65951 - Red Pepper Chicken Alfredo

65957 - Beef Merlot

65950 - Grilled Chicken Marinara

65953 - Sweet Sesame Chicken

Case Price - \$31.94

Simply

8/259g - 8/283g

65111 - Grilled Chicken & Broccoli Alfredo

65113 - Chicken Veg Stir Fry

65112 - Meatball Marinara

Case Price - \$31.92



Smuckers Uncrustables Sandwiches

8/208g - 8/232g

\$4.29

38642 - Chocolate Flavoured
Hazelnut

38641 - Peanut Butter Strawberry

38643 - Peanut Butter & Grape

Case Price - \$34.32



Elite Cake Scoop n Serve

6/550g - 6/600g

\$6.29

64114 - Red Velvet

64176 - Tiramisu

Case Price - \$37.74

Cavendish Farms

10/540g

\$3.19

69108 - Restaurant Style Waffle
Fries

Case Price - \$31.90

12/650g - 12/750g

\$3.19

69107 - Quick Crisp Slim Steak Cut
Fries

69109 - Quick Crisp Potato Tots

69010 - FlavourCrisp Spicy

Cracked Pep Straight Cut

69011 - FlavourCrisp Crispy

Straight Cut Classic

69115 - Rest Style Drive Thru Fries

Case Price - \$38.28

12/400g

\$3.79

69134 - Quick Crisp Onion Rings

Case Price - \$45.48

Cavendish Farms Hash Brown Patties

12/20ct

\$4.29

69123 - Classic

69124 - Onion Flavour

Case Price - \$51.48



Hungryman XL Bowls

8/397g

\$4.39

65753 - Country Fried Chicken

Case Price - \$35.12



Red Baron Pizza Rising Crust

14/740g - 14/875g

\$5.49

90305 - 4 Cheese
90303 - Pepperoni
90304 - Supreme
90306 - Hawaiian

Case Price - \$76.86



Thin & Crispy

16/422g - 16/447g

\$3.99

90311 - 5 Cheese
90312 - Pepperoni

Classic Crust

16/584g - 16/664g

90308 - Pepperoni
90307 - 4 Cheese
90309 - Four Meat
90310 - Supreme

Case Price - \$63.84



Gardein

8/255g - 8/390g

\$4.99

39050 - Seven Grain Crispy Tenders

- (PP-V-K-DF)

39051 - Ultimate Beefless Ground -

(V-GF-K-PP)

39053 - Crispy Chicken Mandarin

Orange - (V-K-DF)

Case Price - \$39.92



Supreme Chick'n

6/417g

\$5.49

39055 - Nuggets

Case Price - \$32.94



Pogo

12/300g

\$2.99

65110 - Original 4 Pack

Case Price - \$35.88



Chef Bombay

8/240g - 8/350g

\$3.99

65842 - Mini Butter Chicken

Naanpanadas

65840 - Vegetable Pakoras with

Tamarind Sauce

65838 - Butter Chicken

65841 - Chicken Tikka Masala

with Basmati Rice

Case Price - \$31.92



Kellogg's Eggo Thick & Fluffy Waffles

8/330g

\$3.49

64050 - Original

64055 - Cinnamon Brown Sugar

64056 - Blueberry

Case Price - \$27.92



High Liner

12/500g - 12/700g

\$7.99

20526 - Beer Battered Fillets

73320 - Crispy Breaded Fish Sticks

Case Price - \$95.88



Nova Era Bread

60/120g

\$0.50

04474 - Rustic Multigrain With

Seeds

Case Price - \$30.00

72/80g

\$0.39

04473 - Rustic Italian Bun

Case Price - \$28.00



Cookin' Greens Organic

8/300g

\$3.39

43651 - Chopped Spinach

43653 - Kale Butternut Squash &

Quinoa

43652 - Chopped Kale

Case Price - \$27.12

12/500g

\$3.59

43654 - Tri Colour Veggie Fries

Case Price - \$43.08



ACE Bakery

30/275g

\$1.25

04739 - Multigrain Ciabatta Demi

(Parbaked)

Case Price - \$37.50



25/200g

\$1.65

04708 - Cheddar Onion Demi

Baguette (Parbaked)

Case Price - \$41.34

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